

Can You Help?

Volunteer Drivers Needed in El Dorado County



Help Deliver Meals to Homebound Seniors Once a Week

Volunteer Orientation Sessions Scheduled in October

The El Dorado County Senior Nutrition Program is currently looking for dedicated, caring people to help deliver meals to homebound seniors. Each volunteer usually helps one day each week on an assigned route, delivering meals between 10:30 a.m. to noon. Orientation sessions for potential new volunteer drivers are scheduled in October 2016.

“If you have a heart for seniors and helping others, we could greatly use your help,” said Ruth Green, Program Coordinator for the Senior Nutrition Program. “Our volunteer drivers often provide the only daily contact some of our recipients receive. A warm, nutritious meal delivered with a smile can brighten any day.”

Volunteers who cannot commitment each week to a route can serve as back-up drivers. “Some of our volunteers also work together as a group with friends to alternate driving from week to week. Home school families, church groups and others can also get involved,” said Green.

Orientation sessions for new volunteer drivers will be held in October as follows:

- Thursday, October 27, 2016, 10:00 a.m. to 11:00 a.m. at the South Lake Tahoe Senior Center, located at 3050 South Lake Tahoe Boulevard in South Lake Tahoe.
- Friday, October 28, 2016, 10:00 a.m. to 11:00 a.m. at the El Dorado Hills Senior Center, 990 Lassen Lane in El Dorado Hills.

For more information about the Senior Nutrition Program, please call (530) 621-6160 or visit www.edcgov.us/hhsa.

The Senior Nutrition Program is a service of the El Dorado County Health and Human Services Agency.