

SUPPORTING THE NEEDS OF FAMILY CAREGIVERS

Caregiver Support Gatherings

These support groups are for persons who are caring for a spouse, parent, relative or friend and wish to receive practical tips and information on how to make their caregiving journey successful.

“MY TIME” PLACERVILLE

Meets the **1st Friday** of each month 1:30—3:00 pm

Placerville Senior Center

937 Spring Street,

Placerville, CA 95667

Placerville Senior Day Care Program

530-621-6180

“At The Lake”

Meets the **1st Wednesday** of each month

3:00—4:30 pm

South Lake Tahoe Senior Center

3050 Lake Tahoe Blvd.

South Lake Tahoe, CA 96150

Family Caregiver Support Program and Alzheimer's Association

530-621-6151

EL DORADO HILLS

CARING & SHARING

Meets the **3rd Tuesday** of each month 5:30 pm—7:00 pm

El Dorado Hills Senior Center

990 Lassen Lane

El Dorado Hills, CA 95762

“The Divide Caregiver Support”

Meets the **2nd Tuesday** of each month 2:30 - 4:00 pm

Greenwood Community Center

4401 Hwy 193 – Next to the CCC

(California Conservation Corp)

Greenwood, CA 95635

Family Caregiver Support Program

530-621-6192

“AFTER 5” CAREGIVER SUPPORT GROUP

Meets the **3rd Wednesday** of each month 6:00 pm—7:30 pm

Eskaton Cottages Clubhouse

3380 Blairs Lane

Placerville, CA 95667

530-621-6180

“My Time” El Dorado Hills

Meets the **4th Thursday** of each month 10:30 - Noon

El Dorado Hills Senior Center

990 Lassen Lane

El Dorado Hills, CA 95762

El Dorado Hills Senior Day Care Program

916-358-3560

Respite may be provided to qualified caregivers

Contact the Family Caregiver Support Program 530-621-6151