



Y.A.N.A.
You Are **Not** Alone

**A Telephone Reassurance
Program for El Dorado
County Residents**

(530) 621-6255





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Being alone is one of the greatest fears older adults have as they grow older. The YANA Program has been credited with saving the lives of many older adults who live alone and have fallen or become sick during the night.

This FREE service allows older adults to find comfort and security knowing that someone will be checking on them on a daily basis and in the event that something does happen, family or friends will be notified.

How Does It Work

- ◆ Calls are made daily, before 10:00 a.m.
- ◆ If a participant does not answer the phone after several attempts are made to reach them, a series of steps follow to assure their safety and well-being.
- ◆ When the above attempts fail and contact with participant cannot be made, local Law Enforcement is called to check on the participants well-being.

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www.co.el-dorado.ca.us/humanservices/yana