

**EL DORADO COUNTY
MENTAL HEALTH COMMISSION
WEST SLOPE COUNCIL MEETING
Minutes for February 23, 2011**

TIME: 5:00 pm
PLACE: Western Slope -
Mental Health Outpatient Clinic
670 Placerville Drive, 2nd Floor
Placerville, CA 95667

I. Call to Order; Roll Call; Introductions:

Members: Bonnie McLane, Guadalupe Medrano, Claudia Ball, Lori Shepherd, Jeanne Lahey, Lee Kaplan

Guests: Brenda Bailey, Ben Kindley, Gil Ball

Staff: Neda West, Chris Kondo-Lister, Sophie Cabrera, Lisa Wright, Mike Wright, Shirley White, Prestine Skinner, Janet Stevens

II. Approval of Agenda

III. Public Comment:

None

IV. Approval of Minutes:

- January 26, 2011: Minutes not available.

V. Continuing Business:

- A. Discussion of West Slope Membership: Ron Briggs will be the Board of Supervisors' representative on the Mental Health Commission; Brenda Bailey will attend as his delegate. In addition to the participation of a Board of Supervisors representative, the Commission bylaws specify 9 members on the WS Council and 6 on the SLT Council; the West Slope Council currently has one open position.
- B. BOS Report: Jan, Cathy, and Bonnie have been working on the BOS Report. The Commission intends to finish the report shortly, so that it can be presented to the Board of Supervisors in late April or early May.
- C. MHSIA Innovation Planning Process: The Innovation Plan has been posted and a Public Hearing; the Department has asked the MH Commission to host a Public Hearing at noon on Friday, March 25.

VI. Mental Health Division Reports:

- A. Program Updates

- BHC: Shirley and Rob have been attending BHC proceedings, increasing the collaboration between MH and the Alcohol and Drug program. There are twelve active clients in Placerville and one assessment pending for a new referral. The SLT BHC has eleven active clients, with two new referrals. Most clients were in full compliance at their most recent court appearance, and Placerville will celebrate a BHC graduation during their March 7 court proceedings (2:30 PM in Department 2, Judge Proud's courtroom). BHC in Tahoe will meet again on March 17.

B. Budget Updates: The State budget situation remains very uncertain; the MHD has no specific budget updates at this time.

VII. New Business:

A. Planning and Budget (Contracts) Committee: The group that had been functioning as the "Contracts Committee" has been re-named the "Planning and Budget Committee" to conform to the committee structure established in Commission bylaws. The Committee's membership and objectives will remain the same; current Committee members are Bonnie, Claudia, Jane and Lori on the West Slope, and Dr. Lynn and Denise in SLT. The Committee is currently reviewing the Innovation program plan.

B. Ideas for Commission Goals: The Chairperson asks that Commission members consider what they want to propose as group goals for the upcoming year. Commission Goals will be included on the agenda for the March 23 Commission meeting.

C. Laura's Law Background: Cathy Hartrum wanted to share information regarding Laura's Law, but was unable to attend. Other members discussed this issue, and Lori Shepherd provided a packet of information on the law. Commission members discussed various implementation issues and the MHD offered information on rules that restrict the use of MHSA funds for involuntary MH services. The Commission agreed to keep Laura's Law on the table for future discussion.

VIII. Brief Reports:

A. Consumer Leadership:

- Lee, Lori and Jane will contact staff who attended the Bruce Anderson training for feedback. The general feeling is that consumers are happy with the services provided in the Wellness Center.
- Commission members were enthusiastic about plans to bring consumers on both slopes together for a camp-out and barbeque in South Lake Tahoe during the summer. This activity had been popular in past years, but has not been held recently. Consumer leaders were encouraged to request support from the MHD if needed.

B. Mental Health First Aid:

- Two community volunteers completed the 40-hour Mental Health First Aid train-the-trainer program in Sacramento and offered their first community MH First Aid training event in January. The MHD is sending an additional four participants to a train-the-trainer event in April, with the expectation that more community

events will be scheduled both on the West Slope and in Tahoe. Mental Health First Aid teaches basic skills to help members of the public recognize and offer support when someone appears to be in emotional distress.

C. Psychiatric Rehabilitation

- The MHD is compiling a list of materials to purchase in order to begin implementation of the MHSA Workforce Education and Training (WET) program plan #3. Based on MH Commission recommendations, Psychiatric Rehabilitation Training from Boston University will be used to train practitioners to assist consumers through the rehabilitation process.

IX. Commission Comments/Open Discussion:

None

X. Adjournment

Next Meetings:

Joint Council: Wednesday, March 23 at 5:00 PM