

**EL DORADO COUNTY
MENTAL HEALTH JOINT COMMISSION
Minutes: February 26, 2014**

TIME: 5:00 PM

**PLACE: In person and councils connected via tele/video-conferencing:
Western Slope – Health and Human Services Agency – Sierra Room
3057 Briw Road
Placerville, CA 95667

South Lake Tahoe – Public Health/Mental Health Offices
1360 Johnson Blvd., #103
South Lake Tahoe, CA 96150**

I. Call to order; Roll Call; Introductions

Mental Health Commissioners: Jim Abram, Claudia Ball, Denise Burke, Ben Ehrler, R.S. Lynn, Steven Mannheim, Bonnie McLane, Guadalupe Medrano, Jan Melnicoe, Maria Quintero, Craig Therkildsen, Linn Williamson

Mental Health Commission Associate Members: Diana Hankins, Steve Clavere

Guests: Maureen Focht, Suzanne Laub, Laurie Miller, William Pickens, Lori Pond, Chris Stedeford

HSA Staff: Patricia Charles-Heathers, Sabrina Owen, Dennis Plunkett, Brandi Reid, Jamie Samboceti, Ren Scammon, Jan Walker-Conroy, Laura Walny

Other Staff: Brenda Bailey, Lt. Jackie Noren

II. Approval of Agenda

- **MOTION:** A motion was made by Jim Abram, seconded by Denise Burke, to approve the agenda with the following changes:

Move item VI to V, move item VIII to VI, and move item V to VIII

Yes: 12 – Abram, Ball, Burke, Ehrler, Lynn, Mannheim, McLane, Medrano, Melnicoe, Quintero, Therkildsen, Williamson

III. Approval of Minutes (from the January 22, 2014 meeting)

- **MOTION:** A motion was made by Bonnie McLane, seconded by Linn Williamson, to approve the minutes from the January 2014 meeting with the following changes:

1) Correction to Appendix A to add the word “multidisciplinary” to the Crisis Intervention Team (CIT) section of the Mental Health Division Monthly Report

Yes: 12– Abram, Ball, Burke, Ehrler, Lynn, Mannheim, McLane, Medrano, Melnicoe, Quintero, Therkildsen, Williamson

IV. Public Comment (15 minutes)

- None

V. Appointment/Nomination/Vote to Fill Vacant West Slope Member Seat

- **MOTION:** A motion was made by Bonnie McLane, seconded by Jan Melnicoe, to nominate Stephen Clavere as a full Mental Health Commissioner Member for the West Slope.

Yes: 12– Abram, Ball, Burke, Ehrler, Lynn, Mannheim, McLane, Medrano, Melnicoe, Quintero, Therkildsen, Williamson

- Brenda Bailey requested that the Commission send a letter to the Board of Supervisors with this recommendation. Jim Abram will send the letter.

VI. Committee Reports

a. Bylaws Review/Update

1. Organizational Structure

- R.S. Lynn reported that there are updates that need to be made to the language in the bylaws.
- Several members of the Commission expressed concern about the proposal to eliminate the South Lake Tahoe Council. Denise Burke read a letter that she wrote sharing her concerns.
- Several members of the Commission stated that joint meetings have been beneficial and more productive for both councils.
- Bonnie McLane stated that the original number of seats per council was based on population (SLT – 6 seats and WS – 9 seats), but noted that this split is no longer representative of the geographic of the county currently.
- Members on the SLT council expressed concern that residents of South Lake Tahoe are geographically isolated and cannot access services on the west slope and that there is economic inequality between the slopes.
- Jim Abram stated that he would like to see Craig Therkildsen appointed as the fourth member of the bylaw committee. He also asked the committee chair to let him know when they were ready to present to the Commission and he will add it to the agenda.

2. Evaluation Committee

- Craig Therkildsen reported that he has received some great input so far. He would like to put a framework together and present two ideas at the next Mental Health Commission meeting that the committee would like to move forward with.

VII. Friendship Line (Older Adult Support/Warm Line)

- Ren Scammon stated that there is a Friendship Line for seniors available through the Statewide MHSA PEI programs that the County has not heavily accessed in the past. She asked if the Mental Health Commission members wanted to be involved and is looking for input as to how to promote the Friendship Line.
- Commission members suggested promoting to Senior Peer Counseling, the West Slope and South Lake Tahoe Senior Centers, South Lake Tahoe City Council, law enforcement, In-Home Supportive Services, and retirement communities.

VIII. Questions/Comments on Mental Health Division Monthly Report

- A written update of Mental Health Division was distributed. The Division Monthly Report is included as an appendix to this document (Appendix A).

- Jan Melnicoe announced that the Board of Supervisors will display art from the Wellness Center in June.
- Jamie Samboceti provided a copy of a form used in San Mateo County that allows family members and clients to provide law enforcement, medical personnel and mental health providers with additional information about an individual's mental health diagnosis and needs in a standardized format. Feedback on the form was requested.
- Jamie Samboceti provided additional information regarding the Crisis Intervention Team (CIT) updates in the Mental Health Division Monthly Report. The CIT consists of law enforcement officers who have been trained in crisis intervention with individuals who have a mental illness. The officers also perform follow up with individuals after a 5150 hold. The CIT Mutli-Disciplinary Team (MDT) consists of law enforcement and other County agencies, such as the Health and Human Services Agency Mental Health Division, who work with the same individuals and are looking at various options with the assistance of County Counsel as to how information can be shared between CIT MDT members to provide better services to the clients.
- Lt. Noren stated that there are barriers with HIPAA with Behavioral Health Court and they are looking at a release form and a MOU between agencies so it will be easier to share information. She also stated she wants to have forms moved to a more visible place on the EDSO website so that they are easier to find.
- Maureen Focht stated that the crisis workers need to listen to the families during a crisis incident and she is glad that Jamie Samboceti and the MDT is working on this issue.

IX. Upcoming Mental Health Commission Meeting Topics/Presentations

- Jim Abram requested input on topics or processes the Commission would like to learn more about. Some suggestions provided by Commission members included:
 1. Update on services for children
 2. Procedures for intake and assessment, discharges, and client follow up
 3. Outpatient services, including groups
 4. Psychiatric Health Facility (PHF)
 5. Crisis services
 6. Intensive Case Management (ICM) teams
 7. Housing for Mental Health clients

X. Old Business

- a. Health and Human Services Agency update on South Lake Tahoe Mental Health office relocation
 - Jan Walker-Conroy reported that the lease has been signed for 1900 Lake Tahoe Blvd. There are significant tenant improvements that will need to be completed prior to move in. The projected move date will be late summer 2014. In the interim, there will be a temporary facility available to relocate the Wellness Center clients from the Senior Center.
- b. Assisted Outpatient Treatment (Laura's Law) Update
 - Jim Abram reported that the next committee meeting will be held on March 6, 2014 at 1:00 PM at the Admin Training Room at HHSA 3057 Briw Rd. He also reported that Don Ashton is working on a presentation that will be made to the Board of Supervisors in the near future.

XI. Commissioner's Comments

- Bonnie McLane complimented Ren Scammon on her dedication and commitment to gather information as part of the MHSA Community Planning process.

- XII. Determine next Mental Health Commission meeting date
- The next regular meeting of the Mental Health Commission is scheduled for 5:00 PM on March 26, 2014.
- XIII. Adjournment

Appendix A

El Dorado County Health and Human Services Agency Mental Health Division Update Mental Health Commission February 26, 2014 Meeting

Assistant Director Update (Patricia Charles-Heathers)

- On January 10th, Sabrina Owen-Balme, Program Coordinator at SLT and I met with Barton Hospital and EMS representatives to discuss solutions for transporting clients from Barton Hospital to Sacramento. West Hills Hospital in Nevada was discussed as a possible solution. On February 13th, we were able to place a Medicare client at West Hills and we are currently working on a contract between Mental Health and West Hills.
- We have been working closely with one of our contracted providers, to explore the potential for developing an Adult Residential Facility in El Dorado County, which would allow us to step down clients who are currently Out of County. We continue to work closely on this endeavor and feel hopeful that this will come to fruition in the near future.
- The Mental Health Division is currently working on FY 14/15 Budgets. Our hope is to be able to expand our Intensive Case Management (ICM) services on both slopes, so we could meet the great need that is present.
- Transitional Housing continues to be high on our agenda, as we continue to explore options available on both slopes for expanding this much needed service.
- My job responsibilities have changed in that I am no longer overseeing Public Health. Along with Mental Health, I am now responsible for Strategic Planning and Leadership Development Agency Wide. In this capacity I get to use my strengths, knowledge and expertise to assist the Agency as we work towards our Vision of **Transforming Lives and Improving Futures.**

Outpatient Services

(Dennis Plunkett & Jamie Samboceti)

Continuum of Care: LPS Conservatorship

- 57 clients currently on LPS Conservatorship
- 2 LPS Conservatorships were terminated in January
- 2 Temporary LPS Conservatorships were initiated

Placement: Transitional Houses/Cottage/Apartment

- 24 transition beds available
 - 23 active residents; 1 pending move 2/24/14
 - will lose one Transition House end of March (owner retiring)
 - plan to gain between 10-12 new beds in the next 60 days
 - currently working to develop a 'Master Lease' with Transitional House owners

- Trailside Terrace
 - Full 5 units
 - ICM team coverage

Board and Care/IMDs/Secure Placements:

- 61 total out-of-county placements (decreased from 64)
- Over last 90 days - 7 'step-downs' from patch placements to community based settings (Board & Care and/or Transitional Houses)
- 1 current 'step-down' pending

Staffing:

- New Hire: Mental Health Clinician - Allison Ehlers
- Interviews complete for 1 FTE Mental Health Aide (ICM). Offer made and accepted to successful candidate. Currently undergoing the pre-hire (DOJ/FBI Background Check - Physical
- Recruitment complete for 1 FTE vacant Mental Health Worker. HR currently screening applicants for minimum qualifications. Will begin interviewing as soon as pre-screen is completed.
- Currently interviewing for 2 FTE Mental Health Clinician vacancies on Utilization Review Team. 1st round interviews completed last week; final interviews have been completed.
- Currently interviewing for 1 FTE Mental Health Clinician vacancy on the Crisis Team. Final interviews have been completed.
- Mental Health Psychiatric Technician - 1 FTE vacancy. Requisition submitted, expect recruitment posting within next few days (2 week recruitment).
- ICM Clinicians are all currently in place on ICM team with 8:00am - 8:00pm (7 days/week) coverage.

WS Adult Outpatient Services (Dennis Plunkett)

Current Group Schedule:

Monday

- BHC - Anger Management: 1:00 pm - 2:00 pm
- Wellness - Anger Management: 2:00 pm - 3:00 pm
- Basic Conversation Skills: 3:00 pm - 4:00 pm

Tuesday

- DBT Group 1 – Skill Building: 10:00 am - 12:00 pm
- DBT Group - Relieving Depression & Anxiety: 10:00 am - 11:30 pm
- Healthy Pleasures: 1:30 pm - 2:30 pm

Wednesday

- DBT Group - Coping w/Bipolar: 10:00 am - 11:30 pm
- SAMHSA - Medication Education: 11:00 am - 12:00 pm
- Transitional Housing Independent Living Skills: 12:00 pm - 1:30 pm
- Mental Health Coping Strategies: 1:30 pm - 3:00 pm
- Codependent Addiction Recovery: 3:00 pm - 4:00 pm

Thursday

- DBT Group – Stress Reduction: 10:30 am - 12:00 pm
- Healthy Pleasures - 1:30 pm - 2:30 pm
- Symptoms without Stigma - 3:00 pm - 4:00 pm

Friday

- DBT Group 2 – Skill Building: 10:00 am - 12:00 pm
- Mindfulness Group - 2:00 pm - 3:00 pm

SLT Adult Outpatient Services (Jamie Samboceti)

Current Group Schedule:

Monday

- DBT: 1:30 pm - 3:00 pm
- Seeking Safety (Dual Dx Group): 11:00 am - 1:00 pm

Tuesday

- Anger Management: 1:30 pm - 3:00 pm
- Stress/Anxiety Reduction: 11:00 am - 12:00 pm

Wednesday

- TBA

Thursday

- Seeking Safety (Dual Dx Group): 11:00 am - 1:00 pm
- Women's Group: 1:00 pm - 2:30 pm

Friday

- Men's Group: TBA when Dave returns

Children Outpatient Services (Jamie Samboceti)

- Utilization Review is now fully staffed and completing all Request For Services for Children.
- All children are being referred to our Contract Providers for Individual, Group and Family Treatment.
- One of our providers, Summitview, has a Psychiatrist who is providing services to those children being referred to their agency.
- Children who are with our other Providers continue to receive Psychiatric Services through Mental Health Outpatient Services as needed.
- We are working closely with Children Protective Services and our Contract Providers to assess and provide treatment to the Katie A. Subclass who are our Foster Care Youth.

Psychiatric Emergency Services (Jamie Samboceti)

- We are currently hiring a full time Crisis Worker to fill the open shifts.
- Monday through Friday our PM Crisis Worker is stationed at the Marshall Hospital Emergency Room (ER) from 8:00 pm to Midnight to provide Early Intervention, Outreach and Consultation to the ER staff.
- The PHF is currently covering Midnight to 8:00am crisis shifts, thus increasing the ability to be available to Law Enforcement and the ER staff.
- SLT crisis is covered by their ICM Clinicians during the day and Extra Help Clinicians at night. We are evaluating the need for a full time Crisis Worker for 8pm to 8am shifts.

Crisis Intervention Team (CIT) (Jamie Samboceti)

- We are currently working on an Informational Form to provide to families and community members for use when 911 is called due to an individual needing Mental Health Interventions. This form is used by other Counties and Officers and families find it very useful in informing Officers when there is a mental health issue involved. The form was provided to NAMI members for review at the Cameron Park Meeting.
- Eighteen (18) Sheriff Officers are trained in the needs of Mental Health clients and Crisis Intervention. They are currently doing follow up calls with those individuals they have seen in crisis situations.
- I have requested a full time Clinician and a full time Nurse in the next budget year to conduct outreach, accompany officers on follow up calls and to meet the needs of our at risk individuals in the community.

Psychiatric Health Facility (Cheree Haffner)

- Mary Gough, Alcohol and Drug Program Clinician has begun facilitating two Co-Occurring (Substance Abuse and Mental Health) Groups per week. In addition, she also completes Substance Abuse Assessments and makes referrals for any client who needs it and is willing to receive these services. Her groups have been very well attended.
- Staffing: We are in the hiring process for an RN for the NOC shift. In addition, we have several people in the hiring process for our Extra Help pools for Mental Health Workers and Psychiatric Technicians. We will begin interviewing for a recent 1 FTE MHW vacancy in the next week.
- Census average for January was 12 beds filled. No El Dorado County residents were hospitalized in Sacramento and we have been able to serve many Out of County clients. We had a total of 53 admissions in January; 35 was typical, however with the increase in beds, we believe that 50 will become our new normal.

MHSA (Ren Scammon)

- The FY 14/15 MHSA Community Planning Process is underway. Several meetings have already been held and more meetings are scheduled. A handout is provided at tonight's Mental Health Commission meeting with the dates, times and locations of the meetings that are currently scheduled. In the event additional meetings are scheduled, those updates would be posted on the MHSA webpage (<http://www.edcgov.us/mentalHealth/mhsa.aspx>). Handouts from the public meetings may be downloaded from the webpage, and meeting notes are also posted. It is anticipated that the public hearing for the FY 14/15 MHSA will be scheduled in May.
- We continue to work on the contracts that resulted from the FY 13/14 MHSA Plan, and will then proceed with Requests for Proposals (RFPs) for those projects that indicated an RFP would be issued.
- The CalMHSA Statewide Prevention and Early Intervention (PEI) programs have received MHSA funding designated for those programs. The Statewide funding ends this fiscal year. El Dorado County's share of Statewide PEI funding has been \$137,940 annually.

To continue the provision of these Statewide programs, the CalMHSA Executive Committee is recommending that each county contribute 4%-7% of its annual PEI funds for sustainability of the Statewide PEI programs (with 1% being the minimum contribution). El Dorado County abstained from this vote. Based on the estimated PEI funding El Dorado County will receive in FY 13/14, here is funding at each percent:

Anticipated PEI Revenues	\$1,066,868
1%	\$10,669
2%	\$21,337
3%	\$32,006
4%	\$42,675
5%	\$53,343
6%	\$64,012
7%	\$74,681

This issue is currently under consideration by the Health and Human Services Agency Director and is being brought up during the MHSA planning meetings. The Agency would be interested in hearing the Mental Health Commission's thoughts on this issue.

Behavioral Health Court (Shirley White)

- Placerville Behavioral Health Court has 12 active participants. Clients are actively participating in the weekly check in group and case management sessions. 4 clients were given positive recognition for their outstanding work over the last month. Next court proceedings will be held on March 3 beginning at 1:30 pm at Superior Court located on Main Street in Placerville.
- South Lake Tahoe Behavioral Health Court has 14 active participants. 1 new referral will be assessed next week to determine eligibility for the program. 5 clients were recognized for their outstanding work in the program yesterday in the court proceedings. Next Behavioral Health Court will be held on March 20, 2014 beginning at 1:30 pm.

AB 109 (Shirley White)

- AB 109 collaborative team members are meeting weekly to design policies and procedures, referral processes, and protocols to serve clients both in the local jails and in the community.
- Team members include staff from Probation, Mental Health, Alcohol and Drug Programs, Sheriff, Public Guardian, and Public Health. Substance abuse treatment, mental health treatment, health services, and eligibility services are being provided to AB109 clients in both jails and in the local community.
- Construction on the Community Corrections Center is nearing completion and an opening date is pending soon.

Patients' Rights Advocate (Doris Jones)

- I continue to meet with clients, families and support team members as well as County and Community Agency staff regarding Mental Health Patients' Rights while providing information, resources, assistance and referrals.
- Mental Health Grievances: 17 Grievances have been received and assigned for investigation this fiscal year 2013-14, beginning July 1, 2013 to date [February 20, 2014]; 11 have been completed; 6 are in process. Grievance Reports for 1st and 2nd quarters have been prepared and were submitted at the January 23, 2014 QIC Meeting.
- Mental Health Sites Safety: In addition to my duties as Mental Health Sites Safety Coordinator, I am also participating in the Health & Human Services Agency Strategic Plan - Safety Work Group where I am conveying the needs, issues and accomplishments that have been achieved at Mental Health. I also draw from my employment experience in Social and Community Services programs and I am looking forward to the collaborative work assignments to come!