



June Menu 2014

Suggested Donation \$3.00 for adults 60 yrs or older

Lunch is served 12:00 -12:30 pm

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Tuna Salad Plate Cream of Broccoli Soup + Grapes French Bread & Milk</p>	<p>3</p> <p>Beef Burgundy Noodles California Blend Vegetables * Half Banana Juice + Biscuit & Milk</p>	<p>4</p> <p>Macaroni & Cheese Casserole with Ham Green Beans Half Orange +  Cornbread & Milk</p>	<p>5</p> <p>Baked Chicken with Gravy Mashed Potatoes Carrots * Oatmeal Raisin Cookie Juice + Wheat Bread & Milk</p>	<p>6</p> <p>Polish Dog with Sauerkraut Carrot Salad * with Raisins & Pineapple Tater Tots Applesauce  Juice + Milk</p>
<p>9</p> <p>Chicken Tamale Pie Tossed Green Salad * Green Beans Sherbet Juice + Wheat Bread & Milk</p>	<p>10</p> <p>Cottage Cheese and Fruit Plate + Potato Leek Soup Peanut Butter Cookie Bran Bread & Milk</p>	<p>11</p> <p>Pork & Black Bean Enchilada Coleslaw Spanish Rice Half Orange +  Milk</p>	<p>12</p> <p>Meat Lasagna Italian Blend Vegetables * Pears Juice +  French Bread & Milk</p>	<p>13</p> <p>Turkey Divan Brown Rice Broccoli + Cantaloupe +* Breadstick & Milk</p>
<p>16</p> <p>Breaded Pollock with Tartar Sauce Coleslaw Rice Pilaf Pears Juice + Wheat Bread & Milk</p>	<p>17</p> <p>BBQ Cheeseburger with Lettuce, Tomato, Onion Roasted Red Potatoes Watermelon Juice + Milk</p>	<p>18</p> <p>Ranch Chicken Salad with Pasta Vegetable Soup Cantaloupe +* Wheat Roll & Milk</p>	<p>19</p> <p>Cheese Ravioli with Marinara Sauce Tossed Green Salad * Grapes Juice + Bran Bread & Milk</p>	<p>20</p> <p>Meatloaf with Gravy Mashed Potatoes California Blend Vegetables * Half Orange + Wheat Bread & Milk</p>
<p>23</p> <p>Sweet 'n Sour Meatballs Brown Rice Oriental Vegetables Fortune Cookie Juice + Milk</p>	<p>24</p> <p>Turkey Wrap Sandwich Carrot Beet Salad * Mandarin Oranges +  Milk</p>	<p>25</p> <p>Crab Cake with Cucumber Sauce Red Potatoes Carrots * Pineapple Juice + French Bread & Milk</p>	<p>26</p> <p>Chicken Marbella Penne Pasta Italian Blend Vegetables * Grapes Juice + Wheat Roll & Milk</p>	<p>27</p> <p>Birthday Luncheon BBQ Ribs Baked Beans Corn/Carrots * Peach Crisp Juice +  Wheat Bread & Milk</p>
<p>30</p> <p>Salisbury Steak with Gravy Red Potatoes Mixed Vegetables * Applesauce Juice + Wheat Bread & Milk</p>		<p><i>The salt & pepper shakers indicate a meal containing more than 1000 mg of Sodium</i> </p>	<p><i>Look for the foods rich in</i> * Vitamin A + Vitamin C (Menu is subject to change)</p>	

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