



EL DORADO COUNTY
HEALTH AND HUMAN SERVICES AGENCY *Public Health Division*

Communicable Disease Unit

Date: July 23, 2020

To: El Dorado County Emergency Medical Services Partners

From: El Dorado County Public Health

Re: COVID-19 Exposure and Virus Mitigation Guidance

The following guidance is being issued to Emergency Medical Services Provider Agencies for COVID-19 exposure and follow-up:

COVID-19 Exposure and Virus Mitigation Guidance

A. With the recent surge of COVID-19 cases in California, and to maintain a safe work environment, El Dorado County Public Health Officials strongly request the use of face coverings by FIRE employees and EMS responders. This request is in accordance with the CDPH Guidance while engaged in work, whether at all workplaces or performing work offsite, when:

- Inside the fire station to include:
 - The interior of the fire station
 - Joint use office space(s)
 - Fire Department vehicles when traveling with others
- Interacting in-person with any member of the public
- Working in any space visited by the public
- Working in any space where food is prepared or packaged
- Working in or walking through common areas
- In any room or enclosed area where other people are present and you are not able to maintain a 6-foot separation
- Waiting for or riding on public transportation or in a vehicle during work-related travel with others (including fire engines, crew buses and utility vehicles).
- While outdoors in public spaces when maintaining a 6-foot physical distance from others is not feasible

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B. What to do if an employee has been in close contact to a person **diagnosed with COVID-19 who was SYMPTOMATIC or a person EXHIBITING SYMPTOMS*** of COVID-19:

1. Verify the employee had contact with the source case: face-to-face interaction \leq six (6) feet and \geq fifteen (15) minutes without wearing PPE (mask, gloves, and eye protection)
2. Verify the date of last exposure: defined as the forty-eight (48) hours prior to onset of symptoms (case) to the day the source case was isolated**
3. If employee is determined to be a close contact, they must quarantine for fourteen (14) days from one (1) day after last exposure (date of exposure plus one (1) day)

Employee can return to work if they are symptom free (see below) on day fourteen (14)

4. If employee is critical to the infrastructure of their employment operations, or staffing levels are depleted, employee must:
 - a) Wear a Category 2 Surgical or Procedure mask at all times while at work
 - b) Have temperature checked and symptom review completed upon arrival to work, prior to entering the building, and at least two (2) times daily
 - c) If employee has fever (≥ 99.6) or has symptoms of COVID-19 (see below), employee must go home (in isolation) and be tested for COVID-19

Employee can return to work after they are fever free for twenty-four (24) hours without the use of fever reducing medications, have improvement in symptoms AND it has been at least ten (10) days since symptoms started

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- C. What to do if an employee has been exposed to a person **diagnosed with COVID-19 who was ASYMPTOMATIC**:
1. Verify the employee had contact with the source case: face-to-face interaction \leq six (6) feet and \geq fifteen (15) minutes without wearing PPE (mask, gloves, and eye protection)
 2. Verify the date of last exposure: ten (10) days prior to test collection date of the source case to the day the source case was isolated**
 3. If employee is determined to be a close contact, they must quarantine for fourteen (14) days from one (1) day after last exposure (date of exposure plus one (1) day)

Employee can return to work if they are symptom free (see below) on day fourteen (14)

4. If employee is critical to the infrastructure of their employment operations, or staffing levels are depleted, employee must:
 - a) Wear a Category 2 Surgical or Procedure Mask at all times while at work
 - b) Have temperature checked and symptom review completed upon arrival to work, prior to entering the building, and at least two (2) times daily
 - c) If employee has fever (≥ 99.6) or has symptoms of COVID-19 (see below), employee must go home (in isolation) and should be tested for COVID-19

Employee can return to work after they are fever free for twenty-four (24) hours without the use of fever reducing medications, have improvement in symptoms AND it has been at least ten (10) days since symptoms started

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***Symptoms of COVID-19:**

- Fever (≥ 99.6) or subjective
- Chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- Abdominal pain
- Shaking, shivering

****Isolation:** the day the source case no longer had contact with anyone (household members, co-workers, friends, etc.)

Scenario 1:

TIME LINE EXAMPLE 1					
Symptomatic	Source test positive confirmed 01/06/00. Specimen collection 12/30/00 Symptoms first identified on 12/24/00.				
Begin Tracing Date:	12/22/00	Isolation Date:	012/30/00 8:00 AM	End Tracing Period Date:	12/30/00
Asymptomatic	Source test positive 01/06/0000. Specimen collection on 12/30/00.				
Begin Tracing Date:	12/20/00	Isolation Date:	12/30/00 8:00 AM	End Tracing Period Date:	12/30/00

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Scenario 2:

<u>TIME LINE EXAMPLE 2</u>					
Symptomatic		Source test positive confirmed 01/06/00. Specimen collection 12/30/00 Symptoms first identified on 12/24/00.			
Begin Tracing Date:	12/22/00	Isolation Date:	CD isolates on 01/06/00 8:00 AM	End Tracing Period Date:	01/06/00
Asymptomatic		Source test positive 01/06/00. Specimen collection on 12/30/00			
Begin Tracing Date:	12/20/00	Isolation Date:	CD isolates on 01/06/00 8:00 AM	End Tracing Period Date:	12/30/00

D. For questions, OR TO REPORT A POSITIVE TEST RESULT IN AN EMPLOYEE, please contact Public Health Nursing as listed below:

1. Work days: MON – FRI 8AM – 5PM (closed 12-1pm for lunch)

PRIMARY: Placerville- 530-621-6320 (choose option 1)

South Lake Tahoe- 530-573-3154

SECONDARY (If no response within an hour at the above PRIMARY number): Lynnann Svensson MSN RN PHN- 530-503-5767

2. After hours, holidays and on weekends:

PHN Answering Service: 1-800-901-5789

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