



EL DORADO HILLS GILMORE CLUB ACTIVITY CALENDAR



Monday	Tuesday	Wednesday	Thursday	Friday
1 10:15 Chair Aerobics & FIT Class 11:00 May Day Tribute with Rita 11:45 Bean Bag Toss Game 1:00 Wii Bowling with Won 2:00 Camptown Ladies Entertainment 3:15 May Trivia	2 10:15 Chair Aerobics & FIT Class 11:00 King Tut Discussion 11:45 Dart Game 2:15 Q-Tip Painting Class 3:15 Life Cycle and Migration of Monarch Butterflies	3 10:15 Chair Yoga & FIT Class 11:00 70's Song Trivia Pt.1 11:45 Volleyball Game 1:00 France Scenic Tour at Gilmore 2:00 Lisa Collin's Entertainment 3:15 Bowling Game	4 10:15 Chair Aerobics & FIT Class 11:00 Amazon Shopping 11:45 Papas Toss Game 2:15 Impressionism Talk 2:15 Cinco De Mayo Hat Project 3:15 I Spy - Group Challenge	5 10:15 Chair Yoga & FIT Class 11:00 Watercolor Paint Class 11:45 Basketball Game 1:00 Cinco de Mayo Party at the Gilmore Center 3:15 Bingo Game
8 10:15 Chair Aerobics & FIT Class 11:00 Kentucky Derby Discussion 11:45 Bean Bag Toss Game 2:15 Box Art Project 2:15 10,000 Dice Game 3:15 Sing-a-Long with Dennis	9 9:00 Gilmore Gong & Chime Activity 10:15 Chair Aerobics & FIT Class 11:00 Theme Show Tunes 11:45 Ladderball Game 2:00 Bluetape Art 3:15 Kentucky Derby Facts & History	10 10:15 Chair Yoga & FIT Class 11:00 History of Tea Presentation 11:45 Noodleball Game 2:15 World War II Talk 3:15 Bingo Game 4:00 Member Moments Highlight	11 10:15 Chair Aerobics & FIT Class 11:00 DIY Cosmetics Crafting 11:45 Bocce Ball Game 2:15 String Art Projects 2:15 Crazy 8's Card Game 3:15 Travel to Ireland	12 Celebrating Don S.'s B-day 10:15 Chair Yoga & FIT Class 11:00 History of Coffee Presentation 11:45 Dart Game 1:00 Gilmore Movie Matinae 2:15 Volleyball Game 3:00 Mother's Day Tea Social 3:15 Crazy 8's Game Time
15 10:15 Chair Aerobics & FIT Class 11:00 Mother's Day Validation 11:45 Basketball Game 2:15 Card Making Class 2:15 Games with Reyna 3:15 Name that Tune Game	16 10:15 Chair Aerobics & FIT Class 11:00 70's Song Trivia Pt. 2 11:45 Bean Bag Baseball Game 2:00 Little Bit of Fiddle, Whole Lot of Bass Band 3:15 Spring Trivia	17 10:15 Chair Yoga & FIT Class 11:00 Left Handed Dress 11:45 Ladderball Game 2:15 Mary's Life Wisdom & Stories 3:15 Karaoke with Sandy 4:00 Google Eath Explorations	18 10:15 Chair Aerobics & FIT Class 11:00 Brain Busters Game 11:45 Golf Putting Game 2:15 Sand Art Project 2:15 Dominoes Game 3:15 Bingo Game	19 10:15 Chair Aerobics & FIT Class 11:00 Watercolor Paint Project 11:45 Noodleball Game 1:00 Trivia Hour at the Gilmore 2:15 Bubble Wrap Art 3:15 Sing-a-Long with Elsa
22 10:15 Chair Aerobics & FIT Class 11:00 School's Out Activity 11:45 Basketball Game 2:00 Australia Armchair Tour 3:15 Consequence Game 4:00 Patio Tour	23 10:15 Chair Yoga & FIT Class 11:00 CA Academy of Science 11:45 Ladderball Game 2:15 Mindfulness with Bill 2:15 Flower Bottom Painting 3:15 Bingo Game	24 10:15 Chair Yoga & FIT Class 11:00 Beatle Mania 11:45 Bean Bag Baseball Game 2:00 Carolyn the "Wedding Singer" 3:00 Toddler Snacks and Play Time	25 10:15 Chair Yoga & FIT Class 11:00 Makeup Artistry 11:45 Noodleball Game 2:15 Burt's Life Wisdom & Stories 3:15 Grump Out Day: Top 10 Ways to Beat a Bad Mood	26 10:15 Chair Yoga & FIT Class 11:00 Theme Parks of America 11:45 Bocce Ball Game 1:00 Gilmore Karaoke Hour 2:15 Hat Decorating Craft/Puzzles 3:15 Bowling Game
	30 10:15 Chair Yoga & FIT Class 11:00 History of Animation 11:45 Horseshoe Toss Challenge 2:15 Wii Golfing/Sports with Bill 2:15 Ice Cube Painting 3:15 Sing-a-Long with Elsa	31 10:15 Chair Yoga & FIT Class 11:00 Wacky Capes Discussion 11:45 Ladderball Game 2:15 Napkin Art 2:15 Left, Right enter Game 3:15 Bowling Game		Daily Events: 8:30 Projects, Visiting & Games 9:30 Morning Refreshments 11:00 Card Games/Spiritual Circle 12:15 Lunch 12:45 Relax/Projects/Puzzles & Afternoon Stretches 3:00 Afternoon Refreshments