

**EL DORADO COUNTY
MENTAL HEALTH JOINT COMMISSION
Minutes: May 28, 2014**

TIME: 5:00 PM

**PLACE: In person and councils connected via tele/video-conferencing:
Western Slope – Health and Human Services Agency – Sierra Room
3057 Briw Road
Placerville, CA 95667

South Lake Tahoe – Public Health/Mental Health Offices
1360 Johnson Blvd., #103
South Lake Tahoe, CA 96150**

I. Call to order; Roll Call; Introductions

Mental Health Commissioners: Jim Abram, Denise Burke, Stephen Clavere, Ben Ehrler, Bonnie McLane, Guadalupe Medrano, Jan Melnicoe, Craig Therkildsen, Linn Williamson

Mental Health Commission Associate Members: Diana Hankins

Guests: David Ashby, Dan Boals, Steve Ehrler, Barry Harwell, Patty Howard, Raeann Jones, Lucy Oliveira, DJ Peterson, Lori Nordone Pond, Michael Ranalli, Barbara Smiley, Donna Soldano, Dave Sterkin, Robin Van Valkenburgh, Michelle Witt

HHSA Staff: Don Ashton, Patricia Charles-Heathers, Sabrina Owen, Dennis Plunkett, Brandi Reid, James Robbins, Jamie Samboceti, Ren Scammon, Laura Walny

II. Approval of Agenda

- **MOTION:** A motion was made by Bonnie McLane, seconded by Jim Abram, to approve the agenda as written.

Yes: 9 – Abram, Burke, Clavere, Ehrler, McLane, Medrano, Melnicoe, Therkildsen, Williamson

III. Approval of Minutes

- **MOTION:** A motion was made by Bonnie McLane, seconded by Stephen Clavere, to approve the minutes from the April 22, 2014 Mental Health Commission Special Meeting South Lake Tahoe Council and the April 23, 2014 Mental Health Commission Joint Meeting.

Yes: 9 – Abram, Burke, Clavere, Ehrler, McLane, Medrano, Melnicoe, Therkildsen, Williamson

- **MOTION:** A motion was made by Bonnie McLane, seconded by Linn Williamson, to approve the minutes from the May 7, 2014 Mental Health Commission Joint Special Meeting.

Yes: 9 – Abram, Burke, Clavere, Ehrler, McLane, Medrano, Melnicoe, Therkildsen, Williamson

IV. Public Comment (15 minutes)

- Jim Abram announced that Steve Mannheim and Claudia Ball have both resigned from the Mental Health Commission. There are now two additional vacancies on the Commission, one on each slope. Both vacancies have been posted with the County

Clerk of the Board for ten days.

- Lucy Oliveira reported that 47 students, grades K-3 have been served as part of the PIP Program in the Georgetown area. The children have benefitted greatly and she hopes that PIP Program will be part of the FY 14-15 MHSA Plan.
 - Patty Howard shared her experiences with her adult daughter and the mental health system. She is advocating for Assisted Outpatient Treatment in El Dorado County.
 - DJ Peterson expressed the importance of reaching kids with mental health symptoms early and offered his support for the PIP program in El Dorado Hills.
 - Michelle Witt, supervisor of the PIP program in El Dorado Hills, expressed the importance of investing MHSA funds in early intervention and prevention programs.
 - Raeann Jones shared that even a small amount of funding to provide mental health services in schools makes a big difference.
 - Barbara Smiley stated that she is advocating for continued funding for the PEI programs that El Dorado Hills Community Vision Coalition is providing. Other counties have mental health programs for kids in middle schools and high schools. She stated that the unspent MHSA funds should be distributed to organizations that are ready to provide school services.
- V. Recommendation by Commissioner Burke to request the Board of Supervisors to appoint Lorraine Nordone Pond as a member of the Mental Health Commission, South Lake Tahoe Council
- Lori Pond introduced herself to the Commission. She stated that she has been involved with mental health for many years in many capacities, and has an adult child with a serious mental illness.
 - **MOTION:** A motion was made by Bonnie McLane, seconded by Jan Melnicoe, to recommend that the Board of Supervisors appoint Lorraine Nordone Pond to the Mental Health Commission.
Yes: 9 – Abram, Burke, Clavere, Ehrler, McLane, Medrano, Melnicoe, Therkildsen, Williamson
 - This recommendation will go to the Clerk of the Board to seek appointment from the Board of Supervisors.
- VI. Commissioner Burke, as Chair of the South Lake Tahoe Council, to appoint Stephen Ehrler as an Associate Member of the South Lake Tahoe Council
- Denise Burke recommended the appointment of Steve Ehrler as an Associate Member of the Commission. She stated that with the new vacancy in South Lake Tahoe, she will work on the paperwork to make him a permanent member, but for the interim she would like to continue with the appointment to Associate Member.
 - Denise Burke appointed Steve Ehrler as an Associate Member of the South Lake Tahoe Council.
- VII. El Dorado Transit Authority update on current and future transportation projects impacting individuals with a mental illness
- Robin Van Valkenburgh from the El Dorado County Transit Authority (EDCTA) provided the Commission with a presentation on transportation services that are available to mental health consumers. The EDTCA is in the process of developing a

strategic marketing plan to address the short term and long term goals of the agency. The FY 14/15 transit plan is being presented on June 5, 2014 at 2:00 pm and the full presentation is posted on the El Dorado County Transportation Commission website.

VIII. Questions/Comments on Mental Health Division Monthly Report

- A written update of Mental Health Division was distributed. The Division Monthly Report is included as an appendix to this document (Appendix A).
- Jim Abram asked for a status update on the patio cover at the Wellness Center. Don Ashton reported that things are progressing and he is in weekly contact with both Angelo Troquato and Russ Fackrell and will provide updates to the Commission as he gets them.
- Denise Burke asked if there are going to be any MHSA services in South Lake Tahoe. Ren Scammon advised that Family Resource Center is already providing Latino Outreach services through PEI and there is a Request for Proposal in process to provide PEI Mentoring for 3-5 Year Olds by Adults and Older Adults in the South Lake Tahoe area.
- Jim Abram asked for information about the PATH Grant. Ren Scammon advised that the grant is for \$34,000 per year with \$6,000 for direct housing assistance, 10% to cover administrative costs and \$25,000 which will be available to provide staffing to a contract provider to assist the homeless population.
- Stephen Clavere asked if the department receives sales tax revenue. Don Ashton advised that the sales tax revenue is included with Realignment revenues. There is a Maintenance of Effort (MOE) requirement and the county general fund contribution is \$16,510.
- Jim Abram asked about the use of extra help staff at the Psychiatric Health Facility (PHF). Don Ashton advised that extra help staff is difficult to recruit due to the new rules related to retired annuitants as a result of the California Public Employees' Pension Reform Act (PEPRA).

IX. Report by Director of Health and Human Services Agency on the State of California's "May Revise" Budget submitted by the Governor

- Don Ashton provided a summary of the Governor's May Revise. There are three major areas, 1) Affordable Care Act Medi-Cal, 2) Two million dollars statewide for implementation of Katie A., and 3) Reimbursement of SB90 claims to counties.

X. Request for Proposal to privatize the operation of the Psychiatric Health Facility

- Questions about the process
- Timeline
- Mental Health Commission involvement in review of chosen service provider; county vs. private, comparison of services/costs
- Don Ashton reported that the Request for Proposals are due in July and it will be difficult to estimate the timeline until it is known how many proposals are received. The proposals will be compared to each other, not against PHF operations. Once ranked, Don will work on contract development and bring the proposed contract to the Mental Health Commission before the items gets presented to the Board of Supervisors.

- XI. Recommendation by the Director of Health and Human Services Agency for the Mental Health Commission to appoint one person to be on the review panel to review proposals in response to the Request for Proposal to privatize the Psychiatric Health Facility operations.
- Don Ashton advised that the person appointed cannot come back and report to the Mental Health Commission because the information is confidential. Don would like to see the panel to consist of the Mental Health Medical Director, someone with clinical experience, someone from HHSA Admin and a representative of the Mental Health Commission. Stephen Clavere stated that he would be interested in participating on the panel.
 - **MOTION:** A motion was made by Linn Williamson, seconded by Guadalupe Medrano, to appoint Stephen Clavere to participate on the panel to review proposals for the PHF privatization.
 - **Yes:** 9 – Abram, Burke, Clavere, Ehrler, McLane, Medrano, Melnicoe, Therikidsen, Williamson
- XII. Assisted Outpatient Treatment: The Mental Health Commission's next steps to move forward with the implementation of AOT in El Dorado County of El Dorado
- Update
 - Mental Health Commission direction and plan
 - Funding of program
 - When to make presentation to Board of Supervisors for approval
 - Jim Abram reported that the last AOT committee meeting was held in March. The biggest obstacle with implementation of AOT continues to be funding.
 - Don Ashton stated that AOT will be competing with other MHSA programs as part of the MHSA Plan Update and that existing services cannot be cut in order to fund AOT.
 - **MOTION:** A motion was made by Jim Abram, seconded by Jan Melnicoe, that the Mental Health Commission still supports AOT and would like help from the Health and Human Services Agency to bring a proposal to the Board of Supervisors.
 - **Yes:** 9 – Abram, Burke, Clavere, Ehrler, McLane, Medrano, Melnicoe, Therikidsen, Williamson
- XIII. Mental Health Commission Committee Reports/Updates
- Evaluation Committee: Jim Abram requested that the committee report what programs will be evaluated at the June 2014 Mental Health Commission meeting.
 - Bylaws Update/Review Committee: This committee has had several meetings and Jim Abram requested that the committee present its recommendations at the June 2014 Mental Health Commission meeting.
- XIV. South Lake Tahoe questions/concerns
- Update on South Lake Tahoe building move: Sabrina Owen reported that progress on the move is being made and that the portable building in the interim is working fine.
- XV. Commissioner's Comments
- None
- XVI. Determine next Mental Health Commission Meeting Date
- The next regular meeting of the Mental Health Commission is scheduled for 5:00 PM on June 25, 2014.
- XVII. Adjournment

**El Dorado County Health and Human Services Agency
Mental Health Division Update
Mental Health Commission
May 28, 2014 Meeting**

Assistant Director Update (Patricia Charles-Heathers)

- We continue to conduct focused recruitment for full time Psychiatrists. Brought on a full time Locum Tenens Psychiatrist who is interested in working full time as a County employee. One interview has been scheduled for next week with another Psychiatrist who is interested in full time employment with the County. Two Psychiatrists have expressed interest in working on call. Overall we have been getting some positive interest regarding the open psychiatry positions.
- The month of May was designated as Mental Health Month in El Dorado County by the Board of Supervisors.
- A Pro-ACT schedule has been developed with 1.5 days of Refresher Courses for staff who have already participated in the full training, and full training for newly hired staff. Stephanie Carlson, Patricia Charles-Heathers, Cheree Haffner and Jamie Samboceti are the Pro-ACT Trainers for the Agency.

Outpatient Services

(Dennis Plunkett & Jamie Samboceti)

Springtime brings a reinforced interest for outdoor activities at the Wellness Center. Darlene and her staff are actively busy planning gardening activities with the clients. If you have any gardening supplies you are no longer using, the Wellness Center staff would be happy to make good use of them. In addition, we are looking for fundraising ideas to help support the 'Wellness Garden Project' – If you would like to make a donation, please see Judy French or Darlene Bratton at the Wellness Center.

Continuum of Care:

LPS Conservatorship

- 57 clients currently on LPS Conservatorship
- 1 pending LPS Conservatorship termination
- 2 Temporary LPS Conservatorships were initiated

ICM

- Formalizing an online referral process for ICM services
- Currently serving 40 clients with Intensive Case Management Services.

Placement: Transitional Houses/Cottage/Apartment

- 21 transition beds available
 - 20 active residents; 1 pending move May/June
 - 1 out of county move to T-house
 - Making final arrangements to bring a new 6-bed T-house on line (1 client already placed - will add 5 additional when house clean-up is complete.
 - Plan to gain 12 new beds (2 new Transition Houses) in the next 30 days

- Master lease project currently with County Counsel for final revisions. Next step is BOS approval
- Trailside Terrace
 - Full 5 units
 - ICM team coverage

Board and Care/IMDs/Secure Placements:

- 60 total out-of-county placements (Decreased from 61 in April)
- Over last 30 days - 1 “step-down’ from patch placements to community based settings (Board & Care and/or Transitional Houses)
- 3 current ‘step-down’ pending

Staffing:

- New Hires:
 - Devin Stone: ICM: Psy Tech (F/T)
 - Glen Busher: UR Clinician - should have a start date this week
- Interviews:
 - ICM Program Coordinator - Applicants finalized, currently interviewing
- Recruitments:
 - ICM .6 Mental Health Aide closed. HR is currently processing the applicants for qualifications. Interviews should begin with the next 10 days.
 - Extra Help Office Staff Recruitment has been approved.
 - Will begin new recruitments for WS UR Clinician and SLT ICM Clinician
- Resignations:
 - None

WS Adult Outpatient Services (Dennis Plunkett)

Current Group Schedule:

Monday

- BHC - Anger Management: 1:00 pm - 2:00 pm
- Wellness - Anger Management: 2:00 pm - 3:00 pm
- Basic Conversation Skills: 3:00 pm - 4:00 pm

Tuesday

- DBT Group 1 – Skill Building: 10:00 am - 12:00 pm
- DBT Group - Relieving Depression & Anxiety: 10:00 am - 11:30 pm
- Healthy Pleasures: 1:30 pm - 2:30 pm
- *****Pending***** Intensive O/P Alcohol/Drug Tx: 1:30 pm - 2:30 pm

Wednesday

- DBT Group - Coping w/Bipolar: 10:00 am - 11:30 pm
- SAMHSA - Medication Education: 11:00 am - 12:00 pm
- Transitional Housing Independent Living Skills: 12:00 pm - 1:30 pm
- Mental Health Coping Strategies: 1:30 pm - 3:00 pm
- Codependent Addiction Recovery: 3:00 pm - 4:00 pm

Thursday

- DBT Group – Stress Reduction: 10:30 am - 12:00 pm
- Healthy Pleasures - 1:30 pm - 2:30 pm
- *****Pending***** Intensive O/P Alcohol/Drug Tx: 1:30 pm - 2:30 pm
- Symptoms without Stigma - 3:00 pm - 4:00 pm

Friday

- DBT Group 2 – Skill Building: 10:00 am - 12:00 pm
- Mindfulness Group - 2:00 pm - 3:00 pm

SLT Adult Outpatient Services (Jamie Samboceti)

Current Group Schedule:

Monday

- DBT: 1:30 pm - 3:00 pm
- Seeking Safety (Dual Dx Group): 11:00 am - 1:00 pm

Tuesday

- Anger Management: 1:30 pm - 3:00 pm
- Stress/Anxiety Reduction: 11:00 am - 12:00 pm

Wednesday

- TBA

Thursday

- Seeking Safety (Dual Dx Group): 11:00 am - 1:00 pm
- Women's Group: 1:00 pm - 2:30 pm

Friday

- Men's Group: TBA when Dave returns (out for another 2 to 3 months)

Children Outpatient Services (Jamie Samboceti)

- Currently have approximately 344 active child cases with our Contract Providers.

Psychiatric Emergency Services (Jamie Samboceti)

- Full time weekend Clinician shadowed our most seasoned PES Worker for 2 weeks and started his weekend shifts on May 17th.
- Mandatory rotation for WS has ended. All shifts are now covered.
- SLT continues to use mandatory rotation due to lack of staff to cover all shifts.
- Extra Help Pool will continue for sick time and vacation time.

Crisis Intervention Team (CIT) (Jamie Samboceti)

- Continue to provide supportive services to our high risk clients in the community. SLT Officers meet with ICM Clinicians almost daily to support clients in a highly collaborative manner.
- WS continues to provide disposition to the CIT Team Leader so that cases can be assigned to the CIT Officers for follow up.
- Contracts Division is working on our MOU.

Psychiatric Health Facility (Cheree Haffner)

- There were 45 Admissions in April, 2014; 35 admissions were El Dorado County residents and 10 out of county clients.
- There were 42 El Dorado County residents discharged in April, 2014; 26 to Home with support; 6 to home without support; 1 to Adult Residential Facilities; 1 to a Board and Care; 2 to local T-Houses; 1 to Jail; and 5 to Shelters.
- Upon Discharge, 39 El Dorado County residents were insured; 3 were in self-pay status.
- During the Month of April there were 4 seclusion episodes all together totaling 7 hours.
- Staffing: All licensed full-time staff positions are filled, in the hiring process for 2 Extra Help Licensed Staff. The 2.6 full-time Mental Health Workers vacancies reported last month have selected candidates who have completed the hiring process. All 3 new MHWs were oriented by May 15th. We are currently recruiting for a 1.0 vacant Mental Health Clinician position.

MHSA (Ren Scammon)

- MHSA Plan Status: The Draft FY 14/15 MHSA Plan is nearly complete. It is anticipated the draft plan will be posted the first week in June.
- Medi-Cal and Transportation: Both California Health and Wellness and Anthem Blue Cross offer Medi-Cal clients transportation assistance to medical appointments (physical health and mental health) that may be in the form of gas reimbursement, bus script or direct transport. The type of transportation available depends on the individual situations of each client. If clients are in need of transportation assistance, they should contact their Medi-Cal provider to discuss transportation options and make arrangements. Mental Health staff can help facilitate this process if needed.
- Suicide Prevention: The Statewide MHSA Suicide Prevention program is running a public awareness campaign in El Dorado County. A quarter-page, full color ad is running in the Mt. Democrat on May 21 and May 28, and 30 second public service announcements are running in the theaters in El Dorado Hills from May 16 through June 12 and South Lake Tahoe from May 16 through June 16. Additionally, there is a lobby standee in the South Lake Tahoe theater with a Spanish suicide prevention ad during the same time frame.
- PATH Grant: Mental Health is applying for the Projects for Assistance in Transition from Homelessness (PATH) grant funds, which will provide outreach, linkage to services and benefits, and housing assistance for individuals who are homeless or soon to be homeless and have a mental health issue. If awarded, approximately \$6,000 will be available to assist with housing costs and \$25,000 will be available for staffing (there are required matching funds as well), along with limited administrative funding. This grant will be contracted to a community-based organization through a competitive procurement process (request for proposal/RFP).
- PEI Services: In April, the Infant-Parent Center saw 16 individuals (individuals from El Dorado Hills, Cameron Park, Shingle Springs, Placerville, El Dorado, Camino, Pollock Pines); New Morning Youth and Family Services served 17 individuals under Latino Outreach (Cameron Park, Placerville, Camino and Georgetown) and 21 individuals through the Placerville Incredible Years class.

Behavioral Health Court (Shirley White)

- Placerville Behavioral Health Court has 8 active participants. All 8 participants went for pizza to celebrate that 5 of the 8 participants were recognized by the Judge and Team for their outstanding efforts with their treatment program this month. Next proceeding will be held on June 2, 2012 beginning at 2pm.
- South Lake Tahoe Behavioral Health Court has 12 active participants. Six (6) participants received recognition for their full compliance with their treatment programs. One (1) participant was recognized for outstanding efforts and will only be required to attend court sessions every other month. Next proceeding will be on May 22, 2014 at 10:30 am. (Please note the time change).

AB 109 (Shirley White)

- Substance Use Disorder (SUD) treatment groups have started for AB109 clients at the Community Correction Center. The Mental Health Clinician, Public Health Nurse and Program Assistants are providing services to clients at the Community Corrections Center throughout the week. Transition planning services for clients who are exiting the jail to the community is also occurring in partnership with the Jail Inmate Services Officer, Public Health Nurse, Probation, Mental Health and Substance Abuse treatment staff.

Patients' Rights Advocate (Doris Jones)

- Mental Health Grievances: 24 grievances have been received and assigned for investigation this fiscal year 2013-14, beginning July 1, 2013 to date; 18 have been completed; 6 are in process.
- Ongoing Client Advocacy with the Psychiatric Health Facility, Mental Health, and Public Guardian regarding Mental Health Client needs, requests, issues and rights.
- PHF: On-site presence at the facility to provide advocacy, support, information, and education to Mental Health Clients and Staff; attend treatment team meetings, staffings and represent clients at Certification Review Hearings.
- Ongoing work with County Counsel and Psychiatric Health Facility Program Manager and Coordinator to implement policies and procedures that coincide with applicable codes, regulations, laws and mental health patients' rights.
- Ongoing: Resources, information, education, consultation and training materials provided for Health and Human Services staff: Mental Health, Public Guardian, APS, CPS, IHSS, etc.
- Mental Health Sites Safety Coordination: Regular meetings and contact with all Mental Health Facility sites regarding safety issues and to ensure quarterly fire drills are scheduled, held and documented. Also participant of Health and Human Services Strategic Plan for Safety.