



El Dorado County Health and Human Services Agency Older Adult Resource Guide

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It's a great day in El Dorado County



*Transforming Lives and
Improving Futures*



Updated 04/2019 - Information in directory may not be current after initial printing.

INTRODUCTION

This Older Adult Community Resource Guide is a service directory to assist older adults in locating services, agencies and programs. Every effort has been taken to verify the accuracy of the information included within these pages. Should you become aware of a discrepancy, please let us know by calling 530-621-6369. Information may be found on a specific agency or program website. You may contact El Dorado County Information and Assistance if you need further assistance.

El Dorado County Senior Information and Assistance

937 Spring Street, Placerville

530-621-6369 or 800-510-2020

1360 Johnson Boulevard, Suite 103, South Lake Tahoe

530-573-3490

This one-stop resource provides seniors with information and referral assistance so that they can make informed choices, continue to live safely and independently, and improve their overall well being. Hours of operation: 8:00 a.m. to 5:00 p.m. Wheelchair accessible. Languages spoken: English and Spanish

Eldercare Locator

800-677-1116

This service provides local information, referral resources and contact information for state and local agencies.



SENIOR

HELPLINE

Area Agency on Aging Serving El Dorado County

800-510-2020

530-621.6369

The El Dorado County Health and Human Service Agency (HHSA) is a public agency that partners with the community on health and welfare issues. We help residents stay healthy and become self-sufficient through a variety of health and human services.

Our Vision: Transforming Lives and Improving Futures

Our Mission: With integrity and respect, we provide effective, efficient, collaborative services that strengthen, empower and protect individuals, families and communities, thereby enhancing their quality of life.

EL DORADO COUNTY HEALTH AND HUMAN SERVICES

El Dorado County Board of Supervisors
330 Fair Lane, Placerville
www.edcgov.us/bos

530-621-5390

District 1 – John Hidahl
District II – Shiva Frentzen
District III – Brian Veerkamp
District IV – Lori Parlin
District V – Sue Novasel

El Dorado County Health and Human Services Agency
Main Line 530-642-7300
(South Lake Tahoe) 530-573-3200
www.edcgov.us/HHSA

Community Services Division

530-621-6150
(South Lake Tahoe) 530-573-3490

Information and Assistance

530-621-6369

Behavioral Health Division

530-621-6290 or **Crisis Line** 530-622-3345
(South Lake Tahoe) 530-573-7970 or **Crisis Line** 530-544-2219
24/7 Toll Free 800-929-1955

Public Health Division

530-621-6100
(South Lake Tahoe) 530-573-3155

Child Protective Services (CPS)/Foster Care

Toll Free 866-901-3212

Area Agency on Aging PSA 29
937 Spring Street, Placerville

530-621-6369 or 800-510-2020

www.edcgov.us/SeniorService.aspx

The Area Agency on Aging (AAA) is the office designated by the Board of Supervisors to carry out the daily functions and activities for citizens aged 60 and older as required under the Older Americans Act. The AAA operates within the El Dorado County Health and Human Services Agency.

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ADULT DAY CARE AND CAREGIVER PROGRAMS AND RESOURCES

The Club-Adult Day Care

935 Spring Street, Placerville

990 Lassen Lane, El Dorado Hills

www.edcgov.us/SeniorService.aspx

530-621-6180

916-358-3560

The Club-Adult Day Services provide a secure environment and therapeutic activities to help participants achieve optimal physical, mental and cognitive functioning. The programs improve the quality of life for older adults by reducing social isolation and increasing social and community engagement. The Club provides assistance to families and caregivers who care for an adult who may not be able to be left unattended or who can benefit from supervised socialization. This service may also provide respite (an opportunity for a caregiver to take a break from their caregiving duties). The Club is open Monday - Friday (excluding holidays) from 8:30 a.m. - 4:30 p.m. This is a fee-for-service program.

El Dorado County Family Caregiver Support Program (FCSP)

937 Spring Street, Placerville

www.edcgov.us/SeniorService.aspx

530-621-6151

Promotes family caregivers through support and care. Caregiver services include extensive information, referral, assistance, education, support, training, care coordination, respite care, support groups and supplemental services.

Del Oro Caregiver Resource Center

8421 Auburn Boulevard, Suite 265, Citrus Heights

www.deloro.org

916-728-9333 or 800-635-0220

Provides support to caregivers of brain impaired adults through education, respite, counseling and family consultations.

Caregiver Action Network (CAN)

1130 Connecticut Avenue, North West, Suite 300, Washington, DC

www.caregiveraction.org

202-454-3970

Provides education, peer support and resources to family caregivers across the nation (formerly the National Family Caregivers Association).

EDUCATION AND LEISURE

El Dorado County Senior Activities Program **530-621-6255**
937 Spring Street, Placerville

www.edcgov.us/SeniorService.aspx

Recreational activities designed for seniors such as travel, trips, hiking, painting, fitness, bridge, crafts, yoga, line dancing and more.

El Dorado County Senior Health Education Program (SHEP) **530-621-6151**
937 Spring Street, Placerville

www.edcgov.us/SeniorService.aspx

Exercise program for seniors and educational trainings.

AARP Driver Safety Program **800-350-7025**

www.aarp.org/auto/driver-safety/

This program is a refresher course for drivers age 50 and older.

Folsom Lake College - El Dorado Center **530-642-5644**
6699 Campus Drive, Placerville **Folsom Main Campus 916-608-6500**

www.flc.losrios.edu

A branch of Folsom Lake College that provides continued education on various topics.

Lake Tahoe Community College **530-541-4660**

1 College Drive, South Lake Tahoe

www.ltcc.edu

Lake Tahoe Community College provides educational classes/degrees on various topics.

Marshall Community Health Library **530-626-2778**

3581 Palmer Drive, Suite 101, Cameron Park

www.marshallmedical.org/library

Public library serving community members and health care providers. Free of charge.

Topics include nutrition, mental health, fitness, dementia, pregnancy, caregiving, aging, children's health and complementary therapies.

Society for Accessible Travel & Hospitality (SATH) **212-447-7284**

www.sath.org

Educational organization that raises awareness about the needs of all travelers with disabilities.

Strives to remove physical and attitudinal barriers to free access and expand travel opportunities.

Computer Labs

El Dorado Hills Senior Center **916-358-3575**
990 Lassen Lane, El Dorado Hills
www.edhcsd.org/senior_center.html

Placerville Senior Resource Room **530-621-6150**
937 Spring Street, Placerville
www.edcgov.us/Government/HumanServices/senior%20services/pages/senior_resource_and_computer_center.aspx

South Lake Tahoe Senior Center **530-542-6094**
3050 Lake Tahoe Boulevard, South Lake Tahoe

Discount Programs

Many restaurants, supermarkets and department stores offer senior discounts. Travel deals and other types of offers may also be available. Age requirements can vary for each organization, so be sure to ask.

AARP Membership **888-687-2277**
1415 L Street, Suite 960, Sacramento
www.aarp.org/card

California AARP Office **866-448-3614**
The American Association of Retired People (AARP) membership provides valuable discounts on retail products, dining, entertainment, travel and more. Health related discounts on vision, hearing, prescription and fitness services are also available.

California Department of Fish and Wildlife **916-928-5805**
1740 North Market Boulevard, Sacramento
www.wildlife.ca.gov

Offers free or reduced-fee sport fishing licenses for qualified disabled persons, disabled veterans or low-income individuals age 65 or older.

California State Parks and Recreation Department **916-653-6995**
1416 9th Street, Suite 144, Sacramento **800-777-0369**
www.parks.ca.gov

Discount passes are available for persons 62 years of age or older visiting California State Parks.

Libraries

El Dorado County Libraries provide public education for all ages. The libraries offer classes, instructional programs and research assistance. They loan, print electronic and educational resources in welcoming environments open to the entire community.

www.eldorado/library.org

Cameron Park Branch 2500 Country Club Drive, Cameron Park	530-621-5500
El Dorado County Main Library 345 Fair Lane, Placerville	530-621-5540
El Dorado Hills Branch 7455 Silva Valley Parkway, El Dorado Hills	916-358-3500
Georgetown Branch 6680 Orleans Street, Georgetown	530-333-4724
Pollock Pines Branch 6210 Pony Express Trail, Pollock Pines	530-644-2498
South Lake Tahoe Branch 1000 Rufus Allen Boulevard, South Lake Tahoe	530-573-3185
El Dorado County Law Library 550 Main Street, Suite A, Placerville	530-626-1932

Parks and Recreation

Local Parks and Recreation Departments offer many recreational opportunities for community members; many programs and classes are specifically for seniors. Parks and Recreation Departments also maintain, operate and develop parkland and open space.

Cameron Park Community Services District 2502 Country Club Drive, Cameron Park www.cameronpark.org	530-677-2231
El Dorado County Parks Department 200 Armory Drive, Placerville www.edcgov.us/parks	530-621-5360
El Dorado Hills Community Services District 1021 Harvard Way, El Dorado Hills www.edhcsd.org	916-933-6624
Community Services and Recreation and Parks 549 Main Street, Placerville www.teamsideline.com/placerville	530-642-5232
City of South Lake Tahoe Parks and Recreation 1180 Rufus Allen Boulevard, South Lake Tahoe www.cityofslt.us	530-542-6056

EMERGENCY ASSISTANCE/SERVICES

IN AN EMERGENCY CALL 911

Emergency Contacts and Information

El Dorado County Adult Protective Services	530-642-4800
El Dorado County Child Protective Services	530-642-7100
	(South Lake Tahoe) 530-573-3201
El Dorado County Fire District	530-644-9630
El Dorado County Long-Term Care Ombudsman	530-621-6271
	Or Statewide Ombudsman 24-hour CRISIS Line 800-231-4024
El Dorado County Mental Health	CRISIS Line 530-622-3345
	(South Lake Tahoe) 530-621-6290
El Dorado County Sheriff's Department	530-621-5655
	(South Lake Tahoe) 530-573-3000
Barton Memorial Hospital	530-541-3420
Cal-Trans Road Conditions	800-427-7623
City of South Lake Tahoe Fire	530-542-6160
City of South Lake Tahoe Police	530-542-6100
Marshall Medical Center	530-622-1441
Nevada Department of Transportation Road Conditions	877-687-6237
Placerville City Police Department	530-642-5210
Poison Control Center	800-222-1222
Suicide Crisis Line	800-273-8255

El Dorado County Animal Services (Western Slope) 530-621-5795
6435 Capitol Avenue, Diamond Springs
South Lake Tahoe 530-573-7925

1120 Shakori Drive, South Lake Tahoe

www.edcgov.us/AnimalServices

Shelters stray, unwanted, or displaced animals and coordinates foster and volunteer programs. Enforces state statutes and county ordinances regulating animal care and welfare; investigates citizens' complaints of animal neglect or nuisance, and responds to reports of loose and injured animals.

California Poison Control System
2315 Stockton Boulevard, Sacramento

800-222-1222

www.calpoison.org

Provides immediate, free and expert treatment advice and referral over the telephone in case of exposure to poisonous or toxic substances. In an emergency, call 911.

Office of Emergency Services (OES)

530-621-5895

ready.edso.org/

The El Dorado County Sheriff's Office CodeRED Emergency Notification System provides a number of ways for the County to contact community members in the event of an emergency such as: evacuations due to wildfires or hazardous material spills, or urgent law enforcement operations. The EDSO CodeRED Emergency Notification System may be used to deliver alerts when there is a threat to the health or safety of residents.

EMPLOYMENT AND VOCATIONAL TRAINING

HHSA Employment Resource Centers 530-642-4850

3047 Briw Road, Placerville

South Lake Tahoe

530-573-4330

3368 Lake Tahoe Boulevard, Suite 100, South Lake Tahoe

www.edcgov.us/humanservices

HHSA Employment Resource Centers helps people find jobs and businesses find employees. Services are available to the public at no cost. Centers have free access to computers, assistance with job searches, career assessments, help with resume development and interview skills, trainings and workshops to improve job skills, and more. Paid work experience and help with school tuition may be available.

Central Sierra Regional Occupational Program (ROP) 530-621-0123

4675 Missouri Flat Road, Placerville

<http://edcoe.org/educational-services/support-services/central-sierra-rop>

ROP is part of the California public school system and provides course concentrations and advanced training.

Charter Adult Education 530-622-7130

6767 Green Valley Road, Placerville

<http://aded.edcoe.org/>

Offers courses for adults to meet their educational needs.

Department of Rehabilitation, State of California 800-952-5544

1166 Broadway, Suite S, Placerville

530-626-0900

2489 Lake Tahoe Boulevard, Suite 4, South Lake Tahoe

530-541-3226

<https://www.dor.ca.gov/>

Provides advocacy resulting in employment, independent living and equality for people with disabilities.

AARP Senior Community Service Employment Program 855-850-2525

www.vcn.org/backtowork50plus

This program helps eligible people age 50 or older gain skills they need to find and sustain employment in the workforce. Eligible participants are at or below the federally recognized poverty line and are interested in bettering their current employment situation.

Employment Development Department, State of California

800-300-5616

www.caljobs.ca.gov

Connects job seekers and employers in an effort to build the economy.

Equal Employment Opportunity Commission

800-669-4000

1301 Clay Street, Suite 1170-N, Oakland

www.eeoc.gov

Enforces federal laws that make it illegal to discriminate against a job applicant or an employee because of the person's race, color, religion, sex, pregnancy, national origin, age (40 or older), disability or genetic information. It is also illegal to discriminate against a person because the person complained about discrimination, filed a charge of discrimination or participated in an employment discrimination investigation or lawsuit.

ENERGY AND UTILITY ASSISTANCE

Other financial assistance programs may be available. Call your utility provider for programs, qualifications and eligibility.

El Dorado County Home Energy Assistance Program (HEAP) 530-621-6150
937 Spring Street, Placerville

South Lake Tahoe 530-573-3490

1360 Johnson Boulevard, Suite 103, South Lake Tahoe

www.edcgov.us/humanservices

This federally funded direct payment program assists income eligible households in offsetting the cost of heating and/or cooling their homes. Funding is limited. Please call for program status.

Liberty Utilities California Alternative Rates for Energy (CARE) 800-782-2506

933 Eloise Avenue, South Lake Tahoe

<https://california.libertyutilities.com>

Provides a monthly discount on energy bills for income-qualified households and housing facilities. Qualifications are based upon the number of persons living in the home and total annual household income.

PG&E California Alternative Rates for Energy (CARE) 800-743-5000

4636 Missouri Flat Road, Placerville

www.pge.com/care

Provides a monthly discount on energy bills for income-qualified households and housing facilities. Qualifications are based upon the number of persons living in the home and total annual household income.

Southwest Gas California Alternatives Rates for Energy (CARE) 877-860-6020

400 Eagle Station Lane, Carson City

www.swgas.com

Provides a monthly discount on energy bills for income-qualified households and housing facilities. Qualifications are based upon the number of persons living in the home and total annual household income.

Federal Lifeline Program 888-CALL-FCC

www.lifelinesupport.org

Provides discounts on monthly telephone service for a wireless telephone to eligible households. Also offers a discount on the initial installation or activation fees for telephone service if your household qualifies.

California Lifeline Program

866-272-0349

www.californialifeline.com/en

Provides basic home phone service at a discount to eligible households.

California Telephone Access Program (CTAP)

800-806-1191

P.O. Box 30310, Stockton

www.californiaphones.org

Offers a range of free, specialized phones that make it easier to hear, dial and call. Also has phones designed for people with restricted mobility or speech impairments, or who are blind or deaf.

Deaf and Disabled Telecommunication Program

800-806-1191

<http://ddtp.cpuc.ca.gov>

Provides telephone communication access for deaf and disabled Californians.

Salvation Army Service Extension

530-889-3990

286 Sutter St., Auburn

www.salvationarmyusa.org

Can provide temporary emergency needs assistance that is not met by other agencies or organizations.

LEGAL SERVICES

Legal Records

El Dorado County Recorder – Clerk Office **530-621-5490**
360 Fair Lane, Building B, Placerville
South Lake Tahoe **530-573-3409**

3368 Lake Tahoe Boulevard, Suite 108, South Lake Tahoe

www.edcgov.us/countyclerk

The County Clerk issues and registers marriage licenses, accepts and indexes fictitious business name statements, files notary bond certificates, powers of attorney, surety bonds, inventory statements and certain environmental documents, and maintains a list of public rosters.

El Dorado County Office of Vital Statistics **530-621-6121**
931 Spring Street, Placerville
South Lake Tahoe **530-573-3155**

3368 Lake Tahoe Boulevard, Suite 108, South Lake Tahoe

www.edcgov.us/publichealth

The Office of Vital Statistics registers births and deaths that occur in El Dorado County.

The office also issues birth and death certificates and burial permits.

El Dorado County – Elections **530-621-7480**
2850 Fair Lane Court, Placerville
South Lake Tahoe (Recorder Clerk) **530-573-3407**

3368 Lake Tahoe Boulevard, Suite 108, SLT

(Early voting in SLT, up to 29 days before election)

www.edcgov.us/Elections

The Registrar of Voters is the department head for the Elections Department. This department provides elections services to all county residents for federal, state, county, city and special district elections.

El Dorado County Veteran Affairs **530-621-5892**
Veterans Memorial Building, 130 Placerville Drive, Placerville
South Lake Tahoe **530-573-7955 ext. 5892**

www.edcgov/Veterans

Veterans Affairs provides guidance and advice to help veterans become aware of, and claim, the many benefits they are entitled to due to their military service. Entitlements include counseling, education benefits, medical benefits, Cal-Vet home loans programs, disability pensions, military funeral service and burial benefits.

Legal Resources

El Dorado County Senior Legal Services 937 Spring Street, Placerville

530-621-6154

www.edcgov.us/SeniorService.aspx

Senior Legal Services helps El Dorado County residents age 60 or older who are seeking legal assistance with a civil, non-criminal matter. Services include estate planning, public benefits, consumer issues, health care, real property, wills & trusts, power of attorney, abuse and exploitation. Attorneys meet with seniors by appointment only.

El Dorado County Public Guardian 768 Pleasant Valley Road, Diamond Springs

530-642-4800

www.edcgov.us/humanservices

The Office of the Public Guardian ensures the physical and financial safety of persons unable to do so on their own, and when there are no viable alternatives to a public conservatorship. Services are defined and directed by the Superior Court. The Superior Court can appoint the Public Guardian as a conservator of the person only, estate only (for probate) or both person and estate.

California Fair Employment and Housing Department 2218 Kausen Drive, Suite 100, Elk Grove

916-478-7251

www.dfeh.ca.gov

This agency investigates, conciliates and litigates complaints and enforces laws regarding discrimination in employment, housing, public accommodations and hate violence.

Health Insurance Counseling and Advocacy Program (HICAP) 937 Spring Street, Placerville

530-621-6369

www.edcgov.us/SeniorService.aspx

HICAP provides assistance with Medicare questions, help with health insurance and long-term care insurance.

Legal Services of Northern California 190 Reamer Street, Auburn

530-823-7560

www.lsn.net

Legal Services of Northern California provides legal representation to low-income individuals.

Voluntary Legal Services Program 501 12th Street, Sacramento

916-551-2102

www.vlsp.org

Voluntary Legal Services Program is volunteer-based, pro bono, legal assistance with civil legal matters to low-income clients living in the Sacramento region.

Tax Preparation Assistance

AARP Tax-Aide Program
937 Spring Street, Placerville
www.aarp.org/money/taxaide

530-621-6150

AARP provides seasonal volunteer assistance with tax returns.

Franchise Tax Board
3321 Power Inn Road, Suite 250, Sacramento
www.ftb.ca.gov

800-852-5711

The Volunteer Income Tax Assistance or Tax Counseling for the Elderly programs provide volunteers to assist people who are age 60 or older, disabled or low-income with simple state tax returns. Language assistance is available.

IRS Tax Help Line
4330 Watt Avenue, Sacramento
www.irs.gov

916-974-5225 or 800-829-1040

IRS offers callers information regarding tax return preparation or notices from the IRS.

FUNERAL PREPLANNING AND DEATH RELATED SERVICES

El Dorado County Office of Vital Statistics 530-621-6121
931 Spring Street, Placerville
South Lake Tahoe (Public Health Department) 530-573-3155
3368 Lake Tahoe Boulevard, Suite 108, South Lake Tahoe
www.edcgov.us/publichealth

The Office of Vital Statistics provides copies of certificates for births and deaths that have occurred in El Dorado County within the current year and immediate past year. They also issue burial permits.

El Dorado County Recorder-Clerk Office 530-621-5490
360 Fair Lane, Placerville
3368 Lake Tahoe Boulevard, Suite 108, South Lake Tahoe 530-573-3409
www.edcgov.us/countyclerk

Issues certificates for births and deaths that occurred prior to the current and past year.

Online Funeral Information, Planning and Guide
www.funeralhomesguide.com

Organ and Body Donations

24 hour Death Notification phone number 530-572-2100

Body Donation – U.C. Davis Health System 916-734-9560
4800 Broadway, Suite 100, Sacramento
www.ucdmc.ucdavis.edu/bodydonation

Donors assist the medical school with anatomical materials necessary for the medical school curriculum. The mission of the Body Donation Program includes gratitude to the donors and their families, respect for all cultures and beliefs, and public education within our community.

California Department of Motor Vehicles (DMV) 800-777-0133
2919 Cold Springs Road, Placerville
www.dmv.ca.gov

Provides organ donor cards.

Donor Network West
12667 Alcosta Boulevard, Suite 500, San Ramon
www.donornetworkwest.org

800-553-6667

Coordinates organ and tissue recovery and distribution, and educates health care professionals and the public about the importance of organ and tissue donation.

Survivor and Burial Benefits

Department of Veteran Affairs
2007 19th Street, Sacramento
www.cem.va.gov

916-874-6811
800-827-1000

Counselors are available to answer questions regarding burial, death pension, dependency indemnity compensation and direct deposit.

Social Security Administration
3916 Missouri Flat Road, Suite A, Placerville
www.ssa.gov

877-545-5497

Report a death, file for survivor benefits or file for burial benefits.

GENERAL ASSISTANCE AND SERVICES

El Dorado County Senior Information and Assistance
937 Spring Street, Placerville

530-621-6369 or 800-510-2020

www.edcgov.us/humanservices

This one-stop resource provides seniors with information and referral assistance so that they can make informed choices, continue to live safely and independently, and improve their overall well being.

El Dorado County Emergency Preparedness and Response
2900 Fair Lane Court, Placerville
South Lake Tahoe

530-621-7581

530-573-7955 x7581

www.edcgov.us/Government/PublicHealth/publichealthpreparedness

Prepares for, and responds to, public health threats and emergencies in El Dorado County. Conducts emergency planning, surveillance, detection and control of diseases, health risk communication, and education and training services for the public and healthcare providers.

El Dorado County Housing Authority
2900 Fair Lane Court, Placerville

530-621-6300

www.edcgov.us/humanservices

This program provides rental subsidy assistance (commonly known as Section 8 housing). The program operates under federal guidelines from the U.S. Department of Housing and Urban Development.

El Dorado County Senior Peer Counseling
937 Spring Street, Placerville

530-621-6304

www.edcgov.us/humanservices

Offers confidential supportive counseling for people age 55 or older who may be lonely, isolated, grieving, sad and/or stressed about issues of growing older. Strives to help individuals increase independence, personal growth and enjoyment of life.

California Retired Teachers Association (CalRTA)
1750 Howe Avenue, Suite 630, Sacramento

916-923-2200

www.calrta.org

Fights to protect the benefits of California's retired educators.

Call 2-1-1 Sacramento

800-500-4931

www.211sacramento.org

Free, 24-hour telephone customer service center for people looking for community services and resources, such as shelter, food, counseling, employment assistance and more in Sacramento County.

Friendship Line, Institute on Aging

800-971-0016

www.ioaging.org

Offers confidential telephone discussion for people age 60 or older, their caregivers and/or younger disabled adults who may be lonely, isolated, grieving, depressed, anxious and/or thinking about death or suicide.

Parents, Families and Friends of Lesbians and Gays (PFLAG)

info@pflagplacerville.org

www.pflagplacerville.org

Educates the community about Lesbian, Gay, Bisexual and Transgender (LGBT) issues.

United Way California Capital Region

916-368-3000

10389 Old Placerville Road, Sacramento

www.unitedway.org

Improves lives by mobilizing the caring power of communities around the world to advance the common good.

Clothes and Furniture

Green Valley Community Church

530-622-3231

3500 Missouri Flat Road, Placerville

www.gvcconline.com

Live Violence Free

530-544-2118

2941 Lake Tahoe Boulevard, South Lake Tahoe

24 Hour Crisis Line 530-544-4444

www.liveviolencefree.org

Seventh Day Adventist Church

530-622-2446

6831 Mother Lode Drive, Placerville

<http://www.placervillesdachurch.com/psdawebsite/>

Snowline Hospice Thrift Store

530-621-1802

455 Placerville Drive, Placerville

www.snowlinehospice.org

St. Patrick's Aid Ministry

530-621-7773

3109 Sacramento Street, Placerville

www.stpatpv.org

Food Assistance and Hot Meals

Home Delivered Meals and Congregate Dining Centers **530-621-6160**
937 Spring Street, Placerville
www.edcgov.us/humanservices

The El Dorado County Senior Nutrition Program enables older adults to obtain a nutritious meal at an affordable price. Meals are available to people aged 60 years and older. Home delivered meals are available to homebound seniors. Lunch is served Monday – Friday at Senior Dining Centers located throughout El Dorado County (see Senior Centers and Congregate Meal Sections for more details). A suggested donation of \$3 per meal.

Brown Bag Program **530-621-9950**
6655 Merchandise Way, Diamond Springs
www.foodbankedc.org

This program is administered by the Food Bank of El Dorado County. Distributes both surplus and donated foods on a monthly basis to people age 60 or older who are living on low incomes.

Bread and Broth **530-542-2876**
Grace Hall of St. Theresa Church, 1041 Lyons Avenue, South Lake Tahoe
www.breadandbroth.org

A hot meal is provided on Mondays from 4:00 to 5:30 p.m.

Placer County Food Bank **916-783-0481**
8284 Industrial Avenue, Roseville
www.placerfoodbank.org/

Provides food assistance programs to El Dorado, Nevada and Placer Counties.

Lake Tahoe Community Presbyterian Church
2733 Lake Tahoe Boulevard, South Lake Tahoe
A hot meal is served on Fridays from 4:00 to 5:00 p.m.

Calvary Chapel **530-626-8484**
6575 Commercial Way, Diamond Springs
www.calvaryplacerville.com

The food closet is open on the 2nd and 4th Wednesdays of each month from 10:00 a.m. to 12:00 p.m.

Christmas Cheer All Year **530-542-4934**
1120 Third Street, South Lake Tahoe

The food closet is open weekly on Tuesday, Wednesday and Thursday from 11:00 a.m. to 2:00 p.m. Fresh produce is available the 1st, 2nd and 4th Friday each month at 11:00 a.m.

Emergency Food Closets

For contact information about Emergency Food Closets in your area, please call the Food Bank at one of the listed numbers.

Placerville 530-621-9950

El Dorado Hills 916-939-6774

First Baptist Church of South Lake Tahoe **530-544-2743**
1053 Wildwood Avenue, South Lake Tahoe
www.firstbaptistchurchslt.com
Food closet is open on Wednesdays from 11:00 a.m to 12:30 p.m.

Green Valley Community Church **530-622-3231**
3500 Missouri Flat Road, Placerville
www.gvcconline.net
Food closet is open Saturdays from 8 a.m. to 11 a.m.

Live Violence Free **530-544-2118**
2941 Lake Tahoe Boulevard, South Lake Tahoe
www.liveviolencefree.org
Food closet is open Monday – Friday from 8:00 a.m. to 4:00 p.m.

Pollock Pines Community Church **530-644-2133**
6361 Pony Express Trail, Pollock Pines
www.pollockchurch.com
Food closet is open the 1st, 3rd & 4th Wednesday of the month from 9 a.m. to 12:00 p.m.

Seventh Day Adventist Church **530-622-2446**
6831 Motherlode Drive, Placerville
<http://www.placervillesdachurch.com/psdawebsite/>
Food Closet is open most Wednesdays from 9:00 a.m. to 12:00 p.m. (Call for availability)

S.H.A.R.E. Food Closet **530-626-8299**
1031 Thompson Way, Placerville
www.foodbankedc.org
Food closet is open Monday to Friday 10 a.m. to 12:45 p.m.
Recipients can receive three days of food supplies every two months.

Tahoe Family Resource Center **530-542-0740**
3501 Spruce Avenue, South Lake Tahoe
www.tahoefrc.org
Food closet is open on the 2nd Friday of every month from 9:00 a.m. to 5:00 p.m.

The Upper Room Dining Hall
1868 Broadway, Placerville
www.upperroomdininghall.org

530-621-7730

A hot meal is provided every day from 4:00 p.m. to 5:30 p.m.

Homeless Assistance

Center for Violence Free Relationships
344 Placerville Drive, Suite 11, Placerville
www.thecenternow.org

530-626-1450 or Crisis Line 530-626-1131

Assists victims of domestic and/or sexual assault and their families. Helps with shelter, counseling, legal services and children's services. Men's groups are available.

Housing Emergency Lodging Program (H.E.L.P.)
3109 Sacramento Street (P.O. Box 912), Placerville
www.stpatpv.org/serve/help.htm

530-306-2352

Assists local homeless individuals and their families to secure temporary emergency shelter for 1-2 nights at a motel, once a year.

Live Violence Free
2941 Lake Tahoe Boulevard, South Lake Tahoe
www.liveviolencefree.org

530-544-2118 or Crisis Line 530-5444-4444

Assists victims of domestic and/or sexual assault and their families. Helps with shelter, counseling, advocacy, information and referrals.

Only Kindness - Community Resource Center
www.edcrc.org

530-344-1864

Provides information and referrals to El Dorado County's at-risk and homeless families.

Tahoe Coalition for the Homeless
<https://tahoehomeless.org/>

775-573-0822

FINANCIAL SERVICES

El Dorado County CalFresh (Western Slope) 530-642-7300
3057 Briw Road, Placerville
South Lake Tahoe 530-573-3200
3368 Lake Tahoe Boulevard, Suite 100, South Lake Tahoe
www.c4yourself.com

This program federally funded program helps low-income people buy the food they need for good health. Formerly known as food stamps.

El Dorado County CalWORKs (Western Slope) 530-642-7300
3057 Briw Road, Placerville
South Lake Tahoe 530-573-3200
3368 Lake Tahoe Boulevard, Suite 100, South Lake Tahoe
www.c4yourself.com

Provides time-limited cash aid to families with eligible, needy children. CalWORKs is the state implementation of the Federal Temporary Assistance to Needy Families (TANF) program. Housing assistance is also available for CalWORKs clients through the Housing Support Program, which is designed to increase stability for local families by providing assistance and support needed to find a safe, affordable and permanent place to live.

El Dorado County General Assistance Program (Western Slope) 530-642-7300
3057 Briw Road, Placerville
3368 Lake Tahoe Boulevard, Suite 100, South Lake Tahoe 530-573-3200
www.edcgov.us/humanservices

Provides repayable assistance for adults without dependent children who meet eligibility requirements.

El Dorado County Home Energy Assistance Program (HEAP) 530-621-6150
937 Spring Street, Placerville (Western Slope)
1360 Johnson Boulevard, Suite 103, South Lake Tahoe 530-573-3490
www.edcgov.us/humanservices

Assists eligible households in offsetting the cost of heating and/or cooling their homes. Call for program status and application. Program funding is limited.

El Dorado County Housing Choice Voucher Program 530-621-6300
2900 Fairlane Court, Placerville
www.edcgov.us/humanservices

Enables eligible persons to rent privately owned, existing, safe, sanitary, and affordable housing by making housing assistance payments to private landlords. Program funding is limited.

El Dorado County In-Home Supportive Services (IHSS) **530-642-4800**
3057 Briw Road, Placerville
www.edcgov.us/humanservices
Helps Medi-Cal eligible recipients who are elderly, disabled or blind to stay safely in their homes. Pays providers to come into the home to assist with household and/or personal care tasks that the recipient cannot manage on their own.

El Dorado County Multipurpose Senior Services Program (MSSP) **530-621-6278**
935 A Spring Street, Placerville
www.edcgov.us/humanservices
This care management program helps Medi-Cal eligible seniors age 65 or older independently remain in their homes.

El Dorado County Veteran Affairs (Western Slope) **530-621-5892**
Veterans Memorial Building, 130 Placerville Drive, Placerville
South Lake Tahoe **530-573-7955 ext. 5892**
www.edcgov.us/Veterans
Assists veterans, their dependents and survivors in obtaining entitlements from federal, state and local agencies that administer veteran programs. It is not affiliated with the Federal Department of Veteran Affairs (VA).

El Dorado County Home Weatherization Program (Western Slope) **530-621-6150**
937 Spring Street, Placerville
South Lake Tahoe **530-573-3490**
1360 Johnson Boulevard, Suite 103, South Lake Tahoe
This federally funded program provides eligible homeowners and renters with free energy efficiency upgrades to their homes to help reduce energy costs.

California Department of Consumer Affairs (DCA) **800-952-5210**
1625 North Market Boulevard, Suite N-112, Sacramento
www.dca.ca.gov
Protects and serves California consumers while ensuring a competent and fair marketplace. DCA helps consumers learn how to protect themselves from unscrupulous and unqualified individuals.

California Health and Human Services (CHHS) **916-654-3454**
1600 Ninth Street, Suite 460, Sacramento
www.chhs.ca.gov
Oversees a range of health care services, social services, mental health services, alcohol and drug treatment services, income assistance and public health services to Californians.

California Department of Social Services
www.cdss.ca.gov/

Congress of California Seniors
1230 N Street, Suite 201, Sacramento

800-543-3352 or 916-442-4474

www.seniors.org

Focuses its primary attention on legislative and consumer issues that affect older adults.

Federal Citizen Information Center, Senior Citizens Resources

844-872-4681

www.usa.gov/Topics/

Offers government resources for seniors on money, housing, health, consumer protection and more.

National Institute on Aging (NIA)

800-222-2225

Building 31, Room 5C27, 31 Center Drive, MSC 2292, Bethesda, MD, 20892

www.nia.nih.gov

Dedicated to understanding the nature of aging, supporting the health and well-being of older adults, and extending healthy, active years of life for more people.

Social Security Administration

877-545-5497

3916 Missouri Flat Road, Suite A, Placerville

www.socialsecurity.gov

Independent agency of the federal government that administers Social Security -- a social insurance program consisting of retirement, disability and survivors benefits.

State of California Office of the Patient Advocate (OPA)

916-324-6407

980 9th Street, Suite 8017, Sacramento

www.opa.ca.gov

Offers consumers information needed to make the best health insurance decisions. Covers health care topics including consumer rights and responsibilities, dealing with problems and finding health care.

HEALTH RELATED AGENCIES AND SERVICES

Alcohol and Substance Abuse

El Dorado County Behavioral Health (Western Slope) 530-621-6290

768 Pleasant Valley Road, Diamond Springs

South Lake Tahoe Behavioral Health 530-573-7970

1900 Lake Tahoe Boulevard, South Lake Tahoe

www.edcgov.us/MentalHealth

24 Hour Psychiatric Emergency Services

Placerville 530-622-3345

South Lake Tahoe 530-544-2219

Offers education, prevention, treatment and counseling services directly and through contracts with community agencies. Also manages various drug court programs.

Alcoholics Anonymous (AA) 530-622-3500

P.O. Box 748, Placerville

www.westernsloped22.org

South Lake Tahoe 530-541-1243

www.nnig.org

This international fellowship provides supportive services to men and women who have had a drinking problem. Provides literature and group meetings.

Al-Anon and Alateen Information 916-334-2970

5429 Palm Avenue, Suite A, Sacramento

www.ncwsa.org/d6-10

South Lake Tahoe 530-541-1243

Mutual support group of peers who share their experience in applying the Al-Anon principles to problems related to the effects drinking has in their lives.

El Dorado Council on Alcoholism (EDCA) 530-622-8193

893 Spring Street, Placerville

www.rehabcenter.net/rehab-centers/

Offers substance abuse treatment.

Marshall CARES 530-622-1441
www.marshallmedical.org/marshall-services/cares.aspx
Clinically assisted treatment, recovery and education.

New Morning Youth and Family Services 530-622-5551
6765 Green Valley Road, Placerville
www.newmorningyfs.org
Provides a safety net of services to troubled youth and their families.

Progress House 530-626-9240
2844 Coloma Street, Placerville
www.progresshouseinc.org
Provides a continuum of care for individuals and families with alcohol and other drug issues.

Tahoe Turning Point 530-541-4594
2494 Lake Tahoe Boulevard, B7, South Lake Tahoe
www.tahoeturningpoint.org
Offers drug and alcohol education and substance abuse treatment and addiction counseling.

Tahoe Youth and Family Services 530-541-2445
1021 Freemont Avenue, South Lake Tahoe
www.tahoeyouth.org
Provides prevention, intervention and outpatient services to adults and youth.

Salvation Army Adult Rehabilitation Center 530-216-4530
401 Del Norte Avenue, Yuba City; 525 West Lockford Street, Lodi
<http://www.gosalarmy.org>
Provides residential substance abuse treatment for individuals with identifiable/treatable needs.

Health and Disease Management

ALS Association (Lou Gehrig's disease) 916-979-9265
2717 Cottage Way, Suite 17, Sacramento

Alzheimer's Association 800-272-3900 or 916-930-9080
1455 Response Road, Suite 190, Sacramento
1301 Cordone Avenue, Suite 180, Reno 775-786-8061
www.alz.org/norcal

American Cancer Society 800-227-2345
1545 River Park Drive, Suite 100, Sacramento 916-446-7933
691 Sierra Rose Drive, Suite A, Reno 775-329-0609
www.cancer.org

American Diabetes Association 1900 Point West Way, Suite 212, Sacramento www.diabetes.org	800-342-2383 or 916-924-3232
American Heart Association 2007 O Street, Sacramento 155 County Estates Circle, Suite 200, Reno www.heart.org	800-242-8721 916-446-6505 775-322-7065
American Red Cross 1565 Exposition Boulevard, Sacramento www.redcross.org	916-993-7070
Arthritis Foundation 1851 Heritage Lane Suite 183, Sacramento www.arthritis.org	916-368-5599
Bipolar Insights 897 Union Street, Placerville www.bipolarinsights.com	530-642-0859
Carson Tahoe Cancer Resource Center 1535 Medical Parkway, Carson City www.carson Tahoe.com	775-445-7500
Lewy Body Dementia Association 7707 Rush River Drive, Sacramento www.lbda.org	800-539-9767
Marshall Cancer Resource Center 3581 Palmer Drive, Suite 400, Cameron Park www.marshallmedical.org	530-672-7050
Marshall Community Care Network www.marshallmedical.org/marshall-services/community-care-network	530-626-2745
Muscular Dystrophy Association (MDA) 3835 N. Freeway Boulevard, Suite 120, Sacramento www.mda.org	916-921-9518
National Alliance for Hispanic Health 1501 16th Street, NW, Washington, DC www.healthyamericas.org	866-783-2645
National Alliance on Mental Illness (NAMI), El Dorado County P.O. Box 393, El Dorado, CA South Lake Tahoe www.namiel Dorado County.org	530-677-2676 650-740-5776

National Council on Disability (NCD) 202-272-2004
1331 F St. NW, Suite 850, Washington, DC
www.ncd.gov

National Multiple Sclerosis Society 916-927-8000
4225 Northgate Boulevard, Suite 4, Sacramento
www.nationalmssociety.org

National Stroke Association 800-787-6537
9707 E. Easter Lane, Suite B, Centennial, CO
www.stroke.org

NorCal Services for Deaf & Hard of Hearing 916-349-7500
4708 Roseville, Suite 112, North Highlands
www.norcalcenter.org

Parkinson's Disease Foundation (PDF) 212-923-4700
1359 Broadway, Suite 1509, New York, NY
www.pdf.org

U.C. Davis Alzheimer's Disease Research Center 916-734-5496
4860 Y St., Suite 3900, Sacramento
health.ucdavis.edu/alzheimers/

United Spinal Association 718-803-3782
120-34 Queen Boulevard #320, Kew Gardens, NY
www.unitedspinal.org

Health Services and Medical Service Providers

El Dorado County Behavioral Health (Western Slope) 530-621-6290
768 Pleasant Valley Road, Diamond Springs **Crisis Line** 530-622-3345
South Lake Tahoe 530-573-7970
1900 Lake Tahoe Boulevard, South Lake Tahoe **Crisis Line** 530-544-2219
www.edcgov.us/mentalhealth

The Mental Health Division has outpatient clinics for adults who meet income and eligibility criteria. Services include screenings, evaluations, individual case management and family work. Mental Health also has Wellness Center locations on the Western Slope and South Lake Tahoe that provide a welcoming environment where clients and community members can socialize and gain a variety of personal skills, attend peer support groups and learn life skills focusing on managing mental health symptoms.

Barton Health 530-541-3420
2170 South Avenue, South Lake Tahoe
www.bartonhealth.org

Barton Health is a rural health system that provides health and wellness services to Lake Tahoe

residents and the area's visitors. Barton Memorial Hospital has expanded its acute care services to include physician and outpatient facilities.

El Dorado County Public Health Division (Western Slope) 530-621-6100

931 Spring Street, Placerville

South Lake Tahoe 530-573-3155

3368 Lake Tahoe Boulevard, Suite 108, South Lake Tahoe

www.edcgov.us/PublicHealth

The Public Health Division monitors the overall health of the community and promotes wellness. Program staff control disease outbreaks, respond to public health emergencies, issue birth/death certificates, certify paramedics and conduct water testing. They also provide home visits and case management for at-risk families, low-cost immunizations, and community health education.

Divide Wellness Center-Marshall Medical Center 530-333-2548

6065 Highway 193, Georgetown

www.marshallmedical.org

This community clinic is coordinated by Marshall Medical Center and provides complete family medical care. They accept Medicare and Medi-Cal.

El Dorado Community Health Center 530-621-7700

4327 Golden Center Drive, Placerville

www.edcchc.org

This primary care center provides a full range of family practice services, including Client Advocate, Pharmacy Program and Patient Assistant Program for medications, acupuncture, podiatry, behavioral health and referral services. They accept most private insurances, Medi-Cal, Medicare, the underinsured and those without insurance.

Marshall Medical Center 530-622-1441

1100 Marshall Way, Placerville

www.marshallmedical.org

Marshall Medical Center includes Marshall Hospital, a fully accredited acute care facility; several outpatient facilities in Cameron Park, Placerville, El Dorado Hills and Georgetown; Marshall Physician Clinic Services, and many community health and education programs.

Medi-Cal (Western Slope) 530-642-7300

3057 Briw Road, Placerville

South Lake Tahoe 530-573-3200

3368 Lake Tahoe Boulevard, Suite 100, South Lake Tahoe

www.c4yourself.com

Medi-Cal is California's Medicaid program. This public health coverage program provides health care services for low-income individuals including families with children, seniors, persons with disabilities, and others. Medi-Cal provides assistance in meeting health care expenses for eligible persons.

Shingle Springs Tribal Health Program
5168 Honpie Road, Shingle Springs

530-387-4975

www.sshwc.org

Provides the community with quality care in a secure and comfortable environment. Services include medical, dental and mental health. Accepts most private insurances, Medi-Cal, Medicare, the underinsured and those without insurance.

Western Sierra Medical Center
3070 Camino Heights Drive, Camino

530-647-9762

www.wsmedicalcenter.com

Provides primary health care including preventative medicine, adult exams, urgent care for established patients and minor office procedures. Accepts Medi-Cal and Medicare.

Hospice Services and Support

Barton Home Health & Hospice
2092 Lake Tahoe Boulevard, Suite 500, South Lake Tahoe

530-543-5581

www.bartonhealth.org

Home Health services are provided by a team of professionals in the privacy of your home with a doctor's referral. Hospice services include supporting terminally ill patients near end-of-life and guiding their loved ones through grief. Hospice benefits are included in Medicare, Medi-Cal and most health insurance plans.

Snowline Hospice
6520 Pleasant Valley Road, Diamond Springs

530-621-7820

www.snowlinehospice.org

Services include supporting terminally ill patients near end-of-life and guiding their loved ones through grief. Hospice benefits are included in Medicare, Medi-Cal and most health insurance plans.

HOUSING

El Dorado County Long-Term Care Ombudsman (LTCO) **530-621-6271**
To report elder abuse in a Skilled Nursing Facility (SNF), or Residential Care Facility (RCFE), call your local LTCO office or 800-231-4024
937 Spring Street, Placerville
www.edcgov.us/humanservices

The Long-Term Care Ombudsman Program advocates for quality care and quality of life for all residents of Skilled Nursing Facilities and Residential Care Facilities. Residential Care Facilities for the Elderly (RCFE), also referred to as “Assisted Living” or “Board and Care” facilities, are non-medical facilities that provide a level of care that includes assistance with daily living activities. Skilled Nursing Facilities (SNF) provide 24 hour, 7 days a week expert care for those in need of constant care. This type of facility is for those who need short or long-term care. Medically trained staff provides care, with nurses supervising treatments, giving medications and monitoring chronic disorders.

El Dorado County Housing, Community & Economic Development **530-621-5159**
2850 Fairlane Court, Placerville
www.edcgov.us/HCED/

Assists households with loans to rehabilitate their homes from blight, provide loans to first-time homebuyers, build community facilities to bring services closer to the community where families live, and provide grants to improve infrastructure to a housing development.

El Dorado County Housing Authority **530-621-6300**
2900 Fairlane Court, Placerville
www.edcgov.us/humanservices

Operates under federal guidelines from the U.S. Department of Housing and Urban Development to provide rental subsidy assistance (more commonly known as Section 8).

California Advocates for Nursing Home Reform (CANHR) **800-474-1116**
650 Harrison Street, 2nd Floor, San Francisco
www.canhr.org/RCFE

Provides information and education about nursing home issues; advocates for improved quality of life for people in nursing homes.

City of South Lake Tahoe Development Services **530-542-7417**
1052 Tata Lane, South Lake Tahoe
www.cityofslt.us

Provides lists of affordable housing projects and manages the Housing Hotline to assist residents with landlord-tenant concerns, information and resources, or complaints regarding the condition of their rental unit.

Nursing Home Compare

www.medicare.gov/nhcompare

Detailed information about every Medicare and Medicaid-certified nursing home in the country.

**U.S. Department of Housing and Urban Development
One Sansome Street, Suite 1200, San Francisco**

415-489-6400

www.hud.gov

Creates strong, sustainable, inclusive communities and quality, affordable homes for all.

**U.S. Department of Agriculture – Rural Development
11661 Blocker Drive, Suite 120, Auburn**

530-885-6505

www.rd.usda.gov

Committed to the future of rural communities by offering low-cost home loans to purchase a home, or home loans and grants to be used for home repairs.

INDEPENDENCE ASSISTANCE

El Dorado County In-Home Supportive Services (IHSS) **530-642-4800**
3057 Briw Road, Placerville

www.edcgov.us/humanservices

Helps eligible recipients who are elderly, disabled or blind stay in their homes by paying providers to come into the home and assist with household and/or personal care tasks that the recipient cannot manage on their own.

El Dorado County In-Home Supportive Service Public Authority **530-621-6287**
937 Spring Street, Placerville

www.edcgov.us/humanservices

Assists those receiving IHSS by ensuring access to skilled providers who can help the recipient sustain independent living.

El Dorado County Multipurpose Senior Services Program (MSSP) **530-621-6278**
935 A Spring Street, Placerville

www.edcgov.us/humanservices

Care management services for residents age 65 or older, who are Medi-Cal eligible and at risk of placement in a skilled nursing facility due to frail health.

El Dorado County You Are Not Alone (YANA) Program **530-621-6255**
937 Spring Street, Placerville

www.edcgov.us/humanservices

Free daily telephone “check-in” and reassurance services available 7 days a week, supported by volunteers from the Sheriff’s Department and Health and Human Services volunteers.

Alta California Regional Center **530-626-1353**
344 Placerville Drive, Suite 1, Placerville

www.altaregional.org

Assists persons with disabilities and their families. They do this by providing and securing those services and supports necessary to maximize opportunities.

Ability Tools **800-390-2699**
1000 G Street, Suite 100, Sacramento

www.abilitytools.org

Expands accessibility of tools, resources and technology to increase independence, improve personal productivity and enhance quality of life for all Californians.

**California Foundation for Independent Living Centers
1000 G Street, Suite 100, Sacramento**

916-325-1690

www.cfilc.org

Advocates for barrier-free access and equal opportunities for people with disabilities by increasing the capacity of Independent Living Centers.

**National Council on Independent Living (NCIL)
2013 H Street NW, 6th Floor, Washington D.C.**

844-778-7961

www.ncil.org

NCIL offers a national policy platform that advocates for all human and civil rights.

**Motherlode Rehabilitation Enterprises, Inc. (MORE)
399 Placerville Drive, Placerville**

530-622-4848

www.more rehab.org

Provides services for adults with developmental disabilities. Also assists the community in providing real life opportunities, including work, for those they serve.

**Society for the Blind / Senior Impact Group
1238 S Street, Sacramento**

916-452-8271

www.societyfortheblind.org

For persons 55 or over and living with vision loss, the Senior Impact Project helps improve and maintain independence. This federally funded program provides no cost training in non-visual skills. All services, including transportation to and from select programs, at no charge.

**Placer Independent Resource Services (PIRS)
El Dorado County Branch
681 Main Street, Suite 100, Placerville**

530-208-0939

www.pirs.org

Advocates, empowers, educates and provides services for people with disabilities enabling them to control their alternatives for independent living.

LEGAL INFORMATION AND ASSISTANCE

El Dorado County Senior Legal Services
937 Spring Street, Placerville

530-621-6154

www.edcgov.us/SeniorService.aspx

Senior Legal Services is intended to help if you are age 60 or older, reside in El Dorado County and are seeking legal assistance with a civil, non-criminal matter. Services include estate planning, public benefits, consumer issues, health care, real property, wills & trusts, power of attorney, abuse and exploitation. Attorneys meet with seniors by appointment only.

El Dorado County Law Library
550 Main Street, Suite A, Placerville

530-626-1932

www.eldoradocountylawlibrary.org

Free legal clinics offered on a first come, first serve basis. Call or visit website for information on classes, services, legal links and guides.

El Dorado County District Attorney
515 Main Street, Placerville

530-621-6472

www.edcgov.us/eldoda

The District Attorney's Office investigates and prosecutes crimes. Crimes involving consumer fraud, bad checks, insurance fraud and environmental crimes should be reported directly to the District Attorney's Consumer/Environmental Protection Unit.

California Courts

www.courts.ca.gov

Official court website provides referrals to self-help legal resources. Click on "Self-Help" link and select "Finding Free and Low-Cost Legal Help" for resources and information. This website also provides forms and rules for specific court matters.

El Dorado County Bar Association

530-303-8051

www.eldoradocountyattorneys.org

Find local attorneys using name, category or location.

FindLaw

www.findlaw.com

Provides legal information about numerous topics. Also offers help with finding a lawyer, legal questions and various legal forms.

Library of Congress

www.loc.gov

Click on the “Ask a Librarian” link to get help answering questions on a variety of topics, including law (US and International).

Sacramento County Public Law Library

916-874-6012

609 9th Street, Sacramento

www.saclaw.org

Call the main line or visit the website for information on classes offered, research guides, free forms, online resources and more.

SENIOR CENTERS AND CONGREGATE MEAL PROGRAMS

Senior Centers

El Dorado County has three (3) Senior Centers conveniently located throughout El Dorado County. Each of the Senior Center locations offers daily programs and activities, and access to a variety of services for adults age 60 or older. The Senior Centers are a great way to stay active, socialize and learn new skills.

El Dorado Hills Senior Center

916-358-3575

990 Lassen Drive, El Dorado Hills

South Lake Tahoe Senior Center

530-573-3130

3050 Lake Tahoe Boulevard, South Lake Tahoe

Placerville Senior Center

530-621-6150

937 Spring Street, Placerville

El Dorado County Senior Nutrition Program and Home Delivered Meals

530-621-6160

937 Spring Street, Placerville

www.edcgov.us/humanservices

Coordinates the Home Delivered Meals program and meals at senior congregate meal sites.

Home Delivered Meals

Individuals who are medically or physically disabled and age 60 or older may be eligible to receive a hot nutritious meal delivered to their home Monday through Friday, with frozen week-end meals available upon request. The suggested donation for home delivered meals is \$3 per meal. Eligibility is determined by staff assessment. Some restrictions apply.

Senior Congregate Meal Sites

Adults age 60 or older have the opportunity to enjoy a nutritionally balanced lunchtime meal once each weekday. Contributions are suggested but not required. Meals are served weekdays from 12:00 p.m. to 12:30 p.m.

<p>Cameron Park Community Center 2502 Country Club Dr., Cameron Park (M/F only)</p>	<p>Pioneer Park Community Center 6740 Fairplay Rd., Somerset</p>
<p>Diamond Springs Lions Hall 4701 Missouri Flat Rd., Diamond Springs</p>	<p>Placerville Senior Center 937 Spring St., Placerville</p>
<p>El Dorado Hills Senior Center 990 Lassen Ln., El Dorado Hills</p>	<p>Pollock Pines Community Center 2675 Sanders Dr., Pollock Pines</p>
<p>Greenwood Community Center 4411 Hwy. 193, Greenwood</p>	<p>South Lake Tahoe Senior Center 3050 Lake Tahoe Blvd., South Lake Tahoe</p>

TRANSPORTATION

Senior Shuttle

530-621-6369

937 Spring St., Placerville

www.edcgov.us/humanservices

Provides weekly scheduled shopping trips in the greater Placerville area. Shuttle riders can also enjoy trips to special events and out-of-county activities. The Senior Shuttle is available by advanced reservation and provides curb-to-curb transportation service. Not wheelchair accessible and has a suggested donation.

El Dorado Transit Authority

530-642-5383

6565 Commerce Way, Diamond Springs

888-246-2877

www.eldoradotransit.com

The El Dorado Transit Authority provides six local bus routes serving the west slope of El Dorado County. They also offer a number of special services:

ADA Paratransit Services Complementary Para transit is an origin to destination transportation service operating during the same hours as the local fixed route services. The ADA Para transit service operates within $\frac{3}{4}$ of a mile of the Local Fixed Route services provided within the Placerville, Pollock Pines, Cameron Park and Diamond Springs service areas for ADA eligible passengers.

El Dorado Commuter provides eleven morning trips from El Dorado County to Sacramento and eleven return trips in the afternoon, Monday - Friday. It is a fast, easy way to commute to downtown Sacramento. 50X provides service hourly between Placerville and the Iron Point Light Rail Station in Folsom; this is a limited stop route that serves Park and Ride locations, Folsom Lake College (Folsom and ED campuses), Cameron Park and the Tribal Health clinic along the Highway 50 Corridor.

El Dorado Transit Dial-A-Ride

530-642-3696

www.eldoradotransit.com/dialaride.html

916-933-7766

Dial-A-Ride is available to everyone, however, seniors age 60 or older and persons with disabilities receive priority in the booking process. This is a curb-to-curb transportation service and is available by advanced reservation.

Sac-Med Non-Emergency Medical Appointment Transportation

530-642-3696

Provides a shared ride public non-emergency medical appointment transportation service for seniors, disabled and general public passengers. This service operates on Tuesday and Thursday. Ride requests are scheduled on a first come, first serve basis.

Anthem Blue Cross

877-931-4577

Transportation assistance for medical appointments. Members may be eligible for transportation assistance to and from medical appointments. Please call for program details.

California Health & Wellness Medi-Cal

877-658-0305

www.cahealthwellness.com/

Transportation assistance for medical appointments. Members may be eligible for transportation assistance to and from medical appointments. Please call for program details.

Tahoe Transportation District

775-589-5500

128 Market Street, Suite 3F, Stateline NV

www.tahoetransportation.org

The Tahoe Transportation District (TTD) currently sponsors two North/West Shore shuttle services and oversees BlueGo transit on the South Shore.

Tahoe Transportation District ADA Demand Response

775-589-5500

128 Market Street, Suite 3F, Stateline NV

www.tahoetransportation.org

This service is administered by TTD and is available for persons who cannot otherwise use the fixed route system due to disabilities or health-related conditions, persons over 60 years of age, and veterans with a “Service-connected Disability” designation on their Veteran’s Health Identification Card.

Tahoe Transportation District SLT Specialized Transportation

530-541-7149 ext. 3

The South Lake Tahoe Specialized Transportation Service (SLT-STS) can provide interregional and out-of-area transportation for adults 60 years of age and older and individuals with disabilities. The SLT-STS provides limited monthly trips to Sacramento and Placerville/Western El Dorado County. The service can also bring those living in outlying neighborhoods to programs and services in the community, as well as provide transportation to regional programs and services they are unable to access without assistance.

BlueGo

530-541-7149

South Lake Tahoe area’s coordinated transit system includes local fixed-route bus service and commuter bus service connecting the area with Carson City and Carson Valley. The system also includes winter ski shuttles, summer trolley service to Emerald Bay, and summer bus service between Incline Village and Sand Harbor.

VETERANS SERVICES

El Dorado County Veteran Affairs

530-621-5892

**Veterans Memorial Building, 130 Placerville Drive, Placerville
South Lake Tahoe**

530-573-7955 ext. 5892

www.edcgov.us/veterans

The Veteran Affairs Office provides guidance and advice to help veterans become aware and claim the many benefits they earned and are entitled to, while in military service to our country. Entitlements include counseling, education benefits, medical benefits, Cal-Vet home loans programs, disability pensions, and military funeral service and burial benefits.

El Dorado Veteran Resources: A Permanent Stand Down

530-621-5146

Veterans Memorial Building, 130 Placerville Drive, Placerville

www.EDVR@MFSGonline.org

El Dorado Veteran Resources: A Permanent Stand Down is Powered by Military Family Support. Free services offered to current military personnel, veterans and their families in El Dorado County.

California Department of Veterans Affairs

800-952-5626

1227 O Street, Sacramento

www.calvet.ca.gov

Information regarding housing assistance programs for homeless veterans. Housing and supportive services include Homeless Prevention and Rapid Re-Housing Program, Domiciliary Care for Homeless Veterans, Grant and Per Diem Programs.

Paralyzed Veterans of America (PVA)

800-424-8200

801 Eighteenth Street, North West, Washington, DC

www.pva.org

Helps a veteran get back to work or secure benefits that have been denied.

United States Department of Veterans Affairs-Regional Office

800-827-1000

10365 Old Placerville Road, Sacramento

www.va.gov

Provides a wide range of benefits to veterans including: disability, education and training, vocational rehabilitation and employment, home loan guaranty, dependent and survivor benefits, medical treatment, life insurance and burial benefits.

Veterans Home of California

800-952-5626

1227 O Street, Sacramento

www.calvet.ca.gov

VOLUNTEER OPPORTUNITIES

El Dorado County Health and Human Services

530-621-6369

https://www.edcgov.us/Government/HumanServices/Pages/volunteer_opportunities.aspx

You can make a difference in the lives of others by volunteering with El Dorado County's Health and Human Services Agency (HHSA). Volunteers are needed in many programs including: Animal Services, Senior Services, Public Health, Mental Health and Child Protective Services. For more information about specific volunteer opportunities, visit HHSA's website.

Big Brothers Big Sisters of El Dorado County

530-626-1222

3461 Robin Lane, Suite 2, Cameron Park

www.bbbs-edc.org

Helps children realize their potential and build their futures. They nurture children and strengthen communities.

Court Appointed Special Advocates (CASA)

530-622-9882

347 Main Street, Placerville

www.casaeldorado.org

CASA El Dorado is part of a national non-profit organization that trains volunteers to advocate for abused and neglected children.

El Dorado County Habitat for Humanity

530-621-2111

6168 Pleasant Valley Road, Diamond Springs

www.edchabitat.com/volunteer

This organization has a wide range of volunteer opportunities for groups and individuals. Volunteers can help with new home construction and home restoration, office support, family services, event planning, work in our retail building supplies outlet, and many other aspects of the organization's work.

Food Bank of El Dorado County

530-621-9950

4550 Business Drive, Cameron Park

www.foodbankedc.org

Provides food assistance on a daily basis in partnership with over 40 local emergency food response agency sites, including battered women's shelters, senior centers, local food pantries, underprivileged youth programs, youth shelters, soup kitchens, maternity homes and more.

Friends of Seniors El Dorado County

530-334-6090

P.O. Box 564, Placerville

www.friendsofedcseniors.org

OLDER ADULT QUICK REFERENCE GUIDE

Adult Day Services.....	530-621-6180
Adult Protective Services (APS).....	530-642-4800
Animal Services (Western Slope).....	530-621-5795
Animal Services (South Lake Tahoe).....	530-573-7925
Barton Health.....	530-541-3420
CalFresh Program (Food Stamps) (Western Slope).....	530-642-7300
CalFresh Program (South Lake Tahoe).....	530-573-3200
Child Protective Services(Western Slope/South Lake Tahoe).....	866-901-3212
El Dorado Transit-Local Bus/Dial-A-Ride.....	530-642-3696
Family Caregiver Support Program (FCSP).....	530-621-6151
Health and Human Services Agency (Western Slope).....	530-642-7300
Health and Human Services Agency (South Lake Tahoe).....	530-573-3200
Health Insurance Counseling and Advocacy Program (HICAP).....	530-621-6369
Home Energy Assistance Program (HEAP) (Western Slope).....	530-621-6150
Home Energy Assistance Program (HEAP) (South Lake Tahoe).....	530-573-3490
In-Home Supportive Services (IHSS).....	530-642-4800
Information and Assistance (I&A).....	530-621-6369 or 800-510-2020
Long-Term Care Ombudsman (LTCO).....	530-621-6271 or Crisis Line 800-231-4024
Marshall Medical Center.....	530-622-1441
Medi-Cal (Western Slope).....	530-642-7300
Medi-Cal (South Lake Tahoe).....	530-573-3200
Behavioral Health (Western Slope).....	530-621-6290 or Crisis Line 530-622-3345
Behavioral Health (South Lake Tahoe).....	530-573-7970 or Crisis Line 530-544-2219
Multipurpose Senior Services Program (MSSP).....	530-621-6278
Public Guardian.....	530-621-6219
Public Health (Western Slope).....	530-621-6100
Public Health (South Lake Tahoe).....	530-573-3155
Senior Activities.....	530-621-6255
Senior Health Education Program (SHEP).....	530-621-6151
Senior Legal Services.....	530-621-6154
Senior Nutrition Program.....	530-621-6160
Senior Peer Counseling.....	530-621-6304
Senior Resource Room.....	530-621-6150
Senior Shuttle.....	530-621-6369
Senior Times Newsletter.....	530-621-6255
Sheriff's Office (Western Slope).....	530-621-5655
Sheriff's Office (South Lake Tahoe).....	530-573-3000
Suicide Crisis Line.....	800-273-8255
Tahoe Transportation District – BlueGo.....	530-541-7149
Veteran Services.....	530-621-5892
Veteran Services (South Lake Tahoe).....	530-573-7955 ext. 5892
Weatherization Assistance Program (Western Slope/South Lake Tahoe).....	530-621-6150