

Respite Assistance

Family Caregiver Support Program
FCSP provides limited respite to qualified informal caregivers for a frail person 60 years of age.

Contact: FCSP (530) 621-6151 or (530) 621-6192

El Dorado County Senior Day Services
Free respite offered for caregivers during support groups and educational classes. Structured fees for ongoing respite care.
Contact: El Dorado Senior Day Care (530) 621-6180

Alzheimer's Association Respite Care Grants
Contact: 24/7 HELPLINE: (800) 272-3900

Del Oro Caregiver Resource Center
Limited substitute care to alleviate caregiver stress. Participant's share of cost based on sliding scale.
Contact: Del Oro Caregiver Resource Center (800) 635-0220

PLEASE CALL THE CONTACTS BEFORE SHOWING UP TO ANY GROUP, AS THE DATES AND TIMES FREQUENTLY CHANGE.

Community Support Groups and Caregiver Assistance

Bringing People & Services Together

EL DORADO COUNTY
AREA AGENCY ON AGING

Information & Assistance



937 Spring Street
Placerville, CA
95667



SENIOR
HELPLINE

An Area Agency on Aging Serving El Dorado

Toll-free: 800.510.2020
530.621.6369

Dementia

Alzheimer's Association

Family Caregiver Support Program

Date: 1st Wednesday of each month

Time: 3:00 pm to 4:30 pm

Location: South Lake Tahoe Senior Ctr
3050 South Lake Tahoe Blvd, SLT

Contact: FCSP (530) 621-6151

Frontotemporal Dementia Caregiver Support

(frontal variant FTD or Pick's Disease)

Date: 4th Wednesday of each month

Time: 7:00 pm to 8:30 pm

Location: Shriner's Hospital, UC Davis
Medical Center Campus, Board Room;
2425 Stockton Blvd, Sacramento

Contact: Denise Davis, (916) 930-9080
or 800-272-3900

Gold River Lewy Body Dementia

Caregivers & loved ones of those diagnosed with LBD

Date: 2nd Thursday of each month

Time: 10:00 am to 11:30 am

Location: Eskaton Lodge Gold River
Assisted Living & Memory Care
11390 Coloma Rd, Gold River

Contact: Denise Davis at Alzheimer's
Association (916) 930-9080 or 800-272-3900

Sacramento Pocket Area Lewy Body / Parkinson's Dementia

Date: Wednesday

Time: 10 am

Location: Revere Court Memory Care
7707 Rush River Drive, Sacramento

Contact: (916) 392-3510

Parkinson's Disease

Parkinson's Disease Support Group

Date: 1st Tuesday of each month

Time: 1:30 pm

Location: Placerville Senior Center
937 Spring Street, Placerville (530) 621-6150

Parkinson's Disease Support Group

Date: 2nd Tuesday of each month

Time: Noon to 1:30 pm

Location: Rolling Hills Church
800 White Rock Road, El Dorado Hills

Contact: Donna Rixmann
(916) 712-9642

Parkinson's Disease Support Group

Date: 2nd Wednesday of each month

Time: 3:00 pm - 4:00 pm

Location: South Lake Tahoe
Contact: ebarkley@bartonhealth.org

Neuropathy

Neuropathy Support Group

Date: 2nd Wednesday of each month

Time: 1—2:30 pm

Location: Placerville Senior Center
937 Spring Street, Placerville

Contact: (530) 621-6150

Caregiver's Support Group

My Time - A gathering for family caregivers

Date: 1st Friday of each month

Time: 1:30 pm to 3:00 pm

Location: Placerville Senior Center

937 Spring St, Placerville

Contact: Senior Day Services

(530) 621-6180

My Time El Dorado Hills - A gathering for family caregivers

Date: 4th Thursday of each month

Time: 10:30 am to 12:00 pm

Location: El Dorado Hills Senior Center

990 Lassen Lane, El Dorado Hills

Contact: Senior Day Services

(530) 621-6180

The Divide Caregiver Support

Family or friend caring for a loved one

Date: 2nd Tuesday of each month

Time: 2:30 pm to 4:00 pm

Location: Greenwood Community Center

4401 Hwy 193, Greenwood

Contact: Family Caregiver Support

Program (530) 621-6192

At the Lake - Family or friend caring for a loved one

Date: 1st Wednesday of each month

Time: 3:00 pm to 4:30 pm

Location: South Lake Tahoe Senior Ctr

3050 South Lake Tahoe Blvd, SLT

Contact: FCSP (530) 621-6151

Adult Family Caregiver Support Group

Date: 2nd Wednesday of the Month:

Time: 3:00 pm to 4 pm

Location: South Lake Tahoe

Contact: Marianna Randolph, LCSW

(530) 539-6629

Caregiver's Support Group

El Dorado Hills Caring & Sharing

Date: 3rd Tuesday of each month

Time: 5:30 pm to 7:00 pm

Location: El Dorado Hills Senior Center

990 Lassen Lane, El Dorado Hills

Contact: Denise Davis (916) 930-9080 or

(800) 272-3900

Grandparent/Kinship/Guardianship

Support—Support for those raising children of others

Date: Last Wednesday of each month

Time: 10:00 am to 11:30 am

Location: Placer Heights Baptist Church

2954 Schnell School Rd, Placerville

RSVP: Karen Russell (916) 941-8793

Caregiver Training

Aging and Caregiving Series

Classes provide hands on instruction and support for caregivers of family or friends 60 years old or greater.

Dates, times and locations vary.

Contact: Family Caregiver Support Program

(530) 621-6151 for a schedule and locations

in your area.

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Cancer

Prostate Cancer Support Group

Date: 1st Thursday of each month at 3:00 pm

Breast Cancer Support Group

Date: 2nd Thursday of each month at 3:30pm

Location: for both Prostate & Breast groups

Marshall Cancer Resource Center

3581 Palmer Drive #600, Cameron Park

Contact: Marshall Cancer Resource Center

(530) 672-7050

Grief Support Group

Reflection of Life and Loss - Support for those experiencing the loss of a loved one.

Date: 1st & 3rd Wednesday of the Month

Time: 12 pm to 1:30 pm

Location: South Lake Tahoe

Contact: Tina Bruess (530) 543-5592

Snowline Hospice—Support for those experiencing a loss of a loved one in the last 18 months.

Contact: Sue Watson (530) 621-7820

Friends for Survival—for Survivor of Suicide Victims

Location: Cameron Park

Contact: www.FriendsForSurvival.org

Survivors of Suicide

Location: South Lake Tahoe

Contact: Suicide Prevention (775) 783-1510

More Support Groups

Marshall Medical Stroke Support Group

Date: 1st Thursday of each month

Time: 12:00 pm to 1:30 pm

Location: 681 Main St Room 208,

(Midtown Mall) Placerville

Contact: (530) 626-2770 ext. 6002

Spinal Cord Injury Support Group

Date: 4th Monday of each month

Time: 6:15 pm to 8:30 pm

Location: Round Table Pizza,

3975 Missouri Flat Rd, Suite 240

Placerville

Contact: Lynn Murray (530) 295-7620

Ostomy Support Group

Date: 3rd Thursday of the month

Time: 1:00 pm

Location: Marshall Cancer Resource

Center: 3581 Palmer Drive #600,

Cameron Park

Contact: Marshall Cancer Resource Cen-

ter: (530) 672-7050

El Dorado County Visually Impaired Support Group

Date: 4th Monday of the month

Time: 1:00 pm - 2:30 pm

Location: Gold Country Retirement

Community: Commons Blg—Activity Rm 2

6041 Golden Center Ct, Placerville

- Parking & Drop-Off at Lot 4

Contact: Ellen Yevdankimov at (530) 622-

6860