

## Integrated Treatment

**Assessment:** Individual medical, educational, mental and behavioral health screenings and assessments are utilized in collaboration with the youth, parents, probation officers and community partners. Assessment services are ongoing and integrated in treatment planning.

**Medical Services:** WellPath provides on-site medical care with licensed medical providers, telepsychiatry, medication management with licensed psychiatrist, dental and vision care with medical staff. All emergency services are provided at local emergency rooms and staff have access to twenty four hour on-call medical consultation.

**Educational Services:** El Dorado County Office of Education provides educational services for youth obtaining high school credits, a diploma or its equivalency. Continuing education opportunities are offered post-graduation to assist with vocational or career entry.

**Religious Services:** Religious, spiritually based services, individual counseling, religious diets and/or modified worship services can be accommodated by a local church volunteer, clergy or Chaplain. Church services and bible study is available each week to all youth.

**Legal Services:** Legal services, consultation with attorneys and court requested evaluations are scheduled and hosted to assist youth with court proceedings. Youth requiring additional coordination of services such as child family team meetings or multi agency case staffing to provide collaborative and comprehensive care are held.

**Mental Health Services:** Mental health and behavioral health services can include screenings, assessments, individual and family therapy, educational classes, psychoeducational groups, substance use counseling, medication management, suicide prevention, cognitive behavioral therapies, rehabilitative activities, prosocial groups as well as transitional and aftercare coordination.

**Treatment Planning:** Treatment team meetings with multiple agencies and disciplines are held weekly to identify strengths, needs, program progression as well as ongoing transition and aftercare planning for each and every youth.

**Transition Planning:** Transition planning can include reunification therapy, community re-entry services, temporary releases and coordination of aftercare services to increase youth's access to community based resources, assist with a transitioning of care and promote connection, safety, stability within the community.

## Targeted Interventions

Matrix Model Criminal Justice Settings  
Matrix Model For Teens & Young Adults  
Matrix Model For American Indians  
Coping With Anger  
Relapse Prevention Planning  
Forward Thinking's Substance Using Behaviors  
Fatal Vision Driving Under Influence Prevention  
Red Asphalt Dangerous Driving Prevention  
Yoga and Pilates Large Muscle Exercise  
Drumming Forward One Beat At A Time  
Culinary Skill Development Baker's Brigade  
Juvenile Service Council Events and Book Club  
Tahoe Connections Career and Qualities Assessment  
Blue Water Sailing Excursion  
Epic Discovery Day Heavenly Resort  
Girl's Circle Mind, Body Spirit, Body Image, Being A Girl  
Astronomy Peer Discussion Group  
Forward Thinking's Responsible Behavior  
Forward Thinking's Victim Awareness  
Incarcerated Students Program  
Community Works My Story, Voice, Future Matters  
Nutrition Education and Skill Development  
Connections Youth Employment Program  
Character Based Literature  
12-Step Anonymous Support Groups  
Breath and Urine Analyses  
Soft Skills Vocational Development  
Forward Thinking's Handling Difficult Feelings  
Moral Reconciliation Therapy  
Healthy Relationships and Empowerment Group  
Forward Thinking's What Got Me Here  
Forward Thinking's Individual Change Plan  
Connections One Stop Jobs and Training  
Boy's Council Leaving A Legacy, Men of Honor  
Thinking For A Change  
Public Health Nursing's At-Risk Families  
Courage To Change Family Ties Interactive Journal  
Paper Tigers ACES Documentary  
Soft Heart Child Parental Substance Use Education  
First Impressions Family Violence Education  
Juvenile Detainee Voting Registration Program  
TED Talks Peer Discussion Groups  
Forward Thinking's Re-entry Planning  
Mother-Daughter Heart Of The Matter  
Girl's Circle My Family, My Self  
Forward Thinking's Relationships and Communication  
Suicide Prevention and Safety Planning  
Work Project Community Service  
Boy's Council Journey Of The Great Warrior  
Community Reentry Temporary Releases  
Anger Management For Substance Use and Mental Health

Targeted Interventions listed above are examples and not exhaustive.

# El Dorado County Probation Department



## Juvenile Detention Facilities Programs and Services

**Juvenile Treatment Center**  
**1041 Al Tahoe Boulevard**  
**South Lake Tahoe, California 96150**  
**530-573-7980**

## Individualized Programming

**Chances:** The Chances Program is a 30-day commitment for post-dispositional youth to obtain a comprehensive assessment of risk, determine appropriate supervision needs, services and connection to community-based resources. The Chances Program is designed to assess, stabilize and establish referrals within the community. Youth are provided integrated treatment and transitional planning with access to medical, educational, religious, legal, mental and behavioral health services. Daily interventions and incentive-based behavior modification is provided to improve overall well-being.

**Choices:** The Choices Program is a 90-day commitment for post-dispositional youth with a moderate to high risk to re-offend, provides immediate supervision and stability. The Choices Program is designed to identify the increasing need for supervision and stability. Youth are provided integrated treatment planning with access to medical, educational, religious, legal, mental and behavioral health services. Daily interventions, incentive-based behavior modification as well as targeted interventions are used to specifically address each youth's criminogenic needs. Targeted interventions are and offered at various times; not all interventions are offered within this commitment.

**Changes:** The Changes Program is a 180-day commitment for post-dispositional youth with moderate to high risk to re-offend providing continued supervision and stability. The Changes Program is designed to re-examine supervision needs and barriers to stability. Youth are provided integrated treatment planning with access to medical, educational, religious, legal, mental and behavioral health services, daily interventions, incentive-based behavior modification, targeted interventions as well as transitional planning. Full completion of curriculum can be completed within this commitment. Transitional planning can include reunification, re-entry and aftercare services to promote connection, safety, independent living skills as well as increased access to community resources.

**Challenge:** The Challenge Program is a 240-day commitment for post-dispositional youth with the highest risk to re-offend. The Challenge Program is designed for youth needing intensive interventions to address complex needs. Youth are provided integrated treatment planning with access to medical, educational, religious, legal, mental and behavioral health services, daily interventions, incentive-based behavior modification, targeted interventions as well as transitional planning. Full completion of curriculum can be completed within this commitment.

## Behavior Modification

**Behavior Modification:** Behavior modification is incentive-based and used to elicit positive behavior from youth. Points can be earned simply by doing the minimums and dollars can be earned for demonstrating encouraging attitudes and behaviors.

**Full Status:** Full Status is designated upon admission and youth are identified by gray, orange and tan t-shirts. Full Status youth are expected to adhere to all rules, demonstrate appropriate behavior and peer and staff relationships, participate in activities, services as well as maintain passing school grades and average citizenship level.

**Job Status:** Job Status can be applied for after fourteen consecutive days on Full Status and youth are identified by purple and lime green t-shirts. Job Status youth demonstrate responsibility, positive work ethic, participation in all services, higher than passing school grades, citizenship level and earn additional privileges.

**Honor Status:** Honor Status can be applied for after fourteen consecutive days on Job Status and youth are identified by forest green and gold t-shirts. Honor Status is a privileged position granted for youth with positive attitude, contributes to the wellbeing of peers, demonstrates strong leadership skills, self-discipline and to influence others in a positive manner and may be eligible for outside privileges.

**Phases:** Base Camp, Assent, High Camp and Summit are integrated phases for youth participating in the longest detention commitment. Phases reward demonstrated growth and appropriate behaviors with the ability to accrue points required to graduate more quickly. Youth having Honor Status and Summit Phase are expected to maintain the highest of standards and are identified by gold t-shirts.



## Individualized Interventions

**Evidence Based Practice:** The use of evidence-based practices or the research-based framework and interventions scientifically proven to achieve desired outcomes guide our rehabilitative services.

**Trauma-Informed:** Trauma-informed approaches and interventions reduce trauma responses in youth and provide staff with an ability to understand the effects of trauma and adverse childhood experiences.

**Culturally Responsive:** Culturally responsive interventions are considerate of the diversity in youth and staff with regard to race, language, ethnicity, sexual orientation, gender, gender expression, immigration status and collective values.

**Gender Specific:** Gender specific interventions are in consideration of the needs particular to male and female youth, promote tolerance, diversity, self-esteem and explore topics appropriate to each gender.

**Specific Responsibility:** The use of risk, needs and responsibility principles is utilized as a proven response to reduce re-offending in community corrections and the supervision of community members.

**Sequenced:** Targeted interventions are structured, curriculum based and offered at various times; not all interventions are offered within every detention commitment. Targeted interventions are provided based on criminogenic and acute needs, length of interventions, time in custody, considerate of external treatment recommendations, stages of change and appropriateness of the youth and therapeutic milieu.

## Visitation Hours

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|--------------------------|-----------------|
| Sunday Afternoon         | 2:30pm – 4:00pm |
| Wednesday Evenings       | 5:45pm – 6:45pm |
| Thanksgiving & Christmas | 2:30pm – 4:00pm |

Court Appointed Special Advocates, special visitors and siblings are important to youth and community members. Visiting times are designated outside of counseling, groups, meals or family visiting.