

For most of us, living well as we grow older means living as independently as possible in the comfort of our own home.

Services Provided

The services we offer are designed to secure and maintain the ability of at-risk older adults to avoid placement in a higher level of care and remain safely and comfortably at home for as long as possible. MSSP is a voluntary care management program and provided at no cost to the client. We offer:

- ❑ Comprehensive assessment of care needs
- ❑ Counseling & support in decision-making for long-term care
- ❑ A care manager to act as the client's service coordinator & advocate
- ❑ Individualized plan of care to stabilize the client's situation & foster self-sufficiency
- ❑ Monitoring of support services and coordination among service providers

Helping individuals to remain safely at home



MSSP is funded by the State of California Department of Aging and the Federal Government. Under a federal Medicaid Home and Community-Based, Long-Term Care Services Waiver, MSSP provides comprehensive social and health care management to assist frail older adults to remain at home as long as possible.

MSSP

Health & Human Services Agency

931 Spring Street
Placerville, CA 95667

[www.edcgov.us/Government/
HumanServices/Senior_Services](http://www.edcgov.us/Government/HumanServices/Senior_Services)



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MSSP

Multipurpose Senior
Services Program

CARE MANAGEMENT SERVICES



**Ensuring you get the help you need to stay
in your own home as long as possible**

An Area Agency on Aging Serving El Dorado County

530.621.6278

Toll-free: **800.510.2020**

support at home

FOR AGING IN PLACE



MSSP is intended to help you if you meet the following criteria:

- ❑ Reside in El Dorado County
- ❑ Age 65 or older
- ❑ Eligible for Medi-Cal
- ❑ At risk of being placed in a nursing home

The Care Assessment

The care assessment begins in the home with a comprehensive lifestyle evaluation in which our care manager and nurse assess the client's physical, functional, and cognitive health and evaluate the safety and appropriateness of living arrangements.



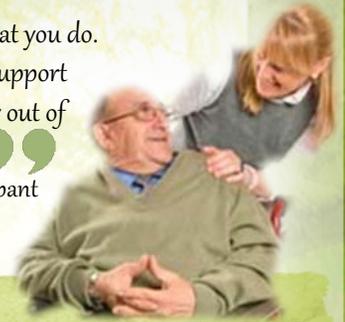
The Multipurpose Senior Services Program (MSSP) provides care management that depends on a multidisciplinary approach to assessment and problem solving. The care team includes a care manager, nurse, and support staff who provide ongoing, in-depth assistance to optimize the client's safety and general well-being, while providing peace of mind for family and loved ones. We provide access to and coordination of community services to achieve the best possible quality of life for the client.

Individualized Plan of Care

Recommendations and referrals are made to meet the unique needs of each individual client. There is no one size that fits all. The plan of care is developed by the team in consultation with the client and family. Services are arranged or purchased to assist the client to remain independent in the home. Our team closely monitors the client's situation to ensure it has stabilized.

Thanks for all that you do. Your work and support allows me to stay out of a nursing home.

--Program participant



Care managers are aging and resource professionals who specialize in assisting older adults and their families in developing creative solutions to meet their individual care needs. Care managers will:

- ❑ Assess both psychosocial & health needs
- ❑ Develop a customized care plan
- ❑ Arrange, & coordinate available services
- ❑ Provide counseling & support for both the client & the caregiver
- ❑ Serve as an advocate to ensure the client's needs are addressed
- ❑ Reassess as needed to monitor the situation & make changes to the care plan if appropriate