



# El Dorado County Health and Human Services Agency Older Adult Resource Guide

[www.edcgov.us/hhsa](http://www.edcgov.us/hhsa)

[www.facebook.com/edchhsa](https://www.facebook.com/edchhsa)

*It's a great day in El Dorado County*



*Transforming Lives and  
Improving Futures*



Updated 03/2019 - Information in directory may not be current after initial printing.

# INTRODUCTION

This Older Adult Community Resource Guide is a service directory to assist older adults in locating services, agencies and programs. Every effort has been taken to verify the accuracy of the information included within these pages. Should you become aware of a discrepancy, please let us know by calling 530-621-6369. Further information may be found on a specific agency or program website. You may contact El Dorado County Information and Assistance if you need further assistance.

**El Dorado County Senior Information and Assistance**

**530-621-6369 or 800-510-2020**

**Eldercare Locator**

**800-677-1116**

*This service provides local information, referral resources and contact information for state and local agencies.*



SENIOR

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## HELPLINE

Area Agency on Aging Serving El Dorado County

**800-510-2020**

**530-621.6369**

**The El Dorado County Health and Human Service Agency (HHSA) is a public agency that partners with the community on health and welfare issues. We help residents stay healthy and become self-sufficient through a variety of health and human services.**

**Our Vision:** Transforming Lives and Improving Futures

**Our Mission:** With integrity and respect, we provide effective, efficient, collaborative services that strengthen, empower and protect individuals, families and communities, thereby enhancing their quality of life.

# EL DORADO COUNTY HEALTH AND HUMAN SERVICES

El Dorado County Board of Supervisors  
330 Fair Lane, Placerville  
[www.edcgov.us/bos](http://www.edcgov.us/bos)

530-621-5390

District 1 – John Hidahl  
District II – Shiva Frentzen  
District III – Brian Veerkamp  
District IV – Lori Parlin  
District V – Sue Novasel

El Dorado County Health and Human Services Agency  
Main Line 530-642-7300  
(South Lake Tahoe) 530-573-3200  
[www.edcgov.us/HHSA](http://www.edcgov.us/HHSA)

Community Services Division

530-621-6150  
(South Lake Tahoe) 530-573-3490

Information and Assistance

530-621-6369

Behavioral Health Division

530-621-6290 or **Crisis Line** 530-622-3345  
(South Lake Tahoe) 530-573-7970 or **Crisis Line** 530-544-2219  
24/7 Toll Free 800-929-1955

Public Health Division

530-621-6100  
(South Lake Tahoe) 530-573-3155

Child Protective Services (CPS)/Foster Care

Toll Free 866-901-3212

Area Agency on Aging PSA 29  
937 Spring Street, Placerville

530-621-6369 or 800-510-2020

[www.edcgov.us/SeniorService.aspx](http://www.edcgov.us/SeniorService.aspx)

The Area Agency on Aging (AAA) is the office designated by the Board of Supervisors to carry out the daily functions and activities for citizens aged 60 and older as required under the Older Americans Act. The AAA operates within the El Dorado County Health and Human Services Agency.

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# ADULT DAY CARE AND CAREGIVER PROGRAMS AND RESOURCES

## **The Club-Adult Day Care**

**935 Spring Street, Placerville**

**990 Lassen Lane, El Dorado Hills**

[www.edcgov.us/SeniorService.aspx](http://www.edcgov.us/SeniorService.aspx)

**530-621-6180**

**916-358-3560**

The Club-Adult Day Services provide a secure environment and therapeutic activities to help participants achieve optimal physical, mental and cognitive functioning. The programs improve the quality of life for older adults by reducing social isolation and increasing social and community engagement. The Club provides assistance to families and caregivers who care for an adult who may not be able to be left unattended or who can benefit from supervised socialization. This service may also provide respite (an opportunity for a caregiver to take a break from their caregiving duties). The Club is open Monday - Friday (excluding holidays) from 8:30 a.m. -4:30 p.m.. This is a fee-for-service program.

## **El Dorado County Family Caregiver Support Program (FCSP)**

**937 Spring Street, Placerville**

[www.edcgov.us/SeniorService.aspx](http://www.edcgov.us/SeniorService.aspx)

**530-621-6151**

Promotes family caregivers through support and care. Caregiver services include extensive information, referral, assistance, education, support, training, care coordination, respite care, support groups and supplemental services.

## **Del Oro Caregiver Resource Center**

**8421 Auburn Boulevard, Suite 265, Citrus Heights**

[www.deloro.org](http://www.deloro.org)

**916-728-9333 or 800-635-0220**

Provides support to caregivers of brain impaired adults through education, respite, counseling and family consultations.

## **Caregiver Action Network (CAN)**

**1130 Connecticut Avenue, North West, Suite 300, Washington, DC**

[www.caregiveraction.org](http://www.caregiveraction.org)

**202-454-3970**

Provides education, peer support and resources to family caregivers across the nation (formerly the National Family Caregivers Association).

# EDUCATION AND LEISURE

**El Dorado County Senior Activities Program** **530-621-6255**  
**937 Spring Street, Placerville**

[www.edcgov.us/SeniorService.aspx](http://www.edcgov.us/SeniorService.aspx)

Recreational activities designed for seniors such as travel, trips, hiking, painting, fitness, bridge, crafts, yoga, line dancing and more.

**El Dorado County Senior Health Education Program (SHEP)** **530-621-6151**  
**937 Spring Street, Placerville**

[www.edcgov.us/SeniorService.aspx](http://www.edcgov.us/SeniorService.aspx)

Exercise program for seniors and educational trainings.

**AARP Driver Safety Program** **800-350-7025**

[www.aarp.org/auto/driver-safety/](http://www.aarp.org/auto/driver-safety/)

This program is a refresher course for drivers age 50 and older.

**Folsom Lake College - El Dorado Center** **530-642-5644**  
**6699 Campus Drive, Placerville** **Folsom Main Campus 916-608-6500**

[www.flc.losrios.edu](http://www.flc.losrios.edu)

A branch of Folsom Lake College that provides continued education on various topics.

**Lake Tahoe Community College** **530-541-4660**

**1 College Drive, South Lake Tahoe**

[www.ltcc.edu](http://www.ltcc.edu)

Lake Tahoe Community College provides educational classes/degrees on various topics.

**Marshall Community Health Library** **530-626-2778**

**3581 Palmer Drive, Suite 101, Cameron Park**

[www.marshallmedical.org/library](http://www.marshallmedical.org/library)

Public library serving community members and health care providers. Free of charge.

Topics include nutrition, mental health, fitness, dementia, pregnancy, caregiving, aging, children's health and complementary therapies.

**Society for Accessible Travel & Hospitality (SATH)** **212-447-7284**

[www.sath.org](http://www.sath.org)

Educational organization that raises awareness about the needs of all travelers with disabilities.

Strives to remove physical and attitudinal barriers to free access and expand travel opportunities.

## **Computer Labs**

**El Dorado Hills Senior Center** **916-358-3575**  
990 Lassen Lane, El Dorado Hills  
[www.edhcsd.org/senior\\_center.html](http://www.edhcsd.org/senior_center.html)

**Placerville Senior Resource Room** **530-621-6150**  
937 Spring Street, Placerville  
[www.edcgov.us/Government/HumanServices/senior%20services/pages/senior\\_resource\\_and\\_computer\\_center.aspx](http://www.edcgov.us/Government/HumanServices/senior%20services/pages/senior_resource_and_computer_center.aspx)

**South Lake Tahoe Senior Center** **530-542-6094**  
3050 Lake Tahoe Boulevard, South Lake Tahoe

## **Discount Programs**

*Many restaurants, supermarkets and department stores offer senior discounts. Travel deals and other types of offers may also be available. Age requirements can vary for each organization, so be sure to ask.*

**AARP Membership** **888-687-2277**  
1415 L Street, Suite 960, Sacramento  
[www.aarp.org/card](http://www.aarp.org/card)

**California AARP Office** **866-448-3614**  
The American Association of Retired People (AARP) membership provides valuable discounts on retail products, dining, entertainment, travel and more. Health related discounts on vision, hearing, prescription and fitness services are also available.

**California Department of Fish and Wildlife** **916-928-5805**  
1740 North Market Boulevard, Sacramento  
[www.wildlife.ca.gov](http://www.wildlife.ca.gov)

Offers free or reduced-fee sport fishing licenses for qualified disabled persons, disabled veterans or low-income individuals age 65 or older.

**California State Parks and Recreation Department** **916-653-6995**  
1416 9th Street, Suite 144, Sacramento **800-777-0369**  
[www.parks.ca.gov](http://www.parks.ca.gov)

Discount passes are available for persons 62 years of age or older visiting California State Parks.

## **Libraries**

*El Dorado County Libraries provide public education for all ages. The libraries offer classes, instructional programs and research assistance. They loan, print electronic and educational resources in welcoming environments open to the entire community.*

[www.eldorado/library.org](http://www.eldorado/library.org)

<b>Cameron Park Branch</b> 2500 Country Club Drive, Cameron Park	<b>530-621-5500</b>
<b>El Dorado County Main Library</b> 345 Fair Lane, Placerville	<b>530-621-5540</b>
<b>El Dorado Hills Branch</b> 7455 Silva Valley Parkway, El Dorado Hills	<b>916-358-3500</b>
<b>Georgetown Branch</b> 6680 Orleans Street, Georgetown	<b>530-333-4724</b>
<b>Pollock Pines Branch</b> 6210 Pony Express Trail, Pollock Pines	<b>530-644-2498</b>
<b>South Lake Tahoe Branch</b> 1000 Rufus Allen Boulevard, South Lake Tahoe	<b>530-573-3185</b>
<b>El Dorado County Law Library</b> 550 Main Street, Suite A, Placerville	<b>530-626-1932</b>

### **Parks and Recreation**

*Local Parks and Recreation Departments offer many recreational opportunities for community members; many programs and classes are specifically for seniors. Parks and Recreation Departments also maintain, operate and develop parkland and open space.*

<b>Cameron Park Community Services District</b> 2502 Country Club Drive, Cameron Park <a href="http://www.cameronpark.org">www.cameronpark.org</a>	<b>530-677-2231</b>
<b>El Dorado County Parks Department</b> 200 Armory Drive, Placerville <a href="http://www.edcgov.us/parks">www.edcgov.us/parks</a>	<b>530-621-5360</b>
<b>El Dorado Hills Community Services District</b> 1021 Harvard Way, El Dorado Hills <a href="http://www.edhcsd.org">www.edhcsd.org</a>	<b>916-933-6624</b>
<b>Community Services and Recreation and Parks</b> 549 Main Street, Placerville <a href="http://www.teamsideline.com/placerville">www.teamsideline.com/placerville</a>	<b>530-642-5232</b>
<b>City of South Lake Tahoe Parks and Recreation</b> 1180 Rufus Allen Boulevard, South Lake Tahoe <a href="http://www.cityofslt.us">www.cityofslt.us</a>	<b>530-542-6056</b>



# EMERGENCY ASSISTANCE/SERVICES

## IN AN EMERGENCY CALL 911

### Emergency Contacts and Information

El Dorado County Adult Protective Services	530-642-4800
El Dorado County Child Protective Services	530-642-7100
	(South Lake Tahoe) 530-573-3201
El Dorado County Fire District	530-644-9630
El Dorado County Long-Term Care Ombudsman	530-621-6271
	Or Statewide Ombudsman 24-hour <b>CRISIS Line</b> 800-231-4024
El Dorado County Mental Health	<b>CRISIS Line</b> 530-622-3345
	(South Lake Tahoe) 530-621-6290
El Dorado County Sheriff's Department	530-621-5655
	(South Lake Tahoe) 530-573-3000
Barton Memorial Hospital	530-541-3420
Cal-Trans Road Conditions	800-427-7623
City of South Lake Tahoe Fire	530-542-6160
City of South Lake Tahoe Police	530-542-6100
Marshall Medical Center	530-622-1441
Nevada Department of Transportation Road Conditions	877-687-6237
Placerville City Police Department	530-642-5210
Poison Control Center	800-222-1222
Suicide Crisis Line	800-273-8255

El Dorado County Animal Services (Western Slope) 530-621-5795  
6435 Capitol Avenue, Diamond Springs  
South Lake Tahoe 530-573-7925

1120 Shakori Drive, South Lake Tahoe

[www.edcgov.us/AnimalServices](http://www.edcgov.us/AnimalServices)

Shelters stray, unwanted, or displaced animals and coordinates foster and volunteer programs. Enforces state statutes and county ordinances regulating animal care and welfare; investigates citizens' complaints of animal neglect or nuisance, and responds to reports of loose and injured animals.

**California Poison Control System**  
**2315 Stockton Boulevard, Sacramento**

**800-222-1222**

[www.calpoison.org](http://www.calpoison.org)

Provides immediate, free and expert treatment advice and referral over the telephone in case of exposure to poisonous or toxic substances. In an emergency, call 911.

**Office of Emergency Services (OES)**

**530-621-5895**

[ready.edso.org/](http://ready.edso.org/)

The El Dorado County Sheriff's Office CodeRED Emergency Notification System provides a number of ways for the County to contact community members in the event of an emergency such as: evacuations due to wildfires or hazardous material spills, or urgent law enforcement operations. The EDSO CodeRED Emergency Notification System may be used to deliver alerts when there is a threat to the health or safety of residents.

# EMPLOYMENT AND VOCATIONAL TRAINING

**HHSA Employment Resource Centers** 530-642-4850

**3047 Briw Road, Placerville**

**South Lake Tahoe**

530-573-4330

**3368 Lake Tahoe Boulevard, Suite 100, South Lake Tahoe**

[www.edcgov.us/humanservices](http://www.edcgov.us/humanservices)

HHSA Employment Resource Centers helps people find jobs and businesses find employees. Services are available to the public at no cost. Centers have free access to computers, assistance with job searches, career assessments, help with resume development and interview skills, trainings and workshops to improve job skills, and more. Paid work experience and help with school tuition may be available.

**Central Sierra Regional Occupational Program (ROP)** 530-621-0123

**4675 Missouri Flat Road, Placerville**

<http://edcoe.org/educational-services/support-services/central-sierra-rop>

ROP is part of the California public school system and provides course concentrations and advanced training.

**Charter Adult Education** 530-622-7130

**6767 Green Valley Road, Placerville**

<http://aded.edcoe.org/>

Offers courses for adults to meet their educational needs.

**Department of Rehabilitation, State of California** 800-952-5544

**1166 Broadway, Suite S, Placerville**

530-626-0900

**2489 Lake Tahoe Boulevard, Suite 4, South Lake Tahoe**

530-541-3226

<https://www.dor.ca.gov/>

Provides advocacy resulting in employment, independent living and equality for people with disabilities.

**AARP Senior Community Service Employment Program** 855-850-2525

[www.vcn.org/backtowork50plus](http://www.vcn.org/backtowork50plus)

This program helps eligible people age 50 or older gain skills they need to find and sustain employment in the workforce. Eligible participants are at or below the federally recognized poverty line and are interested in bettering their current employment situation.

**Employment Development Department, State of California**

**800-300-5616**

[www.caljobs.ca.gov](http://www.caljobs.ca.gov)

Connects job seekers and employers in an effort to build the economy.

**Equal Employment Opportunity Commission**

**800-669-4000**

**1301 Clay Street, Suite 1170-N, Oakland**

[www.eeoc.gov](http://www.eeoc.gov)

Enforces federal laws that make it illegal to discriminate against a job applicant or an employee because of the person's race, color, religion, sex, pregnancy, national origin, age (40 or older), disability or genetic information. It is also illegal to discriminate against a person because the person complained about discrimination, filed a charge of discrimination or participated in an employment discrimination investigation or lawsuit.

# ENERGY AND UTILITY ASSISTANCE

Other financial assistance programs may be available. Call your utility provider for programs, qualifications and eligibility.

**El Dorado County Home Energy Assistance Program (HEAP)** 530-621-6150

937 Spring Street, Placerville

South Lake Tahoe

530-573-3490

1360 Johnson Boulevard, Suite 103, South Lake Tahoe

[www.edcgov.us/humanservices](http://www.edcgov.us/humanservices)

This federally funded direct payment program assists income eligible households in offsetting the cost of heating and/or cooling their homes. Funding is limited. Please call for program status.

**Liberty Utilities California Alternative Rates for Energy (CARE)** 800-782-2506

933 Eloise Avenue, South Lake Tahoe

<https://california.libertyutilities.com>

Provides a monthly discount on energy bills for income-qualified households and housing facilities. Qualifications are based upon the number of persons living in the home and total annual household income.

**PG&E California Alternative Rates for Energy (CARE)** 800-743-5000

4636 Missouri Flat Road, Placerville

[www.pge.com/care](http://www.pge.com/care)

Provides a monthly discount on energy bills for income-qualified households and housing facilities. Qualifications are based upon the number of persons living in the home and total annual household income.

**Southwest Gas California Alternatives Rates for Energy (CARE)** 877-860-6020

400 Eagle Station Lane, Carson City

[www.swgas.com](http://www.swgas.com)

Provides a monthly discount on energy bills for income-qualified households and housing facilities. Qualifications are based upon the number of persons living in the home and total annual household income.

**Federal Lifeline Program** 888-CALL-FCC

[www.lifelinesupport.org](http://www.lifelinesupport.org)

Provides discounts on monthly telephone service for a wireless telephone to eligible households. Also offers a discount on the initial installation or activation fees for telephone service if your household qualifies.

**California Lifeline Program**

**866-272-0349**

[www.californialifeline.com/en](http://www.californialifeline.com/en)

Provides basic home phone service at a discount to eligible households.

**California Telephone Access Program (CTAP)**

**800-806-1191**

**P.O. Box 30310, Stockton**

[www.californiaphones.org](http://www.californiaphones.org)

Offers a range of free, specialized phones that make it easier to hear, dial and call. Also has phones designed for people with restricted mobility or speech impairments, or who are blind or deaf.

**Deaf and Disabled Telecommunication Program**

**800-806-1191**

<http://ddtp.cpuc.ca.gov>

Provides telephone communication access for deaf and disabled Californians.

**Salvation Army Service Extension**

**530-889-3990**

**286 Sutter St., Auburn**

[www.salvationarmyusa.org](http://www.salvationarmyusa.org)

Can provide temporary emergency needs assistance that is not met by other agencies or organizations.

# LEGAL SERVICES

## **Legal Records**

**El Dorado County Recorder – Clerk Office** **530-621-5490**  
**360 Fair Lane, Building B, Placerville**  
**South Lake Tahoe** **530-573-3409**

**3368 Lake Tahoe Boulevard, Suite 108, South Lake Tahoe**

[www.edcgov.us/countyclerk](http://www.edcgov.us/countyclerk)

The County Clerk issues and registers marriage licenses, accepts and indexes fictitious business name statements, files notary bond certificates, powers of attorney, surety bonds, inventory statements and certain environmental documents, and maintains a list of public rosters.

**El Dorado County Office of Vital Statistics** **530-621-6121**  
**931 Spring Street, Placerville**  
**South Lake Tahoe** **530-573-3155**

**3368 Lake Tahoe Boulevard, Suite 108, South Lake Tahoe**

[www.edcgov.us/publichealth](http://www.edcgov.us/publichealth)

The Office of Vital Statistics registers births and deaths that occur in El Dorado County.

The office also issues birth and death certificates and burial permits.

**El Dorado County – Elections** **530-621-7480**  
**2850 Fair Lane Court, Placerville**  
**South Lake Tahoe (Recorder Clerk)** **530-573-3407**

**3368 Lake Tahoe Boulevard, Suite 108, SLT**

**(Early voting in SLT, up to 29 days before election)**

[www.edcgov.us/Elections](http://www.edcgov.us/Elections)

The Registrar of Voters is the department head for the Elections Department. This department provides elections services to all county residents for federal, state, county, city and special district elections.

**El Dorado County Veteran Affairs** **530-621-5892**  
**Veterans Memorial Building, 130 Placerville Drive, Placerville**  
**South Lake Tahoe** **530-573-7955 ext. 5892**

[www.edcgov/Veterans](http://www.edcgov/Veterans)

Veterans Affairs provides guidance and advice to help veterans become aware of, and claim, the many benefits they are entitled to due to their military service. Entitlements include counseling, education benefits, medical benefits, Cal-Vet home loans programs, disability pensions, military funeral service and burial benefits.

## **Legal Resources**

### **El Dorado County Senior Legal Services 937 Spring Street, Placerville**

**530-621-6154**

[www.edcgov.us/SeniorService.aspx](http://www.edcgov.us/SeniorService.aspx)

Senior Legal Services helps El Dorado County residents age 60 or older who are seeking legal assistance with a civil, non-criminal matter. Services include estate planning, public benefits, consumer issues, health care, real property, wills & trusts, power of attorney, abuse and exploitation. Attorneys meet with seniors by appointment only.

### **El Dorado County Public Guardian 768 Pleasant Valley Road, Diamond Springs**

**530-642-4800**

[www.edcgov.us/humanservices](http://www.edcgov.us/humanservices)

The Office of the Public Guardian ensures the physical and financial safety of persons unable to do so on their own, and when there are no viable alternatives to a public conservatorship. Services are defined and directed by the Superior Court. The Superior Court can appoint the Public Guardian as a conservator of the person only, estate only (for probate) or both person and estate.

### **California Fair Employment and Housing Department 2218 Kausen Drive, Suite 100, Elk Grove**

**916-478-7251**

[www.dfeh.ca.gov](http://www.dfeh.ca.gov)

This agency investigates, conciliates and litigates complaints and enforces laws regarding discrimination in employment, housing, public accommodations and hate violence.

### **Health Insurance Counseling and Advocacy Program (HICAP) 937 Spring Street, Placerville**

**530-621-6369**

[www.edcgov.us/SeniorService.aspx](http://www.edcgov.us/SeniorService.aspx)

HICAP provides assistance with Medicare questions, help with health insurance and long-term care insurance.

### **Legal Services of Northern California 190 Reamer Street, Auburn**

**530-823-7560**

[www.lsn.net](http://www.lsn.net)

Legal Services of Northern California provides legal representation to low-income individuals.

### **Voluntary Legal Services Program 501 12th Street, Sacramento**

**916-551-2102**

[www.vlsp.org](http://www.vlsp.org)

Voluntary Legal Services Program is volunteer-based, pro bono, legal assistance with civil legal matters to low-income clients living in the Sacramento region.



## **Tax Preparation Assistance**

**AARP Tax-Aide Program**  
**937 Spring Street, Placerville**  
[www.aarp.org/money/taxaide](http://www.aarp.org/money/taxaide)

**530-621-6150**

AARP provides seasonal volunteer assistance with tax returns.

**Franchise Tax Board**  
**3321 Power Inn Road, Suite 250, Sacramento**  
[www.ftb.ca.gov](http://www.ftb.ca.gov)

**800-852-5711**

The Volunteer Income Tax Assistance or Tax Counseling for the Elderly programs provide volunteers to assist people who are age 60 or older, disabled or low-income with simple state tax returns. Language assistance is available.

**IRS Tax Help Line**  
**4330 Watt Avenue, Sacramento**  
[www.irs.gov](http://www.irs.gov)

**916-974-5225 or 800-829-1040**

IRS offers callers information regarding tax return preparation or notices from the IRS.

# FUNERAL PREPLANNING AND DEATH RELATED SERVICES

**El Dorado County Office of Vital Statistics** 530-621-6121  
931 Spring Street, Placerville  
**South Lake Tahoe (Public Health Department)** 530-573-3155  
3368 Lake Tahoe Boulevard, Suite 108, South Lake Tahoe  
[www.edcgov.us/publichealth](http://www.edcgov.us/publichealth)

The Office of Vital Statistics provides copies of certificates for births and deaths that have occurred in El Dorado County within the current year and immediate past year. They also issue burial permits.

**El Dorado County Recorder-Clerk Office** 530-621-5490  
360 Fair Lane, Placerville  
**3368 Lake Tahoe Boulevard, Suite 108, South Lake Tahoe** 530-573-3409  
[www.edcgov.us/countyclerk](http://www.edcgov.us/countyclerk)

Issues certificates for births and deaths that occurred prior to the current and past year.

Online Funeral Information, Planning and Guide  
[www.funeralhomesguide.com](http://www.funeralhomesguide.com)

## **Organ and Body Donations**

**24 hour Death Notification phone number** 530-572-2100

**Body Donation – U.C. Davis Health System** 916-734-9560  
4800 Broadway, Suite 100, Sacramento  
[www.ucdmc.ucdavis.edu/bodydonation](http://www.ucdmc.ucdavis.edu/bodydonation)

Donors assist the medical school with anatomical materials necessary for the medical school curriculum. The mission of the Body Donation Program includes gratitude to the donors and their families, respect for all cultures and beliefs, and public education within our community.

**California Department of Motor Vehicles (DMV)** 800-777-0133  
2919 Cold Springs Road, Placerville  
[www.dmv.ca.gov](http://www.dmv.ca.gov)

Provides organ donor cards.

**Donor Network West**  
**12667 Alcosta Boulevard, Suite 500, San Ramon**  
[www.donornetworkwest.org](http://www.donornetworkwest.org)

**800-553-6667**

Coordinates organ and tissue recovery and distribution, and educates health care professionals and the public about the importance of organ and tissue donation.

### **Survivor and Burial Benefits**

**Department of Veteran Affairs**  
**2007 19th Street, Sacramento**  
[www.cem.va.gov](http://www.cem.va.gov)

**916-874-6811**  
**800-827-1000**

Counselors are available to answer questions regarding burial, death pension, dependency indemnity compensation and direct deposit.

**Social Security Administration**  
**3916 Missouri Flat Road, Suite A, Placerville**  
[www.ssa.gov](http://www.ssa.gov)

**877-545-5497**

Report a death, file for survivor benefits or file for burial benefits.

# GENERAL ASSISTANCE AND SERVICES

**El Dorado County Senior Information and Assistance** 530-621-6369 or 800-510-2020  
937 Spring Street, Placerville  
[www.edcgov.us/humanservices](http://www.edcgov.us/humanservices)

This one-stop resource provides seniors with information and referral assistance so that they can make informed choices, continue to live safely and independently, and improve their overall well being.

**El Dorado County Emergency Preparedness and Response** 530-621-7581  
2900 Fair Lane Court, Placerville  
South Lake Tahoe 530-573-7955 x7581  
[www.edcgov.us/Government/PublicHealth/publichealthpreparedness](http://www.edcgov.us/Government/PublicHealth/publichealthpreparedness)

Prepares for, and responds to, public health threats and emergencies in El Dorado County. Conducts emergency planning, surveillance, detection and control of diseases, health risk communication, and education and training services for the public and healthcare providers.

**El Dorado County Housing Authority** 530-621-6300  
2900 Fair Lane Court, Placerville  
[www.edcgov.us/humanservices](http://www.edcgov.us/humanservices)

This program provides rental subsidy assistance (commonly known as Section 8 housing). The program operates under federal guidelines from the U.S. Department of Housing and Urban Development.

**El Dorado County Senior Peer Counseling** 530-621-6304  
937 Spring Street, Placerville  
[www.edcgov.us/humanservices](http://www.edcgov.us/humanservices)

Offers confidential supportive counseling for people age 55 or older who may be lonely, isolated, grieving, sad and/or stressed about issues of growing older. Strives to help individuals increase independence, personal growth and enjoyment of life.

**California Retired Teachers Association (CalRTA)** 916-923-2200  
1750 Howe Avenue, Suite 630, Sacramento  
[www.calrta.org](http://www.calrta.org)

Fights to protect the benefits of California's retired educators.

**Call 2-1-1 Sacramento**

**-500-4931**

[www.211sacramento.org](http://www.211sacramento.org)

Free, 24-hour telephone customer service center for people looking for community services and resources, such as shelter, food, counseling, employment assistance and more in Sacramento County.

**Friendship Line, Institute on Aging**

**800-971-0016**

[www.ioaging.org](http://www.ioaging.org)

Offers confidential telephone discussion for people age 60 or older, their caregivers and/or younger disabled adults who may be lonely, isolated, grieving, depressed, anxious and/or thinking about death or suicide.

**Parents, Families and Friends of Lesbians and Gays (PFLAG)**

[nfo@pflagplacerville.org](mailto:nfo@pflagplacerville.org)

[www.pflagplacerville.org](http://www.pflagplacerville.org)

Educates the community about Lesbian, Gay, Bisexual and Transgender (LGBT) issues.

**United Way California Capital Region**

**916-368-3000**

**10389 Old Placerville Road, Sacramento**

[www.unitedway.org](http://www.unitedway.org)

Improves lives by mobilizing the caring power of communities around the world to advance the common good.

**Clothes and Furniture**

**Green Valley Community Church**

**530-622-3231**

**3500 Missouri Flat Road, Placerville**

[www.gvcconline.com](http://www.gvcconline.com)

**Live Violence Free**

**530-544-2118**

**2941 Lake Tahoe Boulevard, South Lake Tahoe**

**24 Hour Crisis Line 530-544-4444**

[www.liveviolencefree.org](http://www.liveviolencefree.org)

**Seventh Day Adventist Church**

**530-622-2446**

**6831 Mother Lode Drive, Placerville**

<http://www.placervillesdachurch.com/psdawebsite/>

**Snowline Hospice Thrift Store**

**530-621-1802**

**455 Placerville Drive, Placerville**

[www.snowlinehospice.org](http://www.snowlinehospice.org)

**St. Patrick's Aid Ministry**

**530-621-7773**

**3109 Sacramento Street, Placerville**

[www.stpatpv.org](http://www.stpatpv.org)

## **Food Assistance and Hot Meals**

**Home Delivered Meals and Congregate Dining Centers** **530-621-6160**  
**937 Spring Street, Placerville**  
[www.edcgov.us/humanservices](http://www.edcgov.us/humanservices)

The El Dorado County Senior Nutrition Program enables older adults to obtain a nutritious meal at an affordable price. Meals are available to people aged 60 years and older. Home delivered meals are available to homebound seniors. Lunch is served Monday – Friday at Senior Dining Centers located throughout El Dorado County (see Senior Centers and Congregate Meal Sections for more details). A suggested donation of \$3 per meal.

**Brown Bag Program** **530-621-9950**  
**4550 Business Drive, Cameron Park**  
[www.foodbankedc.org](http://www.foodbankedc.org)

This program is administered by the Food Bank of El Dorado County. Distributes both surplus and donated foods on a monthly basis to people age 60 or older who are living on low incomes.

**Bread and Broth** **530-542-2876**  
**Grace Hall of St. Theresa Church, 1041 Lyons Avenue, South Lake Tahoe**  
[www.breadandbroth.org](http://www.breadandbroth.org)

A hot meal is provided on Mondays from 4:00 to 5:30 p.m.

**Placer County Food Bank** **916-783-0481**  
**8284 Industrial Avenue, Roseville**  
[www.placerfoodbank.org/](http://www.placerfoodbank.org/)

Provides food assistance programs to El Dorado, Nevada and Placer Counties.

**Lake Tahoe Community Presbyterian Church**  
**2733 Lake Tahoe Boulevard, South Lake Tahoe**  
A hot meal is served on Fridays from 4:00 to 5:00 p.m.

**Calvary Chapel** **530-626-8484**  
**6575 Commercial Way, Diamond Springs**  
[www.calvaryplacerville.com](http://www.calvaryplacerville.com)

The food closet is open on the 2nd and 4th Wednesdays of each month from 10:00 a.m. to 12:00 p.m.

**Christmas Cheer All Year** **530-542-4934**  
**1120 Third Street, South Lake Tahoe**

The food closet is open weekly on Tuesday, Wednesday and Thursday from 11:00 a.m. to 2:00 p.m. Fresh produce is available the 1st, 2nd and 4th Friday each month at 11:00 a.m.

## **Emergency Food Closets**

For contact information about Emergency Food Closets in your area, please call the Food Bank at one of the listed numbers.

Placerville 530-621-9950

El Dorado Hills 916-939-6774

**First Baptist Church of South Lake Tahoe** **530-544-2743**

**1053 Wildwood Avenue, South Lake Tahoe**

[www.firstbaptistchurchslt.com](http://www.firstbaptistchurchslt.com)

Food closet is open on Wednesdays from 11:00 a.m to 12:30 p.m.

**Green Valley Community Church** **530-622-3231**

**3500 Missouri Flat Road, Placerville**

[www.gvcconline.net](http://www.gvcconline.net)

Food closet is open Saturdays from 8 a.m. to 11 a.m.

**Live Violence Free** **530-544-2118**

**2941 Lake Tahoe Boulevard, South Lake Tahoe**

[www.liveviolencefree.org](http://www.liveviolencefree.org)

Food closet is open Monday – Friday from 8:00 a.m. to 4:00 p.m.

**Pollock Pines Community Church** **530-644-2133**

**6361 Pony Express Trail, Pollock Pines**

[www.pollockchurch.com](http://www.pollockchurch.com)

Food closet is open the 1st, 3rd & 4th Wednesday of the month from 9 a.m. to 12:00 p.m.

**Seventh Day Adventist Church** **530-622-2446**

**6831 Motherlode Drive, Placerville**

<http://www.placervillesdachurch.com/psdawebsite/>

Food Closet is open most Wednesdays from 9:00 a.m. to 12:00 p.m. (Call for availability)

**S.H.A.R.E. Food Closet** **530-626-8299**

**1031 Thompson Way, Placerville**

[www.foodbankedc.org](http://www.foodbankedc.org)

Food closet is open Monday to Friday 10 a.m. to 12:45 p.m.

Recipients can receive three days of food supplies every two months.

**Tahoe Family Resource Center** **530-542-0740**

**3501 Spruce Avenue, South Lake Tahoe**

[www.tahoefrc.org](http://www.tahoefrc.org)

Food closet is open on the 2nd Friday of every month from 9:00 a.m. to 5:00 p.m.

**The Upper Room Dining Hall**  
**1868 Broadway, Placerville**  
[www.upperroomdininghall.org](http://www.upperroomdininghall.org)

**530-621-7730**

A hot meal is provided every day from 4:00 p.m. to 5:30 p.m.

## **Homeless Assistance**

**Center for Violence Free Relationships**  
**344 Placerville Drive, Suite 11, Placerville**  
[www.thecenternow.org](http://www.thecenternow.org)

**530-626-1450 or Crisis Line 530-626-1131**

Assists victims of domestic and/or sexual assault and their families. Helps with shelter, counseling, legal services and children's services. Men's groups are available.

**Housing Emergency Lodging Program (H.E.L.P.)**  
**3109 Sacramento Street (P.O. Box 912), Placerville**  
[www.stpatpv.org/serve/help.htm](http://www.stpatpv.org/serve/help.htm)

**530-306-2352**

Assists local homeless individuals and their families to secure temporary emergency shelter for 1-2 nights at a motel, once a year.

**Live Violence Free**  
**2941 Lake Tahoe Boulevard, South Lake Tahoe**  
[www.liveviolencefree.org](http://www.liveviolencefree.org)

**530-544-2118 or Crisis Line 530-5444-4444**

Assists victims of domestic and/or sexual assault and their families. Helps with shelter, counseling, advocacy, information and referrals.

**Only Kindness - Community Resource Center**  
[www.edcrc.org](http://www.edcrc.org)

**530-344-1864**

Provides information and referrals to El Dorado County's at-risk and homeless families.

**Tahoe Coalition for the Homeless**  
<https://tahoehomeless.org/>

**775-573-0822**



# FINANCIAL SERVICES

**El Dorado County CalFresh (Western Slope)** 530-642-7300  
3057 Briw Road, Placerville  
South Lake Tahoe 530-573-3200  
3368 Lake Tahoe Boulevard, Suite 100, South Lake Tahoe  
[www.c4yourself.com](http://www.c4yourself.com)  
This program federally funded program helps low-income people buy the food they need for good health. Formerly known as food stamps.

**El Dorado County CalWORKs (Western Slope)** 530-642-7300  
3057 Briw Road, Placerville  
South Lake Tahoe 530-573-3200  
3368 Lake Tahoe Boulevard, Suite 100, South Lake Tahoe  
[www.c4yourself.com](http://www.c4yourself.com)  
Provides time-limited cash aid to families with eligible, needy children. CalWORKs is the state implementation of the Federal Temporary Assistance to Needy Families (TANF) program. Housing assistance is also available for CalWORKs clients through the Housing Support Program, which is designed to increase stability for local families by providing assistance and support needed to find a safe, affordable and permanent place to live.

**El Dorado County General Assistance Program (Western Slope)** 530-642-7300  
3057 Briw Road, Placerville  
3368 Lake Tahoe Boulevard, Suite 100, South Lake Tahoe 530-573-3200  
[www.edcgov.us/humanservices](http://www.edcgov.us/humanservices)  
Provides assistance for adults without dependent children who meet eligibility requirements.

**El Dorado County Home Energy Assistance Program (HEAP)** 530-621-6150  
937 Spring Street, Placerville (Western Slope)  
1360 Johnson Boulevard, Suite 103, South Lake Tahoe 530-573-3490  
[www.edcgov.us/humanservices](http://www.edcgov.us/humanservices)  
Assists eligible households in offsetting the cost of heating and/or cooling their homes. Call for program status and application. Program funding is limited.

**El Dorado County Housing Choice Voucher Program** 530-621-6300  
2900 Fairlane Court, Placerville  
[www.edcgov.us/humanservices](http://www.edcgov.us/humanservices)  
Enables eligible persons to rent privately owned, existing, safe and sanitary housing by making housing assistance payments to private landlords. Program funding is limited.

**El Dorado County In-Home Supportive Services (IHSS)** **530-642-4800**  
**3057 Briw Road, Placerville**  
[www.edcgov.us/humanservices](http://www.edcgov.us/humanservices)  
Helps Medi-Cal eligible recipients who are elderly, disabled or blind to stay safely in their homes. Pays providers to come into the home to assist with household and/or personal care tasks that the recipient cannot manage on their own.

**El Dorado County Multipurpose Senior Services Program (MSSP)** **530-621-6278**  
**935 A Spring Street, Placerville**  
[www.edcgov.us/humanservices](http://www.edcgov.us/humanservices)  
This care management program helps Medi-Cal eligible seniors age 65 or older independently remain in their homes.

**El Dorado County Veteran Affairs (Western Slope)** **530-621-5892**  
**Veterans Memorial Building, 130 Placerville Drive, Placerville**  
**South Lake Tahoe** **530-573-7955 ext. 5892**  
[www.edcgov.us/Veterans](http://www.edcgov.us/Veterans)  
Assists veterans, their dependents and survivors in obtaining entitlements from federal, state and local agencies that administer veteran programs. It is not affiliated with the Federal Department of Veteran Affairs (VA).

**El Dorado County Home Weatherization Program (Western Slope)** **530-621-6150**  
**937 Spring Street, Placerville**  
**South Lake Tahoe** **530-573-3490**  
**1360 Johnson Boulevard, Suite 103, South Lake Tahoe**  
This federally funded program provides eligible homeowners and renters with free energy efficiency upgrades to their homes to help reduce energy costs.

**California Department of Consumer Affairs (DCA)** **800-952-5210**  
**1625 North Market Boulevard, Suite N-112, Sacramento**  
[www.dca.ca.gov](http://www.dca.ca.gov)  
Protects and serves California consumers while ensuring a competent and fair marketplace. DCA helps consumers learn how to protect themselves from unscrupulous and unqualified individuals.

**California Health and Human Services (CHHS)** **916-654-3454**  
**1600 Ninth Street, Suite 460, Sacramento**  
[www.chhs.ca.gov](http://www.chhs.ca.gov)  
Oversees a range of health care services, social services, mental health services, alcohol and drug treatment services, income assistance and public health services to Californians.

**California Department of Social Services**  
[www.cdss.ca.gov/](http://www.cdss.ca.gov/)

**Congress of California Seniors**  
**1230 N Street, Suite 201, Sacramento**

**800-543-3352 or 916-442-4474**

[www.seniors.org](http://www.seniors.org)

Focuses its primary attention on legislative and consumer issues that affect older adults.

**Federal Citizen Information Center, Senior Citizens Resources**

**844-872-4681**

[www.usa.gov/Topics/](http://www.usa.gov/Topics/)

Offers government resources for seniors on money, housing, health, consumer protection and more.

**National Institute on Aging (NIA)**

**800-222-2225**

**Building 31, Room 5C27, 31 Center Drive, MSC 2292, Bethesda, MD, 20892**

[www.nia.nih.gov](http://www.nia.nih.gov)

Dedicated to understanding the nature of aging, supporting the health and well-being of older adults, and extending healthy, active years of life for more people.

**Social Security Administration**

**877-545-5497**

**3916 Missouri Flat Road, Suite A, Placerville**

[www.socialsecurity.gov](http://www.socialsecurity.gov)

Independent agency of the federal government that administers Social Security -- a social insurance program consisting of retirement, disability and survivors benefits.

**State of California Office of the Patient Advocate (OPA)**

**916-324-6407**

**980 9th Street, Suite 8017, Sacramento**

[www.opa.ca.gov](http://www.opa.ca.gov)

Offers consumers information needed to make the best health insurance decisions. Covers health care topics including consumer rights and responsibilities, dealing with problems and finding health care.

# HEALTH RELATED AGENCIES AND SERVICES

## **Alcohol and Substance Abuse**

**El Dorado County Behavioral Health (Western Slope) 530-621-6290**

768 Pleasant Valley Road, Diamond Springs

**South Lake Tahoe Behavioral Health 530-573-7970**

1900 Lake Tahoe Boulevard, South Lake Tahoe

[www.edcgov.us/MentalHealth](http://www.edcgov.us/MentalHealth)

## **24 Hour Psychiatric Emergency Services**

**Placerville 530-622-3345**

**South Lake Tahoe 530-544-2219**

Offers education, prevention, treatment and counseling services directly and through contracts with community agencies. Also manages various drug court programs.

## **Alcoholics Anonymous (AA) 530-622-3500**

P.O. Box 748, Placerville

[www.westernsloped22.org](http://www.westernsloped22.org)

**South Lake Tahoe 530-541-1243**

[www.nnig.org](http://www.nnig.org)

This international fellowship provides supportive services to men and women who have had a drinking problem. Provides literature and group meetings.

## **Al-Anon and Alateen Information 916-334-2970**

5429 Palm Avenue, Suite A, Sacramento

[www.ncwsa.org/d6-10](http://www.ncwsa.org/d6-10)

**South Lake Tahoe 530-541-1243**

Friends and families of problem drinkers find understanding and support at Al-Anon and Alateen meetings.

## **El Dorado Council on Alcoholism (EDCA) 530-622-8193**

893 Spring Street, Placerville

[www.rehabcenter.net/rehab-centers/](http://www.rehabcenter.net/rehab-centers/)

Offers substance abuse treatment.

**Marshall CARES** 530-622-1441  
[www.marshallmedical.org/marshall-services/cares.aspx](http://www.marshallmedical.org/marshall-services/cares.aspx)  
Clinically assisted treatment, recovery and education.

**New Morning Youth and Family Services** 530-622-5551  
6765 Green Valley Road, Placerville  
[www.newmorningyfs.org](http://www.newmorningyfs.org)  
Provides a safety net of services to troubled youth and their families.

**Progress House** 530-626-9240  
2844 Coloma Street, Placerville  
[www.progresshouseinc.org](http://www.progresshouseinc.org)  
Provides a continuum of care for individuals and families with alcohol and other drug issues.

**Tahoe Turning Point** 530-541-4594  
2494 Lake Tahoe Boulevard, B7, South Lake Tahoe  
[www.tahoeturningpoint.org](http://www.tahoeturningpoint.org)  
Offers drug and alcohol education and substance abuse treatment and addiction counseling.

**Tahoe Youth and Family Services** 530-541-2445  
1021 Freemont Avenue, South Lake Tahoe  
[www.tahoeyouth.org](http://www.tahoeyouth.org)  
Provides prevention, intervention and outpatient services to adults and youth. Offers DUI

**Salvation Army Adult Rehabilitation Center** 530-216-4530  
401 Del Norte Avenue, Yuba City; 525 West Lockford Street, Lodi  
<http://www.gosalarmy.org>  
Provides residential substance abuse treatment for individuals with identifiable/treatable needs.

## **Health and Disease Management**

**ALS Association (Lou Gehrig's disease)** 916-979-9265  
2717 Cottage Way, Suite 17, Sacramento

**Alzheimer's Association** 800-272-3900 or 916-930-9080  
1455 Response Road, Suite 190, Sacramento  
1301 Cordone Avenue, Suite 180, Reno 775-786-8061  
[www.alz.org/norcal](http://www.alz.org/norcal)

**American Cancer Society** 800-227-2345  
1545 River Park Drive, Suite 100, Sacramento 916-446-7933  
691 Sierra Rose Drive, Suite A, Reno 775-329-0609  
[www.cancer.org](http://www.cancer.org)

<b>American Diabetes Association</b> <b>1900 Point West Way, Suite 212, Sacramento</b> <a href="http://www.diabetes.org">www.diabetes.org</a>	<b>800-342-2383 or 916-924-3232</b>
<b>American Heart Association</b> <b>2007 O Street, Sacramento</b> <b>155 County Estates Circle, Suite 200, Reno</b> <a href="http://www.heart.org">www.heart.org</a>	<b>800-242-8721</b> <b>916-446-6505</b> <b>775-322-7065</b>
<b>American Red Cross</b> <b>1565 Exposition Boulevard, Sacramento</b> <a href="http://www.redcross.org">www.redcross.org</a>	<b>916-993-7070</b>
<b>Arthritis Foundation</b> <b>1851 Heritage Lane Suite 183, Sacramento</b> <a href="http://www.arthritis.org">www.arthritis.org</a>	<b>916-368-5599</b>
<b>Bipolar Insights</b> <b>897 Union Street, Placerville</b> <a href="http://www.bipolarinsights.com">www.bipolarinsights.com</a>	<b>530-642-0859</b>
<b>Carson Tahoe Cancer Resource Center</b> <b>1535 Medical Parkway, Carson City</b> <a href="http://www.carson Tahoe.com">www.carson Tahoe.com</a>	<b>775-445-7500</b>
<b>Lewy Body Dementia Association</b> <b>7707 Rush River Drive, Sacramento</b> <a href="http://www.lbda.org">www.lbda.org</a>	<b>800-539-9767</b>
<b>Marshall Cancer Resource Center</b> <b>3581 Palmer Drive, Suite 400, Cameron Park</b> <a href="http://www.marshallmedical.org">www.marshallmedical.org</a>	<b>530-672-7050</b>
<b>Marshall Community Care Network</b> <a href="http://www.marshallmedical.org/marshall-services/community-care-network">www.marshallmedical.org/marshall-services/community-care-network</a>	<b>530-626-2745</b>
<b>Muscular Dystrophy Association (MDA)</b> <b>3835 N. Freeway Boulevard, Suite 120, Sacramento</b> <a href="http://www.mda.org">www.mda.org</a>	<b>916-921-9518</b>
<b>National Alliance for Hispanic Health</b> <b>1501 16th Street, NW, Washington, DC</b> <a href="http://www.healthyamericas.org">www.healthyamericas.org</a>	<b>866-783-2645</b>
<b>National Alliance on Mental Illness (NAMI), El Dorado County</b> <b>P.O. Box 393, El Dorado, CA</b> <b>South Lake Tahoe</b> <a href="http://www.namiel Dorado County.org">www.namiel Dorado County.org</a>	<b>530-677-2676</b> <b>650-740-5776</b>

**National Council on Disability (NCD)** 202-272-2004  
1331 F St. NW, Suite 850, Washington, DC  
[www.ncd.gov](http://www.ncd.gov)

**National Multiple Sclerosis Society** 916-927-8000  
4225 Northgate Boulevard, Suite 4, Sacramento  
[www.nationalmssociety.org](http://www.nationalmssociety.org)

**National Stroke Association** 800-787-6537  
9707 E. Easter Lane, Suite B, Centennial, CO  
[www.stroke.org](http://www.stroke.org)

**NorCal Services for Deaf & Hard of Hearing** 916-349-7500  
4708 Roseville, Suite 112, North Highlands  
[www.norcalcenter.org](http://www.norcalcenter.org)

**Parkinson's Disease Foundation (PDF)** 212-923-4700  
1359 Broadway, Suite 1509, New York, NY  
[www.pdf.org](http://www.pdf.org)

**U.C. Davis Alzheimer's Disease Research Center** 916-734-5496  
4860 Y St., Suite 3900, Sacramento  
[health.ucdavis.edu/alzheimers/](http://health.ucdavis.edu/alzheimers/)

**United Spinal Association** 718-803-3782  
120-34 Queen Boulevard #320, Kew Gardens, NY  
[www.unitedspinal.org](http://www.unitedspinal.org)

## **Health Services and Medical Service Providers**

**El Dorado County Behavioral Health (Western Slope)** 530-621-6290  
768 Pleasant Valley Road, Diamond Springs **Crisis Line** 530-622-3345  
South Lake Tahoe 530-573-7970  
1900 Lake Tahoe Boulevard, South Lake Tahoe **Crisis Line** 530-544-2219  
[www.edcgov.us/mentalhealth](http://www.edcgov.us/mentalhealth)

The Mental Health Division has outpatient clinics for adults who meet income and eligibility criteria. Services include screenings, evaluations, individual case management and family work. Mental Health also has two Wellness Center locations on the Western Slope and South Lake Tahoe that provide a welcoming environment where clients and community members can socialize and gain a variety of personal skills, attend peer support groups and learn life skills focusing on managing mental health symptoms.

**Barton Health** 530-541-3420  
2170 South Avenue, South Lake Tahoe  
[www.bartonhealth.org](http://www.bartonhealth.org)

Barton Health is a rural health system that provides health and wellness services to Lake Tahoe

residents and the area's visitors. Barton Memorial Hospital has expanded its acute care services to include physician and outpatient facilities.

**El Dorado County Public Health Division (Western Slope) 530-621-6100**

**931 Spring Street, Placerville**

**South Lake Tahoe**

**530-573-3155**

**3368 Lake Tahoe Boulevard, Suite 108, South Lake Tahoe**

[www.edcgov.us/PublicHealth](http://www.edcgov.us/PublicHealth)

The Public Health Division monitors the overall health of the community and promotes wellness. Program staff control disease outbreaks, respond to public health emergencies, issue birth/death certificates, certify paramedics and conducts water testing. They also provide home visits and case management for at-risk families, low-cost immunizations, and community health education.

**Divide Wellness Center-Marshall Medical Center 530-333-2548**

**6065 Highway 193, Georgetown**

[www.marshallmedical.org](http://www.marshallmedical.org)

This community clinic is coordinated by Marshall Medical Center and provides complete family medical care. They accept Medicare and Medi-Cal.

**El Dorado Community Health Center 530-621-7700**

**4327 Golden Center Drive, Placerville**

[www.edcchc.org](http://www.edcchc.org)

This primary care center provides a full range of family practice services, including Client Advocate, Pharmacy Program and Patient Assistant Program for medications, acupuncture, podiatry, behavioral health and referral services. They accept most private insurances, Medi-Cal, Medicare, the underinsured and those without insurance.

**Marshall Medical Center 530-622-1441**

**1100 Marshall Way, Placerville**

[www.marshallmedical.org](http://www.marshallmedical.org)

Marshall Medical Center includes Marshall Hospital, a fully accredited acute care facility; several outpatient facilities in Cameron Park, Placerville, El Dorado Hills and Georgetown; Marshall Physician Clinic Services, and many community health and education programs.

**Medi-Cal (Western Slope) 530-642-7300**

**3057 Briw Road, Placerville**

**South Lake Tahoe**

**530-573-3200**

**3368 Lake Tahoe Boulevard, Suite 100, South Lake Tahoe**

[www.c4yourself.com](http://www.c4yourself.com)

Medi-Cal is California's Medicaid program. This public health coverage program provides health care services for low-income individuals including families with children, seniors, persons with disabilities, and others. Medi-Cal provides assistance in meeting health care expenses for eligible persons.



**Shingle Springs Tribal Health Program**  
**5168 Honpie Road, Shingle Springs**

**530-387-4975**

[www.sshwc.org](http://www.sshwc.org)

Provides the community with quality care in a secure and comfortable environment. Services include medical, dental and mental health. Accepts most private insurances, Medi-Cal, Medicare, the underinsured and those without insurance.

**Western Sierra Medical Center**  
**3070 Camino Heights Drive, Camino**

**530-647-9762**

[www.wsmedicalcenter.com](http://www.wsmedicalcenter.com)

Provides primary health care including preventative medicine, adult exams, urgent care for established patients and minor office procedures. Accepts Medi-Cal and Medicare.

**Hospice Services and Support**

**Barton Home Health & Hospice**  
**2092 Lake Tahoe Boulevard, Suite 500, South Lake Tahoe**

**530-543-5581**

[www.bartonhealth.org](http://www.bartonhealth.org)

Home Health services are provided by a team of professionals in the privacy of your home with a doctor's referral. Hospice services include supporting terminally ill patients near end-of-life and guiding their loved ones through grief. Hospice benefits are included in Medicare, Medi-Cal and most health insurance plans.

**Snowline Hospice**  
**6520 Pleasant Valley Road, Diamond Springs**

**530-621-7820**

[www.snowlinehospice.org](http://www.snowlinehospice.org)

Services include supporting terminally ill patients near end-of-life and guiding their loved ones through grief. Hospice benefits are included in Medicare, Medi-Cal and most health insurance plans.

# HOUSING

**El Dorado County Long-Term Care Ombudsman (LTCO)** **530-621-6271**  
*To report elder abuse in a Skilled Nursing Facility (SNF), or Residential Care Facility (RCFE), call your local LTCO office or 800-231-4024*  
**937 Spring Street, Placerville**  
[www.edcgov.us/humanservices](http://www.edcgov.us/humanservices)

The Long-Term Care Ombudsman Program advocates for quality care and quality of life for all residents of Skilled Nursing Facilities and Residential Care Facilities. Residential Care Facilities for the Elderly (RCFE), also referred to as “Assisted Living” or “Board and Care” facilities, are non-medical facilities that provide a level of care that includes assistance with daily living activities. Skilled Nursing Facilities (SNF) provide 24 hour, 7 days a week expert care for those in need of constant care. This type of facility is for those who need short or long-term care. Medically trained staff provides care, with nurses supervising treatments, giving medications and monitoring chronic disorders.

**El Dorado County Housing, Community & Economic Development** **530-621-5159**  
**2850 Fairlane Court, Placerville**  
[www.edcgov.us/HCED/](http://www.edcgov.us/HCED/)

Assists households with loans to rehabilitate their homes from blight, provide loans to first-time homebuyers, build community facilities to bring services closer to the community where families live, and provide grants to improve Infrastructure to a housing development.

**El Dorado County Housing Authority** **530-621-6300**  
**2900 Fairlane Court, Placerville**  
[www.edcgov.us/humanservices](http://www.edcgov.us/humanservices)

Operates under federal guidelines from the U.S. Department of Housing and Urban Development to provide rental subsidy assistance (more commonly known as Section 8).

**California Advocates for Nursing Home Reform (CANHR)** **800-474-1116**  
**650 Harrison Street, 2nd Floor, San Francisco**  
[www.canhr.org/RCFE](http://www.canhr.org/RCFE)

Provides information and education about nursing home issues; advocates for improved quality of life for people in nursing homes.

**City of South Lake Tahoe Development Services** **530-542-7417**  
**1052 Tata Lane, South Lake Tahoe**  
[www.cityofslt.us](http://www.cityofslt.us)

Provides lists of affordable housing projects and manages the Housing Hotline to assist residents with landlord-tenant concerns, information and resources, or complaints regarding the condition of their rental unit.

**Nursing Home Compare**

[www.medicare.gov/nhcompare](http://www.medicare.gov/nhcompare)

Detailed information about every Medicare and Medicaid-certified nursing home in the country.

**U.S. Department of Housing and Urban Development  
One Sansome Street, Suite 1200, San Francisco**

**415-489-6400**

[www.hud.gov](http://www.hud.gov)

Creates strong, sustainable, inclusive communities and quality, affordable homes for all.

**U.S. Department of Agriculture – Rural Development  
11661 Blocker Drive, Suite 120, Auburn**

**530-885-6505**

[www.rd.usda.gov](http://www.rd.usda.gov)

Committed to the future of rural communities by offering low-cost home loans to purchase a home, or home loans and grants to be used for home repairs.

# INDEPENDENCE ASSISTANCE

**El Dorado County In-Home Supportive Services (IHSS)** **530-642-4800**  
**3057 Briw Road, Placerville**  
[www.edcgov.us/humanservices](http://www.edcgov.us/humanservices)  
Helps eligible recipients who are elderly, disabled or blind stay in their homes by paying providers to come into the home and assist with household and/or personal care tasks that the recipient cannot manage on their own.

**El Dorado County In-Home Supportive Service Public Authority** **530-621-6287**  
**937 Spring Street, Placerville**  
[www.edcgov.us/humanservices](http://www.edcgov.us/humanservices)  
Assists those receiving IHSS by ensuring access to skilled providers who can help the recipient sustain independent living.

**El Dorado County Multipurpose Senior Services Program (MSSP)** **530-621-6278**  
**935 A Spring Street, Placerville**  
[www.edcgov.us/humanservices](http://www.edcgov.us/humanservices)  
Care management services for residents age 65 or older, who are Medi-Cal eligible and at risk of placement in a skilled nursing facility due to frail health.

**El Dorado County You Are Not Alone (YANA) Program** **530-621-6255**  
**937 Spring Street, Placerville**  
[www.edcgov.us/humanservices](http://www.edcgov.us/humanservices)  
Free daily telephone “check-in” and reassurance services available 7 days a week, supported by the Sheriff’s Department and Human Services volunteers.

**Alta California Regional Center** **530-626-1353**  
**344 Placerville Drive, Suite 1, Placerville**  
[www.altaregional.org](http://www.altaregional.org)  
Assists persons with disabilities and their families. They do this by providing and securing those services and supports necessary to maximize opportunities.

**Ability Tools** **800-390-2699**  
**1000 G Street, Suite100, Sacramento**  
[www.abilitytools.org](http://www.abilitytools.org)  
Expands accessibility of tools, resources and technology to increase independence, improve personal productivity and enhance quality of life for all Californians.

**California Foundation for Independent Living Centers**  
**1000 G Street, Suite 100, Sacramento**

**916-325-1690**

[www.cfilc.org](http://www.cfilc.org)

Advocates for barrier-free access and equal opportunities for people with disabilities by increasing the capacity of Independent Living Centers.

**National Council on Independent Living (NCIL)**  
**2013 H Street NW, 6th Floor, Washington D.C.**

**844-778-7961**

[www.ncil.org](http://www.ncil.org)

NCIL offers a national policy platform that advocates for all human and civil rights.

**Motherlode Rehabilitation Enterprises, Inc. (MORE)**  
**399 Placerville Drive, Placerville**

**530-622-4848**

[www.more rehab.org](http://www.more rehab.org)

Provides services for adults with developmental disabilities using best practices. Also assists the community in providing real life opportunities, including work, for those they serve.

**Society for the Blind**  
**1238 S Street, Sacramento**

**916-452-8271**

[www.societyfortheblind.org](http://www.societyfortheblind.org)

For persons 55 or over and living with vision loss, the Senior Impact Project helps improve and maintain independence. This federally funded program provides no cost training in non-visual skills. All services, including transportation to and from select programs, at no charge.

**Placer Independent Resource Services (PIRS)**  
**El Dorado County Branch**  
**681 Main Street, Suite 100, Placerville**

**530-208-0939**

[www.pirs.org](http://www.pirs.org)

Advocates, empowers, educates and provides services for people with disabilities enabling them to control their alternatives for independent living.

# LEGAL INFORMATION AND ASSISTANCE

**El Dorado County Senior Legal Services**  
**937 Spring Street, Placerville**

**530-621-6154**

[www.edcgov.us/SeniorService.aspx](http://www.edcgov.us/SeniorService.aspx)

Senior Legal Services is intended to help if you are age 60 or older, reside in El Dorado County and are seeking legal assistance with a civil, non-criminal matter. Services include estate planning, public benefits, consumer issues, health care, real property, wills & trusts, power of attorney, abuse and exploitation. Attorneys meet with seniors by appointment only.

**El Dorado County Law Library**  
**550 Main Street, Suite A, Placerville**

**530-626-1932**

[www.eldoradocountylawlibrary.org](http://www.eldoradocountylawlibrary.org)

Free legal clinics offered on a first come, first serve basis. Call or visit website for information on classes, services, legal links and guides.

**El Dorado County District Attorney**  
**515 Main Street, Placerville**

**530-621-6472**

[www.edcgov.us/eldoda](http://www.edcgov.us/eldoda)

The District Attorney's Office investigates and prosecutes crimes. Crimes involving consumer fraud, bad checks, insurance fraud and environmental crimes should be reported directly to the District Attorney's Consumer/Environmental Protection Unit.

## **California Courts**

[www.courts.ca.gov](http://www.courts.ca.gov)

Official court website provides referrals to self-help legal resources. Click on "Self-Help" link and select "Finding Free and Low-Cost Legal Help" for resources and information. This website also provides forms and rules for specific court matters.

## **El Dorado County Bar Association**

**530-303-8051**

[www.eldoradocountyattorneys.org](http://www.eldoradocountyattorneys.org)

Find local attorneys using name, category or location.

## **FindLaw**

[www.findlaw.com](http://www.findlaw.com)

Provides legal information about numerous topics. Also offers help with finding a lawyer, legal questions and various legal forms.

## **Library of Congress**

[www.loc.gov](http://www.loc.gov)

Click on the “Ask a Librarian” link to get help answering questions on a variety of topics, including law (US and International).

## **Sacramento County Public Law Library**

**916-874-6012**

**609 9th Street, Sacramento**

[www.saclaw.org](http://www.saclaw.org)

Call the main line or visit the website for information on classes offered, research guides, free forms, online resources and more.

# SENIOR CENTERS AND CONGREGATE MEAL PROGRAMS

## Senior Centers

El Dorado County has three (3) Senior Centers conveniently located throughout El Dorado County. Each of the Senior Center locations offers daily programs and activities, and access to a variety of services for adults age 60 or older. The Senior Centers are a great way to stay active, socialize and learn new skills.

### El Dorado Hills Senior Center

916-358-3575

990 Lassen Drive, El Dorado Hills

### South Lake Tahoe Senior Center

530-573-3130

3050 Lake Tahoe Boulevard., South Lake Tahoe

### Placerville Senior Center

530-621-6150

937 Spring Street, Placerville

## El Dorado County Senior Nutrition Program and Home Delivered Meals

530-621-6160

937 Spring Street, Placerville

[www.edcgov.us/humanservices](http://www.edcgov.us/humanservices)

Coordinates the Home Delivered Meals program and meals at senior congregate meal sites.

## Home Delivered Meals

Individuals who are medically or physically disabled and age 60 or older may be eligible to receive a hot nutritious meal delivered to their home Monday through Friday, with frozen week-end meals available upon request. The suggested donation for home delivered meals is \$3 per meal. Eligibility is determined by staff assessment. Some restrictions apply.

## Senior Congregate Meal Sites

Adults age 60 or older have the opportunity to enjoy a nutritionally balanced lunchtime meal once each weekday. Contributions are suggested but not required. Meals are served weekdays from 12:00 p.m. to 12:30 p.m.

<p><b>Cameron Park Community Center</b> 2502 Country Club Dr., Cameron Park (M/F only)</p>	<p><b>Pioneer Park Community Center</b> 6740 Fairplay Rd., Somerset</p>
<p><b>Diamond Springs Lions Hall</b> 4701 Missouri Flat Rd., Diamond Springs</p>	<p><b>Placerville Senior Center</b> 937 Spring St., Placerville</p>
<p><b>El Dorado Hills Senior Center</b> 990 Lassen Ln., El Dorado Hills</p>	<p><b>Pollock Pines Community Center</b> 2675 Sanders Dr., Pollock Pines</p>
<p><b>Greenwood Community Center</b> 4411 Hwy. 193, Greenwood</p>	<p><b>South Lake Tahoe Senior Center</b> 3050 Lake Tahoe Blvd., South Lake Tahoe</p>



# TRANSPORTATION

## **Senior Shuttle**

**530-621-6369**

**937 Spring St., Placerville**

[www.edcgov.us/humanservices](http://www.edcgov.us/humanservices)

Provides weekly scheduled shopping trips in the greater Placerville area. Shuttle riders can also enjoy trips to special events and out-of-county activities. The Senior Shuttle is available by advanced reservation and provides curb-to-curb transportation service. Not wheelchair accessible and has a suggested donation.

## **El Dorado Transit Authority**

**530-642-5383**

**6565 Commerce Way, Diamond Springs**

**888-246-2877**

[www.eldoradotransit.com](http://www.eldoradotransit.com)

The El Dorado Transit Authority provides six local bus routes serving the west slope of El Dorado County. They also offer a number of special services:

**ADA Paratransit/Off-Route Deviation Services** is a specialized transportation service for persons who are unable to independently use regular bus route service due to a disability or health-related condition some or all of the time; must be certified as eligible. Application for this service is available through El Dorado Transit. Please call for details on route deviations.

**El Dorado Commuter** provides eleven morning trips from El Dorado County to Sacramento and eleven return trips in the afternoon, Monday - Friday. It is a fast, easy way to commute to downtown Sacramento. 50X provides service hourly between Placerville and the Iron Point Light Rail Station in Folsom; this is a limited stop route that serves Park and Ride locations, Folsom Lake College (Folsom and ED campuses), Cameron Park and the Tribal Health clinic along the Highway 50 Corridor.

## **El Dorado Transit Dial-A-Ride**

**530-642-3696**

[www.eldoradotransit.com/dialaride.html](http://www.eldoradotransit.com/dialaride.html)

**916-933-7766**

Dial-A-Ride is available to everyone, however, seniors age 60 or older and persons with disabilities receive priority in the booking process. This is a curb-to-curb transportation service and is available by advanced reservation.

## **Sac-Med Non-Emergency Medical Appointment Transportation**

**530-642-3696**

Provides a shared ride public non-emergency medical appointment transportation service for seniors, disabled and general public passengers. This service operates on Tuesday and Thursday. Ride requests are scheduled on a first come, first serve basis.

## **Anthem Blue Cross**

**877-931-4577**

Transportation assistance for medical appointments. Members may be eligible for transportation assistance to and from medical appointments. Please call for program details.

**California Health & Wellness Medi-Cal**

**877-658-0305**

[www.cahealthwellness.com/](http://www.cahealthwellness.com/)

Transportation assistance for medical appointments. Members may be eligible for transportation assistance to and from medical appointments. Please call for program details.

**Tahoe Transportation District**

**775-589-5500**

**128 Market Street, Suite 3F, Stateline NV**

[www.tahoetransportation.org](http://www.tahoetransportation.org)

The Tahoe Transportation District (TTD) currently sponsors two North/West Shore shuttle services and oversees BlueGo transit on the South Shore.

**Tahoe Transportation District ADA Demand Response**

**775-589-5500**

**128 Market Street, Suite 3F, Stateline NV**

[www.tahoetransportation.org](http://www.tahoetransportation.org)

This service is administered by TTD and is available for persons who cannot otherwise use the fixed route system due to disabilities or health-related conditions, persons over 60 years of age, and veterans with a “Service-connected Disability” designation on their Veteran’s Health Identification Card.

**Tahoe Transportation District SLT Specialized Transportation**

**530-541-7149 ext. 3**

The South Lake Tahoe Specialized Transportation Service (SLT-STS) can provide interregional and out-of-area transportation for adults 60 years of age and older and individuals with disabilities. The SLT-STS provides limited monthly trips to Sacramento and Placerville/Western El Dorado County. The service can also bring those living in outlying neighborhoods to programs and services in the community, as well as provide transportation to regional programs and services they are unable to access without assistance.

**BlueGo**

**530-541-7149**

South Lake Tahoe area’s coordinated transit system includes local fixed-route bus service and commuter bus service connecting the area with Carson City and Carson Valley. The system also includes winter ski shuttles, summer trolley service to Emerald Bay, and summer bus service between Incline Village and Sand Harbor.

# VETERANS SERVICES

## **El Dorado County Veteran Affairs**

**530-621-5892**

**Veterans Memorial Building, 130 Placerville Drive, Placerville  
South Lake Tahoe**

**530-573-7955 ext. 5892**

[www.edcgov.us/veterans](http://www.edcgov.us/veterans)

The Veteran Affairs Office provides guidance and advice to help veterans become aware and claim the many benefits they earned and are entitled to, while in military service to our country. Entitlements include counseling, education benefits, medical benefits, Cal-Vet home loans programs, disability pensions, and military funeral service and burial benefits.

## **El Dorado Veteran Resources: A Permanent Stand Down**

**530-621-5146**

**Veterans Memorial Building, 130 Placerville Drive, Placerville**

[www.EDVR@MFSGonline.org](http://www.EDVR@MFSGonline.org)

El Dorado Veteran Resources: A Permanent Stand Down is Powered by Military Family Support. Free services offered to current military personnel, veterans and their families in El Dorado County.

## **California Department of Veterans Affairs**

**800-952-5626**

**1227 O Street, Sacramento**

[www.calvet.ca.gov](http://www.calvet.ca.gov)

Information regarding housing assistance programs for homeless veterans. Housing and supportive services include Homeless Prevention and Rapid Re-Housing Program, Domiciliary Care for Homeless Veterans, Grant and Per Diem Programs.

## **Paralyzed Veterans of America (PVA)**

**800-424-8200**

**801 Eighteenth Street, North West, Washington, DC**

[www.pva.org](http://www.pva.org)

Helps a veteran get back to work or secure benefits that have been denied.

## **United States Department of Veterans Affairs-Regional Office**

**800-827-1000**

**10365 Old Placerville Road, Sacramento**

[www.va.gov](http://www.va.gov)

Provides a wide range of benefits to veterans including: disability, education and training, vocational rehabilitation and employment, home loan guaranty, dependent and survivor benefits, medical treatment, life insurance and burial benefits.

## **Veterans Home of California**

**800-952-5626**

**1227 O Street, Sacramento**

[www.calvet.ca.gov](http://www.calvet.ca.gov)

# VOLUNTEER OPPORTUNITIES

## **El Dorado County Health and Human Services**

**530-621-6369**

[https://www.edcgov.us/Government/HumanServices/Pages/volunteer\\_opportunities.aspx](https://www.edcgov.us/Government/HumanServices/Pages/volunteer_opportunities.aspx)

You can make a difference in the lives of others by volunteering with El Dorado County's Health and Human Services Agency (HHSA). Volunteers are needed in many programs including: Animal Services, Senior Services, Public Health, Mental Health and Child Protective Services. For more information about specific volunteer opportunities, visit HHSA's website

## **Big Brothers Big Sisters of El Dorado County**

**530-626-1222**

**3461 Robin Lane, Suite 2, Cameron Park**

[www.bbbs-edc.org](http://www.bbbs-edc.org)

Helps children realize their potential and build their futures. They nurture children and strengthen communities.

## **Court Appointed Special Advocates (CASA)**

**530-622-9882**

**347 Main Street, Placerville**

[www.casaeldorado.org](http://www.casaeldorado.org)

CASA El Dorado is part of a national non-profit organization that trains volunteers to advocate for abused and neglected children.

## **El Dorado County Habitat for Humanity**

**530-621-2111**

**6168 Pleasant Valley Road, Diamond Springs**

[www.edchabitat.com/volunteer](http://www.edchabitat.com/volunteer)

This organization has a wide range of volunteer opportunities for groups and individuals. Volunteers can help with new home construction and home restoration, office support, family services, event planning, work in our retail building supplies outlet, and many other aspects of the organization's work.

## **Food Bank of El Dorado County**

**530-621-9950**

**4550 Business Drive, Cameron Park**

[www.foodbankedc.org](http://www.foodbankedc.org)

Provides food assistance on a daily basis in partnership with over 40 local emergency food response agency sites, including battered women's shelters, senior centers, local food pantries, underprivileged youth programs, youth shelters, soup kitchens, maternity homes and more.

## **Friends of Seniors El Dorado County**

**530-334-6090**

**P.O. Box 564, Placerville**

[www.friendsofedcseniors.org](http://www.friendsofedcseniors.org)

# OLDER ADULT QUICK REFERENCE GUIDE

Adult Day Services.....	530-621-6180
Adult Protective Services (APS).....	530-642-4800
Animal Services (Western Slope).....	530-621-5795
Animal Services (South Lake Tahoe).....	530-573-7925
Barton Health.....	530-541-3420
CalFresh Program (Food Stamps) (Western Slope).....	530-642-7300
CalFresh Program (South Lake Tahoe).....	530-573-3200
Child Protective Services(Western Slope/South Lake Tahoe).....	866-901-3212
El Dorado Transit-Local Bus/Dial-A-Ride.....	530-642-3696
Family Caregiver Support Program (FCSP).....	530-621-6151
Health and Human Services Agency (Western Slope).....	530-642-7300
Health and Human Services Agency (South Lake Tahoe).....	530-573-3200
Health Insurance Counseling and Advocacy Program (HICAP).....	530-621-6369
Home Energy Assistance Program (HEAP) (Western Slope).....	530-621-6150
Home Energy Assistance Program (HEAP) (South Lake Tahoe).....	530-573-3490
In-Home Supportive Services (IHSS).....	530-642-4800
Information and Assistance (I&A).....	530-621-6369 or 800-510-2020
Long-Term Care Ombudsman (LTCO).....	530-621-6271 or Crisis Line 800-231-4024
Marshall Medical Center.....	530-622-1441
Medi-Cal (Western Slope).....	530-642-7300
Medi-Cal (South Lake Tahoe).....	530-573-3200
Behavioral Health (Western Slope).....	530-621-6290 or Crisis Line 530-622-3345
Behavioral Health (South Lake Tahoe).....	530-573-7970 or Crisis Line 530-544-2219
Multipurpose Senior Services Program (MSSP).....	530-621-6278
Public Guardian.....	530-621-6219
Public Health (Western Slope).....	530-621-6100
Public Health (South Lake Tahoe).....	530-573-3155
Senior Activities.....	530-621-6255
Senior Health Education Program (SHEP).....	530-621-6151
Senior Legal Services.....	530-621-6154
Senior Nutrition Program.....	530-621-6160
Senior Peer Counseling.....	530-621-6304
Senior Resource Room.....	530-621-6150
Senior Shuttle.....	530-621-6369
Senior Times Newsletter.....	530-621-6255
Sheriff's Office (Western Slope).....	530-621-5655
Sheriff's Office (South Lake Tahoe).....	530-573-3000
Suicide Crisis Line.....	800-273-8255
Tahoe Transportation District – BlueGo.....	530-541-7149
Veteran Services.....	530-621-5892
Veteran Services (South Lake Tahoe).....	530-573-7955 ext. 5892
Weatherization Assistance Program (Western Slope/South Lake Tahoe).....	530-621-6150