

# EL DORADO HILLS SDC ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Daily Events:</b> 8:30 Projects, Visiting & Games 9:30 Morning Refreshments 12:15 Lunch 12:45 Relax/Projects/Puzzles 1:30 Afternoon Stretches 3:00 Afternoon Refreshments 4:00 Word Games/Trivia			<b>1</b> 10:15 Chair Aerobics & FIT Class 11:00 Can You Picture This? 11:30 Volleyball Bash 2:00 Card Games 2:00 Who Am I? About Frank Sinatra 3:30 Guess Who Game 	<b>2</b> 10:15 Chair Yoga & FIT Class 11:00 What's it Worth To You? 11:00 Bridge Card Game 11:30 Bocce Ball 2:00 Popsicle Stick Snowflakes <b>3:30 Crooners' Holiday Tunes</b>
	<b>5</b> 10:15 Chair Aerobics & FIT Class 11:00 Celebrating the birthday of Walt Disney 11:30 Ring Toss Challenge <b>2:00 Hickory Wind Dance</b> 3:30 Reading Circle "The Egg & I"	<b>6</b> 10:15 Chair Aerobics & FIT Class 11:00 More about Morse Code 11:00 Flower Puzzles 11:30 Beanbag Baseball Game 2:00 Flower Paper Art <b>3:30 Sing A Long with Emma</b>	<b>7</b> 10:15 Chair Yoga 11:00 "Let it Snow" 11:30 Shuffleboard Game 2:00 Learning About Holidays 2:00 Paper Snowflakes 3:30 Bowling with Lambert 	<b>8</b> 10:15 Chair Aerobics & FIT Class 11:00 Hats Off to You! 11:30 Horseshoe Game 2:00 Red Nose Reindeer Craft 2:00 Xmas Around the World-Trivia 3:30 Consequences Game
<b>12</b> <i>X-Mas Store Shopping</i> 10:15 Chair Aerobics & FIT Class 11:00 Sing A Long with Dick 11:30 Ladderball Game <b>2:00 Little Bit of Fiddle/Whole Lot of Bass Entertains</b> <b>3:00 Hands for Hope Youth</b>	<b>13</b> 10:00 Chair Aerobics & FIT Class 11:00 The History of Snowmen 11:30 Volleyball Bash 2:00 "Do You Hear What I Hear?" 2:00 Paper Airplane Class 3:30 Junk Drawer Detective	<b>14</b> 10:15 Chair Aerobics 11:00 All About Holly & Ivy 11:30 Bocce Ball Game 2:00 Wintertime Reminisce 2:00 Rudolph Wrap Craft 3:30 Papas Toss 	<b>15</b> 10:15 Chair Aerobics & FIT Class 11:00 Discussing Father Christmas 11:30 Fisherman's Wii Challenge <b>2:00 Lisa Collin's Dance Party</b> 3:30 Art Reflections 	<b>16</b> 10:15 Chair Yoga & FIT Class 11:00 The Story of Bethlehem 11:30 Papas Toss <b>2:00 Bev Ludlow &amp; Gang Entertainment</b> 3:30 Jeopardy Trivia 
<b>19</b> 10:15 Chair Aerobics & FIT Class 11:00 The History of Mistletoe 11:00 Card Gamers Connect 11:30 Beanbag Baseball Game <b>2:00 Camptown Ladies Music</b> 3:30 Dice Game 	<b>20</b> 10:15 Chair Aerobics & FIT Class <b>11:00 Girl Scouts Craft &amp; Game</b> 11:30 Shuffleboard Game <b>2:00 Alias Band Song and Dance</b> 3:30 Legend of the Xmas Pickle 	<b>21</b> 10:15 Chair Aerobics 11:00 X-Mas Scavenger Hunt! 11:30 Horseshoe Toss Game 2:00 Story: "The Gift That....." 2:00 Christmas Angel Craft <b>3:30 Ruby's Christmas Carols</b>	<b>22</b> 10:15 Chair Aerobics & FIT Class 11:00 Santa Claus Reminisce <b>12:00 Carols &amp; Senior Center Lunch</b> <b>2:00 NCL Youth &amp; An X-Mas Story</b> 2:00 Paper Elves Craft 3:30 Holiday Reminisce 	<b>Adult Day Services will be CLOSED for the Christmas Holiday</b> 
<b>Adult Day Services will be CLOSED for the Christmas Holiday</b> 	<b>27</b> 10:15 Chair Yoga & FIT Class 11:00 Fruit Cake Day 11:30 Shuffleboard Game 2:00 What's Coming Up In 2017? 2:00 Making Iced Cookies <b>3:30 Tom's Guitar Jam</b>	<b>28</b> 10:15 Chair Aerobics 11:00 Making the New Year's Ball 11:30 Beanbag Baseball Game 2:00 X-Mas Mad Libs <b>2:00 New Years: West vs. East</b> 3:30 Bulls Eye Toss	<b>29</b> 10:15 Chair Aerobics 11:00 New Year's Scavenger Hunt 11:30 Big Game Hunter's Wii Challenge 2:00 Faith, Hope, & Love Stories 2:00 Inspirational Stone 3:30 Facts & Trivia: Sammy Davis, Jr. 	<b>30</b> 10:15 Chair Yoga & FIT Class 11:00 Singing New Year's Songs and Discussing Resolutions. <b>12:00 New Year's at Noon</b> 2:00 New Year's Traditions 3:30 Fire & Ice Card Game 