



El Dorado County Mental Health Commission Meeting Agenda Joint Councils

Wednesday, January 22, 2014

5:00 pm

Meeting Locations (in person and councils connected via tele/video-conferencing):

- Health and Human Service Agency, 3057 Briw Road, Sierra Room, Placerville, CA
 - Mental Health Office, 1360 Johnson Blvd., Suite 103, South Lake Tahoe, CA
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The County of El Dorado is committed to ensuring that persons with disabilities are provided the resources to participate in its public meetings. Please contact Mental Health if your require accommodation at 530-621-6315 or via email at MHSA@edcgov.us

- I. Call to Order; Roll Call; Introductions
- II. Approval of Agenda
- III. Approval of Minutes
- IV. Public Comment (15 Minutes)
- V. Questions/Comments on Mental Health Division monthly report.
- VI. Election of Mental Health Commission Officers
- VII. Discussion on Commission vacancies and recommendation to authorize the Chair of the Mental Health Commission to work with the Clerk of the Board to post vacancy announcements.
- VIII. Goals/Topics/Issues for 2014
 - a. Review/Update of Commission Bylaws (form committee)
 - b. Evaluation Committee to review Mental Health Division programs
 - c. Additional Topics/Issues to be considered/discussed in 2014
- IX. Old Business
 - a. Health and Human Services Agency update on South Lake Tahoe Mental Health office relocation
 - b. Laura's Law
- X. Commissioner's Comments
- XI. Determine next Mental Health Commission meeting date
- XII. Adjournment

**EL DORADO COUNTY
MENTAL HEALTH JOINT COMMISSION
DRAFT Minutes: November 20, 2013**

TIME: 5:00 PM

**PLACE: In person and councils connected via tele/video-conferencing:
Western Slope – Mental Health Offices
768 Pleasant Valley Road, Suite 201
Diamond Springs, CA 95619

South Lake Tahoe – Public Health/Mental Health Offices
1360 Johnson Blvd., #103
South Lake Tahoe, CA 96150**

- I. Call to order; Roll Call; Introductions
Members: Jim Abram, Claudia Ball, Denise Burke, R.S. Lynn, Bonnie McLane, Guadalupe Medrano, Jan Melnicoe, Maria Quintero, Craig Therkildsen, Linn Williamson
Guests: Stephen Clavere, Steve Manheim, Sue Saia, Lorrie Wick
HHS Staff: Don Ashton, Patricia Charles-Heathers, Dennis Plunkett, Brandi Reid, Ren Scammon, Janet Stevens, Jan Walker-Conroy, Laura Walny
Other County Staff: Brenda Bailey, Lt. Jackie Noren, Captain Randy Peshon
- II. Approval of Agenda
 - Agenda approved
- III. Approval of Minutes (September and October 2013)
 - Minutes Approved
- IV. Public Comment (15 minutes)
 - Lorrie Wick announced that this Saturday November 23, 2013, there will be a dialogue sponsored by CalMHSA about breaking mental health stigma. There will be a movie, snacks and discussion. All are encouraged to attend.
- V. Questions/comments regarding the Mental Health Division Monthly Report
 - A written update of Mental Health Department news was distributed. Departmental updates are also included as an appendix to this document [Appendix A].
 - Update on South Lake Tahoe lease negotiations: Don Ashton stated that negotiations are ongoing and that things are moving along nicely. The lease will stay in place even if the ownership of the building changes.
 - Don Ashton reported that last Tuesday the Board of Supervisors approved a substantial increase to the psychiatrist salaries from \$16K to \$21K per month. He really appreciates the Board's support since this has been a difficult to fill position in the past.
 - Jan Melnicoe asked what the process will be for the transition of children's services. Patricia Charles-Heathers advised that Jamie Samboceti will be coordinating the transition. Some children will remain with the Agency, but most will be transitioned to contract providers for services.

- Jim Abram asked what the status of the bus stop is. Ren Scammon stated that while the bus stop was supposed to be completed this past Monday, the weather has caused a delay. It should be completed by the end of the week.
- Jim Abram stated that he was happy to see the awards had been given for the Request for Proposal (RFP) for the children's PIP program. He was glad to see that the three providers selected were geographically spread out and it seems that the distribution was fair.
- Jan Melnicoe stated that she has spent several hours this week at the Wellness Center. People seem to be settling in nicely and the space is beautiful. The clients are very thankful and happy.

VI. New Business

- a. Presentation on El Dorado County Jail Inmate Medication Policy and Procedures by Captain Randy Peshon, El Dorado County Sheriff's Office (EDSO)

According to Captain Peshon, approximately 18% of inmates have a serious mental illness. There are presently 67 people with a serious mental illness incarcerated for whom the jails treat and provide medication. The jail currently contracts through California Forensic Medical Group (CFMG) for medical, dental, vision and mental health services for all jail inmates.

The current process when someone comes into custody is that they are seen by the nurse for both a physical health and a mental health screening and assessment. The staff will request medical records in order to provide the best care. A psychiatric evaluation is completed if needed and most mental health clients are already known. The jail accepts medications that are brought in. The psychiatrist will evaluate and reset medications if necessary by adjusting dosages. Often times, clients want medications that will mimic the effects of their illegal drug use. When medications are delivered, they are verified by the jail staff. Similar to managed care provider, the jail has limited money with which to provide services and will sometimes provide a comparable drug or prescribe a generic.

The jail has received an influx of inmates from prison due to the passage of AB 109, 2011 Public Safety Realignment, which allows non-violent, non-serious, and non-sex offenders to serve their sentence in a county jail instead of state prisons. Mental health clients who commit lower end crimes usually stay for three to six months. Referrals are made to Behavioral Health Court by the jail medical staff and correction officers.

With the creation of the Community Corrections Center (CCC) in Shingle Springs, inmates will be able to see their probation officer, mental health clinicians and their case manager. The two CCC transitional case managers have both been hired; one has already started and the other will start working in January. This team will work collaboratively to make sure that clients follow up with appointments, take their medications, etc. While we don't always get cooperation from the inmates, the staff keeps working with them to encourage continued engagement and participation. The transitional case managers will follow up to ensure that no one falls through the cracks. The AB 109 funds provide flexibility to try something different to avoid recidivism.

- Claudia Ball expressed concern that CFMG is for profit and that mental health

clients in jail are the most vulnerable and are often afraid to speak up.

- Captain Peshon stated that while CFMG is a for profit business, that doesn't mean that clients are receiving a lower level of care. The jail is inspected by nine different agencies and has always met or exceeded expectations in providing care. The correctional officers at the jail are trained to recognize the signs and symptoms of mental illness and are sensitive to the needs of the inmates with mental health issues.
- b. Dr. Stephen Clavere was introduced as the new Associate Member of the Mental Health Commission. Dr. Clavere has been a licensed clinical psychologist for over 30 years, much of that time in the prison system. He is now retired from both the military and as a psychologist, and has lived in the El Dorado Hills area for 24 years.

VII. Discussion of Mental Health Commission's Bylaws, page 3, Article IV G, Organizational Structure, South Lake Tahoe/West Slope member ratios.

- a. Linn Williamson expressed concerns brought up at the FY 13/14 MHSA Plan Public Hearing that there is underrepresentation from the El Dorado Hills area. Historically the Commission has had trouble getting quorums, although it is getting much better. The two councils currently meet jointly and it would be good to review the bylaws every so often to see if changes need to be made.
- b. Denise Burke stated that it is difficult to stay on top of things and discuss when programs change so frequently. She stated that South Lake Tahoe had lost one member due to audio challenges and she would like to eventually get back to having individual rather than joint meetings, but it just doesn't make sense to do that now. She stated that it is really frustrating because it is often difficult to hear what is being said.
- c. Claudia Ball stated that the Commission lost a consumer member in South Lake Tahoe due to the audio issues with the equipment.
- d. Jim Abram advised that the bylaws state that the Commission must vote as a joint council, even if the meetings are held separately. He also referenced page 2, Section D, Commission Composition, of the bylaws which states: "The composition of El Dorado County [Mental Health Commission] shall, to the extent possible, reflect the demographic ethnic diversity of the population in the County. Fifty percent of the Board membership shall be consumers or the parents, spouse, sibling, or adult children of consumers, who are receiving or have received mental health services. At least twenty percent of the total membership shall be families of consumers and at least 20% of the total shall be consumers." Accordingly, there should be three consumers on the Mental Health Commission. However, per WIC 5604(f), the governing body may make substitutions if the seats are unable to be filled with consumers. He also stated that the Commission is supposed to represent the geographic demographics of the County.
- e. Denise Burke said that the geographic split was set up like that a long time ago because the slopes have very different needs and issues.
- f. Dr. Lynn stated that the ethnicity splits are very different between South Lake Tahoe and Placerville, and nearly one-third of the population in South Lake Tahoe is Hispanic.
- g. Jim Abram stated that we currently have two Hispanic Commission members, Guadalupe Medrano and Maria Quintero, so we would just need one more Hispanic member on the Commission to have the appropriate ethnic representation.

- h. Claudia Ball stated that she also has reached out to the Native American community for participation without success.
 - i. Jim Abram stated that the Commission needs to look at updating the bylaws to bring them current and to address all the issues brought up at this meeting
 - j. Claudia Ball suggested that there should be a committee established to address the bylaws and asked if that should be held in South Lake Tahoe.
 - k. Linn Williamson stated that he would put a meeting together to be held in South Lake Tahoe.
- VIII. Mental Health Commission Nominating Committee report of slate officer nominees and members for the 2014 year
- a. Claudia Ball reported that she made a lot of calls regarding officer nominees and the recommendations received for the West Slope are: Chair - Jim Abram; Vice Chair - Jan Melnicoe and Guadalupe Medrano; Secretary - Linn Williamson. The recommendations received for South Lake Tahoe are: Chair – Denise Burke; Vice Chair – Dr. Lynn; Secretary – Steve Manheim. Votes will be made at the next Mental Health Commission meeting.
 - b. Jim Abram reported that terms for the following Mental Health Commission members are expiring in January: Claudia Ball, Ron Briggs, Denise Burke, Jane de Feliz, and Guadalupe Medrano.
 - **MOTION:** A motion was made to reappoint Claudia Ball, Denise Burke and Guadalupe Medrano to the Mental Health Commission as representatives for the West Slope Council. Motion approved; recommendation will be presented to the Board of Supervisors for their review and final approval.
 - **MOTION:** A motion was made to nominate Steve Manheim to join the Mental Health Commission as a representative for the South Lake Tahoe Council. Motion approved; recommendation will be presented to the Board of Supervisors for their review and final approval.
- IX. Old Business
- a. Update on Laura’s Law Committee meeting held November 15, 2013
 - Jim Abram reported that there were many stakeholders present at the meeting last Friday. Michael Heggarty and Turning Point both gave great presentations. The general feeling was that Laura’s Law will be very beneficial. The next step is to present a fiscally sound program.
- X. Commissioners Comments
- Bonnie McLane requested to be notified about upcoming MHSA Community Planning Process meetings.
 - Dr. Lynn would like a printed copy of the Mental Health organizational chart.
- XI. Determination of Mental Health Commission meeting date
- Don Ashton stated that the video conferencing equipment being used by the Commission is being moved from EMS to Briw Road since EMS is a leased space.
 - There will be no December meeting. The next regular meeting of the Mental Health Commission is scheduled for 5:00 PM on January 22, 2014.

XII. Adjournment

El Dorado County Health and Human Services Agency
Mental Health Division Update
Mental Health Commission
November 20, 2013 Meeting

Assistant Director Update (Patricia Charles-Heathers)

- We moved and are now working out of the Victory Mine Building. Thanks to everyone who contributed in making this move and transition seem like an effortless process for our clients and our staff!!
- Meeting weekly and working closely with the Managers and Program Coordinators as we continue to improve our service delivery.
- Recruited a Locum Tenens Psychiatrist for WS Outpatient Services, who lives in the County and is excited about working with us. Continuing to work with Dr. Price on recruiting Psychiatrists to provide services to children on both slopes and adults in SLT.

Outpatient Services (Dennis Plunkett)

WS Children's Outpatient Services:

- Jamie Samboceti (Acting Manager of Mental Health Programs) continues to work with the children's team to transition all children's cases to the appropriate Contract Provider.
- Katie A implementation has begun, EDC MH facilitating necessary assessments for CPS referrals.
- With the transition of Children's Services to Contract Providers, current children's staff will be reassigned to other areas in which their skills/qualifications will be utilized best.

WS Adult Outpatient Services:

- The big news this month – after much anticipated wait, we have finally moved into our new building at 768 Pleasant Valley Rd.
 - The internal shuttle is working great; averaging approximately 45-50 total pick-ups and drop-offs per week. Scheduled stops are being tracked and will be evaluated to ensure we are using our resources wisely.
 - The parking lot addition is in full swing – the following scheduled is contingent on weather conditions:

Parking Lot

- Paving - Nov. 18 or 19
- Pouring Curbs - Nov. 21 or 22
- Stripping - Nov. 23

Bus Stop

- Set Forms - Nov. 14
- Call for Inspection - Nov. 14
- Pour Concrete - Nov. 15

Clinician Hiring Process is in full swing - 4 Clinicians are slated to begin Nov. 18; 3 WS, & 1 SLT

- Emma Curtis – WS Outpatient Services
- Mary Gough – ADP Team, Co-Occurring Program
- Lorena Elliott – WS UR Team
- Trina Brown – SLT ICM Team
- The remaining 6 Clinicians (5 WS & 1 SLT) are in various stages of the process and are expected to be on board within the next few weeks
- Dr. Moghaddas, Adult Psychiatrist, joined WS Outpatient Services and will work Mon-Fri. He will also cover SLT via Telemed on Fridays, beginning Nov. 22
- Kim Dillion, Mental Health Aide for WS ICM Team, beginning Nov. 18
- Mental Health Worker II, Robert Kamena has accepted a position with the ADP Team. His position will be recruited for as soon as possible.
- Holiday planning is underway for client activities. EDC MH will take advantage of the kitchen in the new Wellness Center to prepare Thanksgiving Dinner for our clients on Tuesday, November 26 from 1 pm to 3 pm..
- Continuing to evaluate the feasibility of offering evening and/or weekend groups as the staffing is being hired to support the ICM Team.
- Transition Group continues with strong attendance (15-20) average attendance. This group is required for clients who reside in our Transition Houses. ****Note**** This group would welcome community participation (NAMI and/or Mental Health Commission) for Life-Skills Training or Guest Speakers/Topics if appropriate. Please contact Ken Jones at 530-621-6178 if you are interested in providing support for clients in Transitional Housing.
- Collaborative Project Team continues to review all areas of Outpatient Services to increase efficiency, improve quality, access to service, and integrate evidence based groups targeted to our client demographic. Recent changes include strengthening

the Utilization Review Team, which will focus on all new assessments, reassessments, and service eligibility.

South Lake Tahoe:

- Program Coordinator, Sabrina Owen-Balme continues to work with local Contract Providers in preparation for State Mandated 'Katie A' implementation.
- Trina Brown – SLT ICM Team - start date 11/18/13
- 1 - EX-Help MH Aide - start date 11/18/13
- 1 - EX-Help Driver- start date 11/18/13
- Potential relocation space identified; HHSA Facilities negotiations continue with building owner.
- Interviews underway to fill current Medical Office Assistant vacancy. First round interviews are complete.

Continuum of Care: Current Placement Statistics

LPS conserved clients

- 61 LPS conservatorships
- 2 Temporary Conservatorships pending

Placement - Transitional Houses/Cottage/Apartment

- 24 beds
- 23 active residents,
- Transitional Skills meeting/House meetings/daily activities
- Minimum of 4 check ins during week

Board and Care/IMDs/Secure Placements

- 70 out of county placements

Psychiatric Health Facility (Cheree Haffner)

- 16 Bed Expansion Update: Expansion is complete and the census is currently at 15. We have been able to serve all EDC Clientst since the expansion and offering service to our neighboring counties. Typically we have 2-4 out of county clients in the census.
- Staffing Update: We have two allocations for Mental Health Clinicians. Both have been selected. Maria Wiese, MFTI started on 11/6 and Jzeela Gheiser-Shahanian, MFTI will be joining us on 11/18. We are very excited about both of these energetic ladies. We are also in the process of hiring two RNs; we have been trying for over a

year to fill these positions and we were feel so fortunate to find two during this last recruitment. They are expected to join us the first part of December. At that point we are fully staffed, though we are low on Extra Help Mental health Workers and Psychiatric Technicians, so recruitments are in process.

- Program Development: Our two current areas of focus are consistent implementation of the Program Unit Schedule and reduction of seclusion and restraint through the implementation of the Pro-ACT principles. Both are very connected as we believe client engagement equals safety in many cases. Staff continues to work hard to address both of these areas of focus.

MHSA (Ren Scammon)

- The FY 13/14 MHSA Plan will go before the Board of Supervisors for adoption on December 10, 2013. Updates approved by the Mental Health Commission on October 30, 2013 are being incorporated into the Plan. New contracts and Request for Proposals will be developed as indicated in the FY 13/14 MHSA Plan once the Board has adopted the Plan.
- Award notification for the RFP for Children's PEI programs (Incredible Years, School-Based Early Intervention for referrals and the Primary Intervention Project) was posted by Procurements and Contracts on 11/5/13 and is scheduled for approval by the Board of Supervisors on December 10. The successful Proposers for the subject RFP are:

<u>Proposer</u>	<u>Program</u>
El Dorado Hills Community Vision	Early Intervention for Youth
New Morning Youth and Family Services	Early Intervention for Youth
Black Oak Mine Union School District	Primary Intervention Project (PIP)
El Dorado Hills Community Vision	Primary Intervention Project (PIP)
Tahoe Youth and Family Services	Primary Intervention Project (PIP)
New Morning Youth and Family Services	Incredible Years

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El Dorado Hills Community Vision	Primary Intervention Project (PIP)
Tahoe Youth and Family Services	Primary Intervention Project (PIP)
New Morning Youth and Family Services	Incredible Years

Behavioral Health Court (Shirley White)

- South Lake Tahoe Behavioral Health Court has 10 active participants, one client transferred to another county this month. Three new referrals are pending assessment. Group attendance and medication appointment attendance has been very good this last month. Next court date will be held on November 21 beginning at 1:30pm.
- Placerville Behavioral Health Court has 13 active participants, 8 participants were given positive recognition in court for their outstanding achievements over the past month. Check in group will resume at our Victory Mine location next Monday. Next court proceedings will be held on December 2 beginning at 1:30 pm.

Patients' Rights Advocate (Doris Jones)

- PHF: My office is now located right off of the PHF Lobby. This move has created a greater opportunity for me to be available to clients, their families and their support team members, to meet, answer questions and provide information, education, and resources. I am working closely with the PHF Staff, advocating for clients' needs, requests and preferences.
- Outreach: Friday, November 1: Site visit to Hangtown Haven; met with staff, volunteers and residents to introduce myself and to explain my role and the services that I provide for Mental Health Clients. Plan is to have ongoing periodic contact with Hangtown Haven.

DRAFT

**El Dorado County Health and Human Services Agency
Mental Health Division Update
Mental Health Commission
January 22, 2014 Meeting**

Assistant Director Update (Patricia Charles-Heathers)

- I cannot speak enough about the wonderful collaboration we continue to have with NAMI, who is always willing to lend a hand and provide support to our clients. Thank you for all you do!
- We continue to improve our services in the Mental Health Division. West Slope has added some very talented and passionate Clinicians who have already begun providing services to our clients. South Lake Tahoe's Intensive Case Management Team is off to a wonderful start, with 2 new Clinicians and solid leadership from the Mental Health Program Coordinator, Sabrina Owen-Balme.
- Dr. Price and I continue to work diligently at recruiting Psychiatrists. Dr. Moghaddas continues to work 4 days weekly in our West Slope Outpatient Clinic, we added Adult Telepsychiatry with Dr. Malik in South Lake Tahoe 2 x weekly and we added 1 day of Child and Adolescent Telepsychiatry to the West Slope with Dr. Krishnamoorthy. We are continuing to recruit for full time Psychiatrists with the goal of having Dr. Price provide more support to the community with a strong focus on Primary Care Integration and less direct service.
- We will begin developing the FY 14/15 Budget over the next month with support from our HHSFA Fiscal Staff. Our goal is to clearly define which staff are providing what type of services, so that we create a greater balance between MHSA and Traditional Services.

Adult Outpatient Services (Dennis Plunkett)

- December was an exciting month at the Wellness Center with Grand Opening events held during the week of December 9th. Representatives from many of our community partners attended as did members of the community, Mental Health Commission, NAMI, and the Board of Supervisors from the County of El Dorado.
- A special thanks goes out to Supervisor Veerkamp and MH Staff Darlene Bratton for participating in the 'Ribbon Cutting' Ceremony.
- On December 18th, EDC Mental Health hosted a client holiday party for Mental Health clients that featured a bountiful spread of traditional holiday food, drinks, gifts and fun!! Utilizing the resources of our beautiful Wellness Center, several turkeys, hams, and all the fixings were served and a good time was had by everyone who attended!!! Special thanks to NAMI for their support in hosting this event.
- The majority of tenant improvements have been completed at the new location with the addition of lower parking lot in late November. The pad for the bus stop is also in place; however, the bus stop shelter/structure is currently being manufactured and will feature solar lighting.
- Other major items still in progress include the cover for the outside deck and steps from the lower parking lot.
- The internal shuttle continues to be a productive option for transportation. Since the average weekly transport numbers continue steady, MH will continue running the

internal transport and review possibility of including this option in the upcoming budget.

- Several new Clinicians joined the team – Welcome to:
 - Emma Curtis – WS Adult Outpatient Services Team
 - Mary Gough – ADP team, Co-Occurring Disorder Treatment
 - Lorena Elliott – WS Utilization Review Team
 - Laura Neimark-Gizara – WS Utilization Review Team
 - Angie Moxey – WS Intensive Case Management (ICM)
 - Elana Berman – WS Intensive Case Management (ICM)
 - Trina Brown – SLT Intensive Case Management (ICM)
 - Chandra Bomben – SLT Intensive Case Management (ICM)
 - Arturo Rangel – WS AB109

Groups

- Several new groups began Nov/Dec
 - Medication Management - Mondays 11am - Noon (begins 1/27/14)
 - Anger Management - Mondays 2pm - 3pm
 - DBT Therapy/Skills - Tuesdays 10am - Noon (2 groups due to size)
 - DBT Bipolar - Wednesdays 10am - 11:30am
 - Mindfulness/Stress Reduction - Thursdays 10:30 - Noon
 - DBT Anxiety/Depression - Friday 10 am - 11:30 am (begins 1/24/14)

Staffing:

- Current Recruitments:
 - Mental Health Clinician WS (replacement for Eileen Ramirez) Juvenile Hall
 - Mental Health Worker WS Clinic
 - Mental Health Aide WS (ICM)
 - Psychiatric Technician WS (ICM)

South Lake Tahoe:

- ICM team staffed with 2 Mental Health Clinicians hit the ground running and have already made impact in providing Community Based Services.
- Anxiety Group (new)
- Men's Group (new)
- DDx Group (new) Tallac - TAY group co-facilitated by Alcohol and Drug Program and Mental Health
- DBT Group Wellness (new)
- DBT Group Clinic - upcoming

Continuum of Care: Current Placement Statistics

- 59 LPS conservatorships
- 1 Temporary Conservatorship pending

Placement: Transitional Houses/Cottage/Apartment

- 24 beds
- 23 active residents,
- Transitional Skills meeting/House meetings/daily activities
- Minimum of 4 check ins during week (ICM Team)

Board and Care/IMDs/Secure Placements

- 70 out of county placements

Children's Outpatient Services (Jamie Samboceti)

- We are expanding our services with Contract Providers for Children's Services. Our UR unit will complete all intake assessments to determine Medical Necessity and when appropriate will refer to our Contract Providers.
- Mental Health Outpatient Services continues to provide Medication Services to children who are open to our clinic including a few medication only cases and children referred to Contract Providers who need medication services.
- We have Dr. Krishnamoorthy one day a week to provide service to WS and SLT via Telepsychiatry. There have been some issues around equipment compatibility which have resulted in some challenges in providing service. Those issues are now resolved.
- Summitview has a Psychiatrist and is serving the needs of those children referred to their clinic. Other Contract Providers are considering hiring for psychiatry services as well.

Psychiatric Emergency Services (Jamie Samboceti)

- HHSa has applied for a three and a half year grant to improve crisis triage services. The proposed program includes Crisis Clinicians available to be stationed at the hospitals in the evening (8:00 pm to midnight) and follow-up services with individuals after their crisis episode. Grant award notifications are anticipated by the end of the month.
- Crisis is now integrated into the Intensive Case Management Team (ICM). SLT has already started their ICM Team activities, working in the field with our FSP/crisis clients, as they are fully staffed. WS is still in need of an ICM Clinician which we are in the process of hiring at this time.
- The ICM/Crisis Team will primarily work in the field from 8am to 8pm daily. Psychiatric Emergency Services (PES) in SLT from 8pm to 8am will be staffed with Extra Help Clinical Staff. Clinicians for these positions are in the process of being hired.
- WS PES is covered by full time staff from 8am to midnight. In the next few weeks, PES midnight to 8am will be covered on WS by the PHF NOC Shift staff. WS is also hiring Extra Help Clinical Staff to cover PES weekends, holidays, sick time, and vacation time. The Extra Help recruitment will remain open.

Crisis Intervention Team (CIT) (Jamie Samboceti)

- The Crisis Intervention Team is expanding its communication. CIT is a team of people from various agencies and community members who are focused on consumer and community safety. The team works together to problem solve issues around our high risk population and provides resources and follow up. Officers are trained and have improved understanding of mental health issues and how to respond in crisis situations.
- In Tahoe we have our first organized meeting coming up on 1/28. Sabrina Owen, MH Program Coordinator in South Lake Tahoe, has already met with the Sheriff and

Police to begin the process. We are providing the officers with our crisis cell phone numbers to improve our communication from 8am to 8pm daily.

- The Placerville Team has been working together for several years and have recently made some improvements. I receive all crisis assessments and provide disposition information to the CIT coordinator, Michael Seligsohn. He then assigns the case to one of his CIT trained officers to do a home visit. CIT officers have been doing the follow up when they have time, but they recently received a grant that will help them identify shifts for follow up services.
- We are currently looking at grants to add a Clinician to conduct follow up services with officers. We meet quarterly at this time and are considering monthly. We also meet in emergency situations as needed.

Psychiatric Health Facility (Cheree Haffner)

- Big Thank You to NAMI for providing the Christmas bags for patients again this year. Our patients are always so delighted by them on Christmas morning!
- Cheree Haffner and Jamie Samboceti became Certified Pro-ACT Trainers. Currently making plans for yearly renewal trainings for PHF staff as well as ongoing training for new staff across the Agency.
- Crisis Intervention was integrated into the Graveyard team at the PHF.
- Recruiting for 1 vacant RN position and staff to increase our extra help pools, but otherwise all positions are filled.
- Excited about beginning integration with Alcohol and Drug Program for assessments, referral recommendations and groups delivered in the PHF.

MHSA (Ren Scammon)

- On December 10, the Board of Supervisors adopted the FY 13/14 MHSA Plan. The MHSA team is drafting agreements for services (for sole source programs identified in the Plan) and developing Requests for Proposals (for competitive procurement programs identified in the Plan).
- The Community Planning Process for FY 14/15 Plan for underway. We are scheduling public meetings and offering community organizations the opportunity to host meetings for their clients, staff and members. The dates and times of the public meetings are being added to the MHSA webpage (<http://www.edcgov.us/Government/MentalHealth/MHSA.aspx>) under "List of MHSA Community Meetings Scheduled." We also published a survey to learn the preferred days of the weeks and times of public meetings, along with the identification of potential meeting sites. The survey closes January 20 (<https://www.surveymonkey.com/s/FY1415CPP>).
- The Barton Hospital Community Advisory Committee hosted a forum on mental health services in South Lake Tahoe on Friday, January 10. Individuals from the El Dorado County Sheriff's Department, South Lake Tahoe Police Department, HHS Mental Health Division, and Barton were on a panel to discuss the strengths of mental health services in the Tahoe basin and opportunities for improvement in services and/or collaboration. Audience members included health care providers, mental health providers, law enforcement, education and NAMI, along with others. The forum provided the community with the opportunity to hear about programs currently underway (such as the Crisis Intervention Team (CIT) through

EDSO or the Intensive Case Management (ICM) team through the Mental Health Division). There was also good discussion around the connection between the Alcohol and Drug Program and Mental Health Services, and the privacy issues that exist with the two service areas.

- MHSA is planning to host three suicide prevention trainings in the coming months: safeTALK and ASIST, and a safeTALK Train-the-Trainer event. Similar to Mental Health First Aid, these programs are designed to help individuals identify the warning signs of suicide and help a person who may be contemplating suicide until professional assistance is available. More information about these opportunities will be available on the MHSA Suicide Prevention web page ([http://www.edcgov.us/Government/MentalHealth/Suicide Prevention Info and Resources.aspx](http://www.edcgov.us/Government/MentalHealth/Suicide%20Prevention%20Info%20and%20Resources.aspx)).

Behavioral Health Court (Shirley White)

- Placerville Behavioral Health Court currently has 10 active participants and one new referral pending assessment to determine eligibility. One client successfully graduated and had a job upon graduation. Next court proceedings will be held on February 3, 2014 at the Main Street Court. Proceedings begin at 2pm.
- South lake Tahoe Behavioral health Court has 12 active participants. One client was acknowledged by Judge Bailey and the team for his successes during his 15 months of participation. This client will be receiving the reward of having his legal fines and fees completely dropped. Two new referrals are in the assessment process to determine eligibility. Next court date will be on January 23. Proceedings begin at 1:30pm.

Patients' Rights Advocate (Doris Jones)

- PHF: Working and collaborating daily with clients, their families and support systems and staff, providing advocacy, assistance, information and referrals.
- MH Site Safety: All sites are current on quarterly emergency drills and Site Safety Coordinators Meetings. Attended the December County-Wide Safety Coordinators' Quarterly Meeting which included an introduction to TargetSolutions, the County's online training and records management system for streamlining training management.
- Member of HHS Strategic Plan Committees: Staff Safety, Retention, Development/Training.
- Scheduled Trainings:
 - February 26, 27, 28, Sacramento, CA: The 2014 annual training for County Title 9 Patients' Rights Advocates which will include the most current information available regarding laws, regulations, best practices and ethics in advocacy.
 - January 30 - March 6, 2014: TargetSolutions Academy webinar series, a 6-part online risk management training system for Site Safety Coordinators.