

## Special Medical Needs

If you or someone in your household uses special medical equipment, you will want to make sure to have:

- Back-up batteries or power supply
- Prescription medication
- Extra eyeglasses, hearing aids and batteries, walkers, canes, etc.
- Teach someone else how to use your equipment

## Maintaining Your Kit

- Once you have all of your supplies together in one location, you can put them into a plastic bin that can be sealed to prevent moisture or pests from getting in.
- Twice a year, check to make sure that nothing has expired and that you have the proper seasonal supplies and clothing in your kit. A good time to do this is when it's time to change the clocks for daylight savings time.
- Store your supplies in a central location and make sure that your family and other trusted people know where to locate your supplies.

## For More Information Visit:

**El Dorado County Emergency Preparedness and Response**

[www.edcgov.us/preparedness](http://www.edcgov.us/preparedness)

Find Us On Social Media:  
EDCPreparedness



**Ready.gov**

[www.ready.gov/build-a-kit](http://www.ready.gov/build-a-kit)

**Centers for Disease Control and Prevention**

[www.emergency.cdc.gov/preparedness](http://www.emergency.cdc.gov/preparedness)



*Emergency Preparedness and Response is a program of the El Dorado County Health and Human Services Agency*

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# What's In Your Kit?



*Tips to develop and maintain your Emergency Kit*

**El Dorado County  
Emergency Preparedness  
& Response**

## The Basics

Making a kit can seem overwhelming, however, most of these items you may already have in your home:

- Flashlight and extra batteries
- Manual can opener
- Battery-operated radio
- Matches in a waterproof container
- Food and water for 3 days for your family and pets
- Hygiene supplies (i.e. toilet paper, feminine products, soap)
- Garbage bags
- Paper plates, cups and plastic utensils
- Tool kit
- First aid and other medical supplies
- Cash
- Important documents (i.e. insurance policies, birth certificates, medical information, deeds, bank information, etc)
- Clothing and shoes for each person



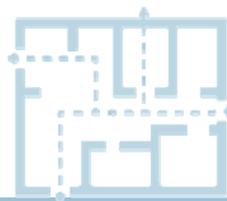
**Make a Kit**



## At Work

You may not be at home when an emergency occurs.

- Flashlight with extra batteries
- Battery-powered radio
- Enough nonperishable food and water for 1 day
- First aid kit and prescription drugs
- Complete change of clothing and shoes
- Personal hygiene items
- Family emergency contact information



**Have a Plan**

## In Your Car

- Flashlight with extra batteries
- First aid kit and blanket
- Bottled water and nonperishable foods, like granola bars
- Extra shoes and clothing
- Leather work gloves

## Infants & Children

- Infant formula and baby food
- Diapers and wipes
- Weather-appropriate clothing
- Extra blanket
- Security item (i.e. stuffed animal)
- A few toys or games

## Pets & Other Animals

- Pet food, water and bowls
- Leash, collar, harness, ID tags
- Pet carrier
- Vaccine records
- Trailers for larger animals



**Be Informed**