

## Special Medical Needs

Take extra steps to prepare for emergencies.

- Back-up batteries or power supply
- Prescription medication
- Extra eyeglasses, hearing aids and batteries, walkers, canes, etc.
- Show your support network - a friend or family member—how to help with your medical equipment

## Maintaining Your Kit

- Put your supplies into a plastic bin that can be sealed to prevent moisture or pests from getting in.
- Twice a year, check expiration dates. Have the proper seasonal supplies and clothing in your kit. A good time to do this is when it's time to change the clocks for daylight savings time.
- Store your supplies in a central location and make sure that your family and other trusted people know where to locate your supplies.

## For More Information Visit:

**El Dorado County Emergency Preparedness and Response**

[www.edcgov.us/preparedness](http://www.edcgov.us/preparedness)

**Find Us On Social Media:**  
**EDCPreparedness**



**Ready.gov**

[www.ready.gov/build-a-kit](http://www.ready.gov/build-a-kit)

**Centers for Disease Control and Prevention**

[www.emergency.cdc.gov/preparedness](http://www.emergency.cdc.gov/preparedness)



*Emergency Preparedness and Response is a program of the El Dorado County Health and Human Services Agency*

El Dorado County  
Emergency Preparedness and Response  
2900 Fair Lane Court  
Placerville, CA  
(530) 621-7560

# What's In Your Kit?



*Make and Maintain a Family Emergency Kit*

**El Dorado County  
Emergency Preparedness  
& Response**

## The Basics

Making a kit may seem overwhelming, but you likely have these items in your home already. Personalize your kit to fit your family needs.

- Nonperishable food and water for 3 days for family and pets
- First aid kit. Medical supplies
- Emergency contact list
- Flashlight. Extra batteries
- Battery or hand-crank radio
- Personal hygiene supplies (medications, toilet paper, feminine products, etc.)
- Copies of important documents (i.e. insurance policies, birth certificates, medical information, deeds, bank information, etc.)
- Paper plates, cups, plastic utensils, manual can opener, garbage bags
- Cash- small denominations
- Extra clothing and shoes for each person



**Make a Kit**



## At Work

Disasters can happen anytime. You may not be home when an emergency occurs.

- Nonperishable food and water for 1 day
- Emergency contact information
- Flashlight and extra batteries
- Battery or hand-crank radio
- First aid kit and prescription drugs
- Change of clothing and shoes
- Personal hygiene items



**Have a Plan**

## In Your Car

- Flashlight with extra batteries
- First aid kit and blanket
- Bottled water and nonperishable foods, like granola bars
- Extra shoes, clothing, work gloves
- Paper road map

## Infants & Children

- Infant formula and baby food
- Diapers and wipes
- Weather-appropriate clothing
- Extra blanket
- Comfort items (i.e. stuffed animal)
- A few toys, books or games

## Pets & Other Animals

- Pet food, water and bowls
- Leash, collar, harness, ID tags
- Pet carrier/Trailer for large animals
- Vaccination & veterinarian info



**Be Informed**