

“HOW TO” SESSIONS & WORKSHOP DESCRIPTIONS

December

2016

Connections One Stop
3047 Briw Road, Placerville, CA 95667

CASAS READING & MATH ASSESSMENT: Assessment test to evaluate Reading and Math levels (Includes 25 reading questions and 25 math questions in two 25 minute time periods).

GAIN READING & MATH ASSESSMENT: Assessment test to evaluate Reading and Math levels (Includes 80 reading questions and 80 math questions in two 45 minute time periods).

WIOA INFO SESSION: Find out more about the WIOA program, and answers to any questions you may have about the WIOA paperwork.

DEPARTMENT OF REHABILITATION ORIENTATION: Find out about the services offered by the Department of Rehabilitation. Get answers to any questions you may have about applying to the Department of Rehabilitation.

UNDERSTANDING HOW ADDICTION IMPACTS EMPLOYMENT: Every family has been affected by addiction and understanding the problem is the first step to healing. Take this opportunity in your job search activities to learn how to address this issue.

ROLES AND RESPONSIBILITIES IN THE WORKPLACE: Explore your personal style in relationships and the expectations you put on yourself. Take a moment to examine priorities and to think about how to build the kinds of relationships that will support your successful employment.

THINKING BEYOND DEPRESSION: Job Search can be challenging and exhausting. What are some things you can do to help when you are feeling down? Come and learn about the thoughts and choices that can help keep you in a positive mood.

MOTIVATION & CHANGE FOR JOB READINESS: Change is challenging. This workshop explores the stages of successful change and will focus on ways to apply this information to your job search and to your adjustment once you're working.

RESUME SKILLS: (Portfolio Elements): Identify the various kinds of resumes and how to choose the best format for your job search. Learn how to develop a resume and how to use it in your job search.

INTERVIEWING SKILLS: (Portfolio Elements): Discover the Methods for a successful interview. Perform better by knowing what to expect and how to respond. Practice answers to tough questions. Learn the importance of the thank you letter and how to write one.

MATH SKILLS: Afraid of math? Join us to improve your confidence. This session is a quick review of fractions, decimals, and percentages to take the fear of those pre-employment tests away.

HOW TO GET A STATE JOB: Come learn how to navigate the state job application system.

GET FRESH NUTRITION: Come learn how to identify, budget for, shop for, and prepare healthier meals.

MONEY SMART: It's never too early or too late to start saving for your future goals. No matter your current financial status, there are ways to make small changes that can add up to big results! Join us in learning new ways to enhance your financial skills and create pathways to a sustainable future!

Please register for the One-Stop on www.caljobs.ca.gov

If you have questions, please call (530) 642-4850

Revised: 11/03/2016